LIVES OF SOME GREAT ETHICAL TEACHERS

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Contents

Chapter 1

SCIENCE AND RELIGION

1.1 Is there a conflict between science and religion?

Is there a conflict between science and religion? This is a frequently-asked question, and many different answers have been given. My own opinion is that there are two aspects to religion - ethics and cosmology. I think that when we talk about cosmology, there is often a conflict between science and religion. But with respect to ethics, there is very little room for conflict because science has almost nothing to say about ethics.

Why do I say "almost nothing" instead of "nothing"? It is often said that ethical principles cannot be derived from science, that they must come from somewhere else. Nevertheless, when nature is viewed through the eyes of modern science, we obtain some insights which seem almost ethical in character. Biology at the molecular level has shown us the complexity and beauty of even the most humble living organisms, and the interrelatedness of all life on earth. Looking through the eyes of contemporary biochemistry, we can see that even the single cell of an amoeba is a structure of miraculous complexity and precision, worthy of our respect and wonder.

Knowledge of the second law of thermodynamics , the statistical law favoring disorder over order, reminds us that life is always balanced like a tight-rope walker over an abyss of chaos and destruction. Living organisms distill their order and complexity from the flood of thermodynamic information which reaches the earth from the sun. In this way, they create local order; but life remains a fugitive from the second law of thermodynamics. Disorder, chaos, and destruction remain statistically favored over order, construction, and complexity.

It is easier to burn down a house than to build one, easier to kill a human than to raise and educate one, easier to force a species into extinction than to replace it once it is gone, easier to burn the Great Library of Alexandria than to accumulate the knowledge that once filled it, and easier to destroy a civilization in a thermonuclear war than to rebuild it from the radioactive ashes. Knowing this, we can form an almost ethical insight: To be on the side of order, construction, and complexity, is to be on the side of life. To be on the side of destruction, disorder, chaos and war is to be against life, a traitor to life, an ally of

death. Knowing the precariousness of life, knowing the statistical laws that favor disorder and chaos, we should resolve to be loyal to the principle of long continued construction upon which life depends.

War is based on destruction, destruction of living persons, destruction of homes, destruction of infrastructure, and destruction of the biosphere. If we are on the side of life, if we are not traitors to life and allies of death, we must oppose the institution of war. We must oppose the military-industrial complex. We must oppose the mass media when they whip up war-fever. We must oppose politicians who vote for obscenely enormous military budgets at a time of financial crisis. We must oppose these things by working with dedication, as though our lives depended on it. In fact, they do.

But let us turn to religious ethics. Not only do they not conflict with science, but there is also a general agreement on ethical principles between the major religions of the world.

The central ethical principles of Christianity can be found in the Sermon on the Mount and in the Parable of the Good Samaritan. In the Sermon on the Mount, we are told that we must not only love our neighbors as much as we love ourselves; we must also love and forgive our enemies. This seemingly impractical advice is in fact of great practicality, since escalatory cycles of revenge and counter-revenge can only be ended by unilateral acts of kindness.

In the Parable of the Good Samaritan, we are told that our neighbor, whom we must love, is not necessarily a member of our own ethnic group. Our neighbor may live on the other side of the world and belong to an entirely different race or culture; but he or she still deserves our love and care.

It is an interesting fact that the Golden Rule, "Do unto others as you would have them do unto you", appears in various forms in all of the world's major religions. The Wikipedia article on the Golden Rule gives an impressive and fascinating list of the forms in which the rule appears in many cultures and religions. For example, in ancient China, both Confucius and Laozi express the Golden Rule, but they do it slightly differently: Zi Gong asked, saying,"Is there one word that may serve as a rule of practice for all one's life?" The Master said, "Is not reciprocity such a word?" (Confucius) and "The sage has no interest of his own, but takes the interests of the people as his own. He is kind to the kind; he is also kind to the unkind: for Virtue is kind. He is faithful to the faithful; he is also faithful to the unfaithful: for Virtue is faithful." (Laozi)

In the Jewish tradition, we have "The stranger who resides with you shall be to you as one of your citizens; you shall love him as yourself, for you were strangers in the land of Egypt" (Leviticus) In Islam: A Bedouin came to the prophet, grabbed the stirrup of his camel and said: O the messenger of God! Teach me something to go to heaven with it. The Prophet said: "As you would have people do to you, do to them; and what you dislike to be done to you, don't do to them. This maxim is enough for you; go and act in accordance with it!" (Kitab al-Kafi, vol. 2, p. 146)

The principle of reciprocity is an ancient one in human history, and it is thus embedded in our emotions. It is an important part of human nature. Reciprocity is the basis of non-market economies, and also the basis of social interactions between family members, friends and colleagues. In hunter-gatherer societies, it is customary to share food among all the

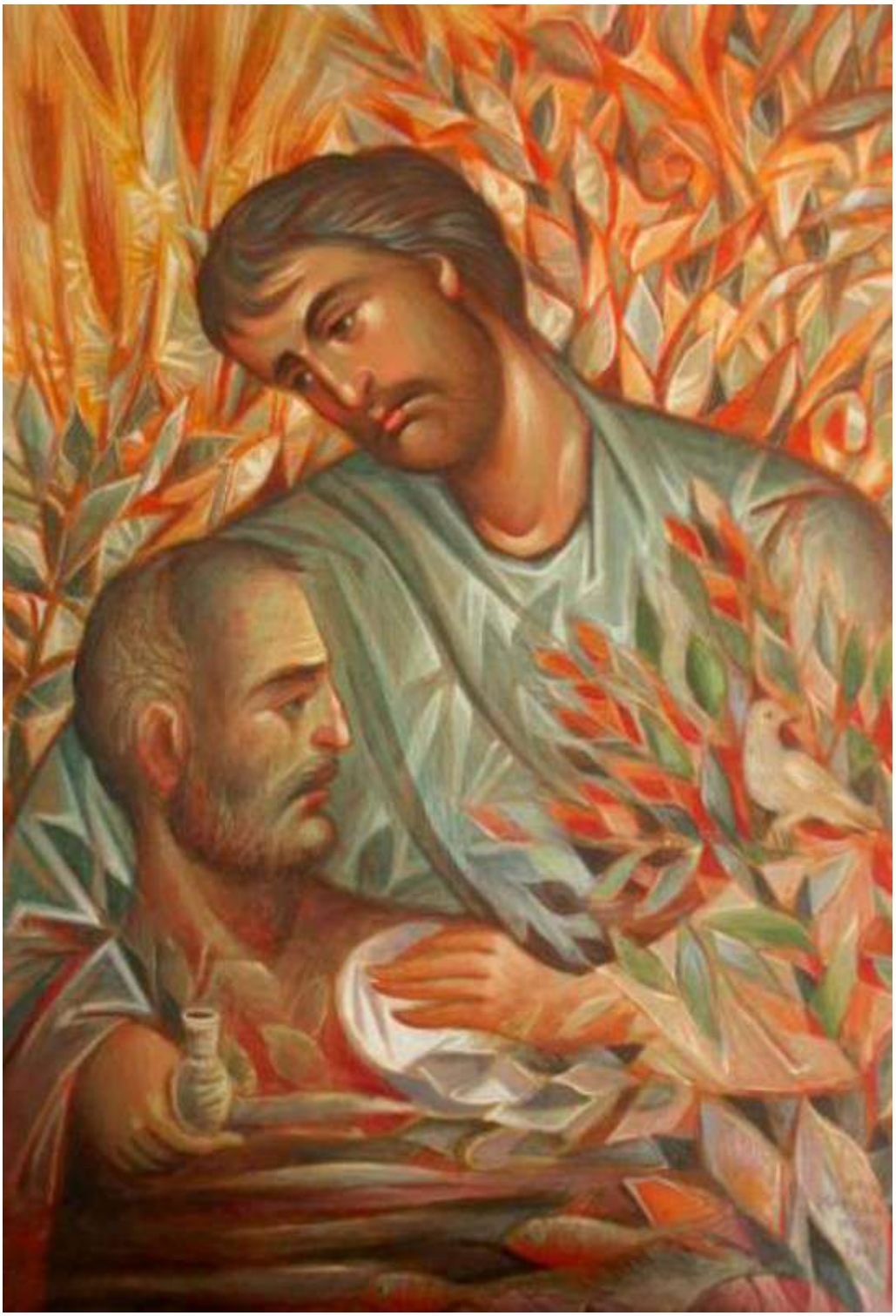

Figure 1.1: **A painting illustrating the Parable of the Good Samaritan**

members of the group. "Today I receive food from you, and tomorrow you will receive food from me." Similarly, among friends in modern society, no payment is made for hospitality, but it is expected that sooner or later the hospitality will be returned.

According to Wikipedia "Reciprocity in Social Psychology refers to responding to a positive action with another positive action, rewarding kind actions. As a social construct, reciprocity means that in response to friendly actions, people are frequently much nicer and much more cooperative than predicted by the self-interest model; conversely, in response to hostile actions they are frequently much more nasty and even brutal." As Wikipedia points out, reciprocity can also be negative, as in the case of escalatory cycles of revenge and counter-revenge.

The Buddhist concept of karma has great value in human relations. The word "karma" means simply "action". In Buddhism, one believes that actions return to the actor. Good actions will be returned, and bad actions will also be returned. This is obviously true in social relationships. If we behave with kindness and generosity to our neighbors, they will return our kindness. Conversely, a harmful act may lead to vicious circles of revenge and counter revenge, such as those we see today in the Middle East and elsewhere. These vicious circles can only be broken by returning good for evil.

However the concept of karma has a broader and more abstract validity beyond the direct return of actions to the actor. When we perform a good action, we increase the total amount of good karma in the world. If all people similarly behave well, the the world as a whole will become more pleasant and more safe. Human nature seems to have a built-in recognition of this fact, and we are rewarded by inner happiness when we perform good and kind actions. In his wonderful book, "Ancient Wisdom, Modern World", the Dalai Lama says that good actions lead to happiness and bad actions to unhappiness even if our neighbors do not return these actions. Inner peace, he tells us, is incompatible with bad karma and can be achieved only through good karma, i.e. good actions.

In Buddhist philosophy, the concept of Karma, action and reaction, also extends to our relationship with nature. Both Hindu and Buddhist traditions emphasize the unity of all life on earth. Hindus regard killing an animal as a sin, and many try to avoid accidentally stepping on insects as they walk.

The Hindu and Buddhist picture of the relatedness of all life on earth has been confirmed by modern biological science. We now know that all living organisms have the same fundamental biochemistry, based on DNA, RNA, proteins and polysaccharides, and we know that our own human genomes are more similar to than different from the genomes of our close relations in the animal world.

The peoples of the industrialized nations urgently need to acquire a non-anthropocentric element in their ethics, similar to reverence for all life found in the Hindu and Buddhist traditions, as well as in the teachings of Saint Francis of Assisi and Albert Schweitzer. We need to learn to value other species for their own sakes, and not because we expect to use them for our own economic goals.

Today a few societies still follow a way of life similar to that of our hunter-gatherer ancestors. Anthropologists are able to obtain a vivid picture of the past by studying these societies. Often the religious ethics of the hunter- gatherers emphasizes the importance

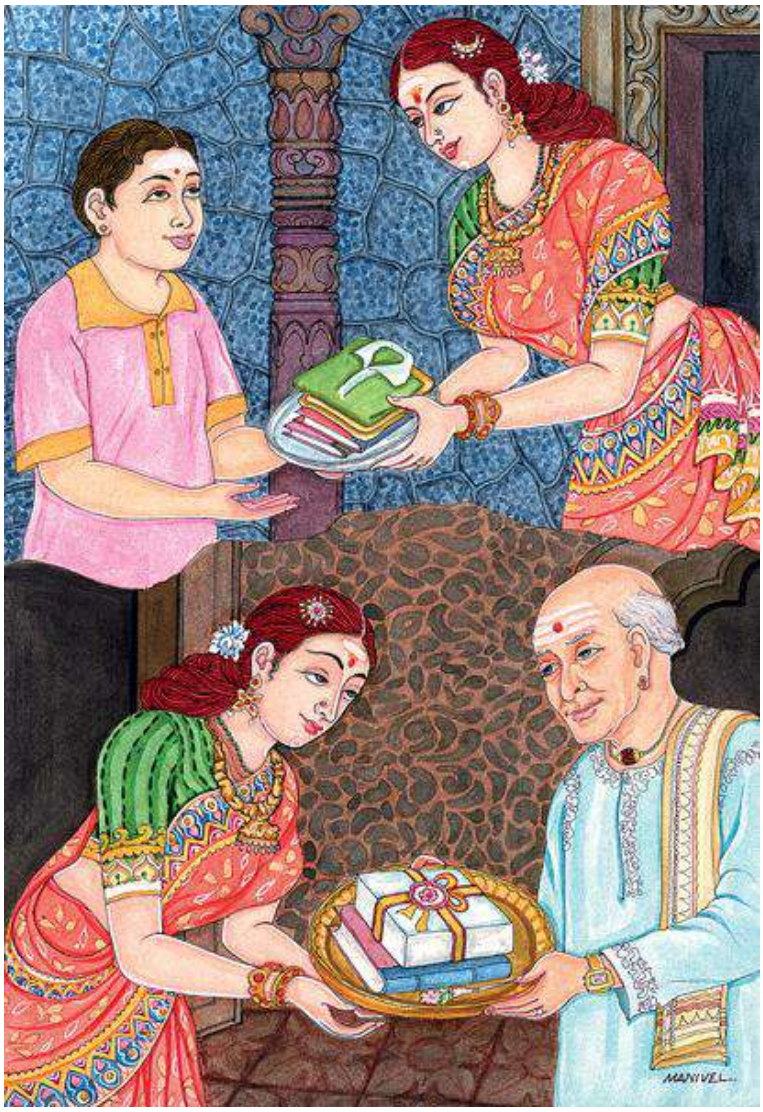

Figure 1.2: **This painting illustrates the concept of karma. A lady gives books and clothing to a poor student. Later she receives a gift from a neighbor. There may sometimes be a direct causal connection between such events, but often they are connected only by the fact that each act of kindness makes the world a better place. (Himalayan Academy Publications, Kapaa, Kauai, Hawaii.)**

of harmony with nature. For example, respect for nature appears in the tribal traditions of Native Americans. The attitude towards nature of the Sioux can be seen from the following quotations from "Land of the Spotted Eagle" by the Lakota (Western Sioux) chief, Standing Bear (ca. 1834-1908):

"The Lakota was a true lover of Nature. He loved the earth and all things of the earth... From Waken Tanka (the Great Spirit) there came a great unifying life force that flowered in and through all things, the flowers of the plains, blowing winds, rocks, trees, birds, animals, and was the same force that had been breathed into the first man. Thus all things were kindred and were brought together by the same Great Mystery."

"Kinship with all creatures of the earth, sky, and water was a real and active principle. For the animal and bird world there existed a brotherly feeling that kept the Lakota safe among them. And so close did some of the Lakota come to their feathered and furred friends that in true brotherhood they spoke a common tongue."

"The animal had rights, the right of man's protection, the right to live, the right to multiply, the right to freedom, and the right to man's indebtedness, and in recognition of these rights the Lakota never enslaved the animal, and spared all life that was not needed for food and clothing."

"This concept of life was humanizing and gave to the Lakota an abiding love. It filled his being with the joy and mystery of things; it gave him reverence for all life; it made a place for all things in the scheme of existence with equal importance to all. The Lakota could despise no creature, for all were one blood, made by the same hand, and filled with the essence of the Great Mystery."

A similar attitude towards nature can be found in traditional Inuit cultures, and in some parts of Africa, a man who plans to cut down a tree offers a prayer of apology, telling the tree why necessity has forced him to harm it. This preindustrial attitude is something from which the industrialized North could learn. In industrial societies, land "belongs" to some one has the "right" to ruin the land or to kill the communities of creatures living on it if this happens to give some economic advantage, in much the same way that a Roman slaveowner was thought to have the "right" to kill his slaves. Preindustrial societies have a much less rapacious and much more custodial attitude towards the land and towards its non-human inhabitants.

We have received many gifts from modern technology, but if we are to build a happy, sustainable and war-free world we must combine our new scientific techniques with humanity's ancient wisdom.

Figure 1.3: **Chief Luther Standing Bear, author of "Land of the Spotted Eagle" and many other books.**

1.2 Complementarity

Can two contradictory statements both be true? The physicist Niels Bohr thought that this could happen, and he called such an occurrence "complementarity". I think that I understand what Niels Bohr meant: Whenever we make a statement about the real world we are making a model which is simpler than what it is supposed to represent. Therefore every statement must to some extent be false because it is an oversimplification. In fact, a model of the world is an abstraction, and it is possible to make two conflicting abstractions, starting with the same real object.

If you say, "The eye is like a camera", you are making an abstraction by concentrating on the way that the eye works and the way that a camera works. Both use a lens to form an image. If you say "The eye is like a small onion", you are again making an abstraction, but this time concentrating the size and texture of the eye. It is somewhat round, elastic and damp. If you drop it on a stone floor, it will bounce rather than breaking. Both these abstractions have a certain degree of truth, although they are contradictory.

Similarly, science and religion are both abstractions, and both oversimplify the real world, which is much more complex than either of them. Which abstraction we should use depends on the problem that we wish to discuss. If we are talking about atomic spectra, then Schrödinger and Dirac should be our guides. But if the lecture is on how to achieve peace in the world, I would far rather hear it from Mahatma Gandhi than from either Schrödinger or Dirac.

1.3 Right hand, left hand

I vividly remember a speech made by His Holiness Pope John Paul II on the relationship between science and religion. I think that it was in 1981 or 1982. I was in Rome, attending a conference on quantum theory applied to chemistry. One of the topics at the conference was research on drugs that could be used for treating cancer. Because of this humanitarian aspect of the conference, the Italian professor who organized it succeeded in arranging for the participants to have an audience with the Pope, the day after Easter.

On Easter day itself I was walking through Rome, and I happened to meet some Swedish friends. They told me that they were about to join a march protesting against nuclear weapons. They would march through Rome, carrying antinuclear banners, and end at the Vatican in time to hear the Pope's Easter address. I joined the march with my Swedish friends, and when we arrived at St. Peter's Cathedral the entire square was full people, packed tightly, shoulder to shoulder so that one could almost not move. The atmosphere was a festive one, and our antinuclear banners were matched by religious banners carried by others in the throng. I had never seen such a large crowd in my life, but it was a happy crowd.

After a while the doors of the Vatican were opened, and the Pope came out onto the terrace accompanied by the College of Cardinals. He began to address us in Latin. We were so far away that we would not have been able to see or hear him, had it not been

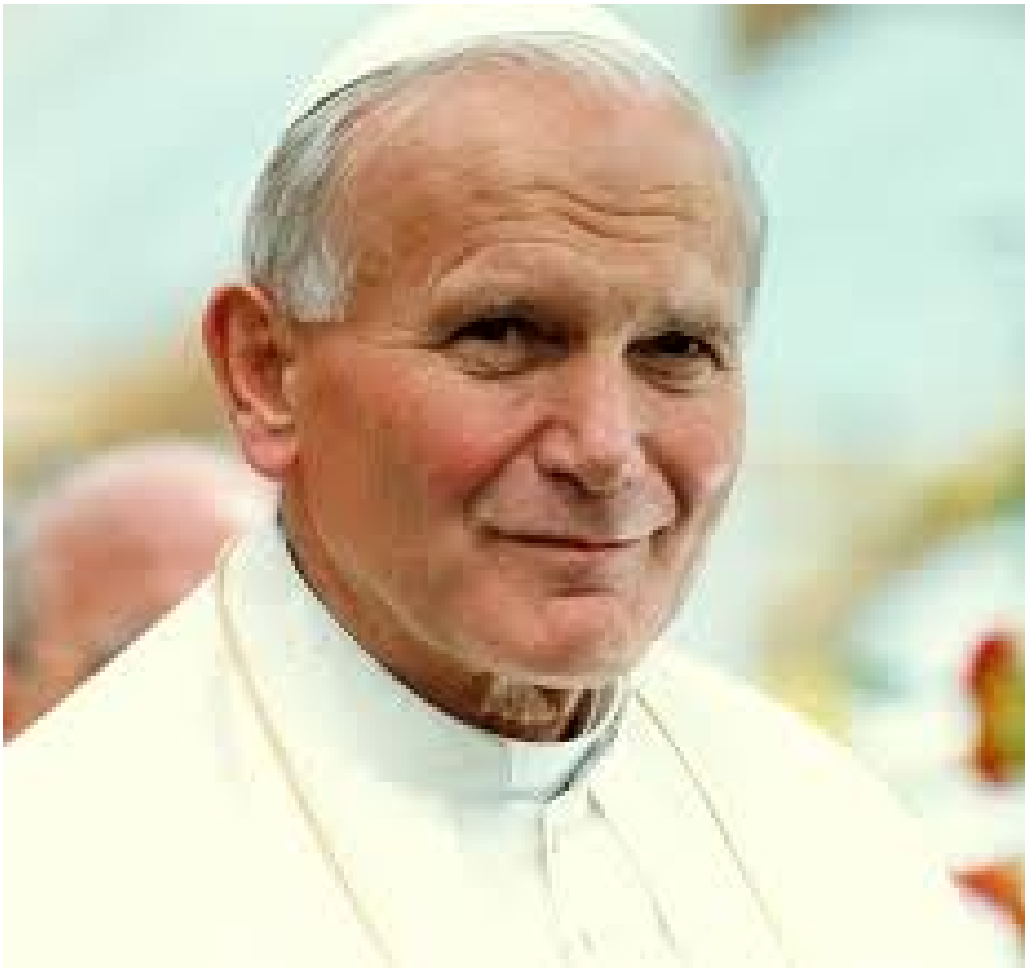

Figure 1.4: **His Holiness Pope John Paul II**

for loudspeakers and two large screens showing his image, with subtitles in Italian and in English.

At the end of the Pope's address to the crowd, the Cardinals went into the Vatican and the doors were ceremonially closed, but the Pope himself walked down the steps of the terrace and into the crowd, where he mingled with everyone, shook hands with as many as he could, and talked with as many as he could. This showed remarkable courage, since he had only recently recovered from almost-fatal gunshot wounds at the hands of a would-be assassin.

On the appointed day for our audience, which was the day after Easter, we ascended the stairway to the audience chambers at the top of the Vatican, passing the impressive and colorful Swiss Guards on the way, and also passing beautiful tapestries that covered the walls.

The Pope was very busy because of his obligations to the many pilgrims who had come to Rome to celebrate Easter. We were told that it would be at least an hour before the Pope

could address us. During that time we were free to wander about the audience chamber and to look at the tapestries. We would know when the Pope was about to arrive, because the lights would become brighter for the sake of the television, and because we would hear a choir singing. Then we should take our seats and wait for the Pope's arrival.

It happened just as we had been told. After an hour or so, the lights went up and we heard the choir singing. We took our seats, and a few minutes later the Pope arrived. As he began to speak with us he gave the impression of an energetic and physically strong person, with an extremely modest, attractive and charismatic personality.

The Pope spoke in English, both to us, and to a much larger public, since his address was televised. He talked about the relationship between science and religion, mentioning that one of the topics to which our conference had been devoted was the treatment of cancer. He said that science had done very much to improve human health and comfort. Science and technology have given us the material goods of our modern world. However, Pope John Paul told us, material goods are not enough to ensure happiness. It is possible to be very well off from a material standpoint, but at the same time, very miserable. He said that for happiness, we also need ethics and wisdom - the traditional wisdom of humanity. By "the traditional wisdom of humanity", I think that he meant the wisdom that is preserved in the world's religions, but he did not specifically mention religion.

When he had finished talking, the Pope came down to the floor of the audience chamber and shook hands with us. All through his speech a baby had been crying, and the Pope, who was undoubtedly used to such disturbances, made a point of kissing the baby. He shook my hand too. There was a Polish professor named Wlodzimierz Kolos with our group, and when the Pope came to the place where Kolos was standing, he stood and talked with the professor for about two minutes.

I was curious about what the Pope and Kolos had been saying to each other, but I did not have a chance to ask on that occasion. However, a year or so later I met Prof. Kolos at another conference, and I asked him. He replied, "I don't remember. I see the Pope so often that I don't remember what we said on that particular occasion."

I was astonished, and I asked Kolos to explain. He told me that when Pope John Paul took his summer vacations, he lived in a large villa near to Rome. He had the custom of inviting philosophers, theologians and scientists (many of them Polish) to visit him there for informal discussions. They always sat around a large table and talked about subjects like the relationship between science and religion. On those occasions, the Pope did not wear his robes of office, but only ordinary clothing. Every session ended with a discussion of the current situation in Poland.

Due to the Pope's efforts, the situation in Poland improved, and he also helped to make a reconciliation between science and the Catholic Church. I regard it as a great privilege to have seen his courage at Easter, and to have heard him speak. He is very justly regarded as one of the greatest Popes of all time.

I also had the privilege of hearing His Holiness the 14th Dalai Lama of Tibet speak on the same topic, the relationship between science and religion. The Dalai Lama was visiting Denmark, and I was invited to a lecture by him, arranged by the Danish-Tibetan Society.

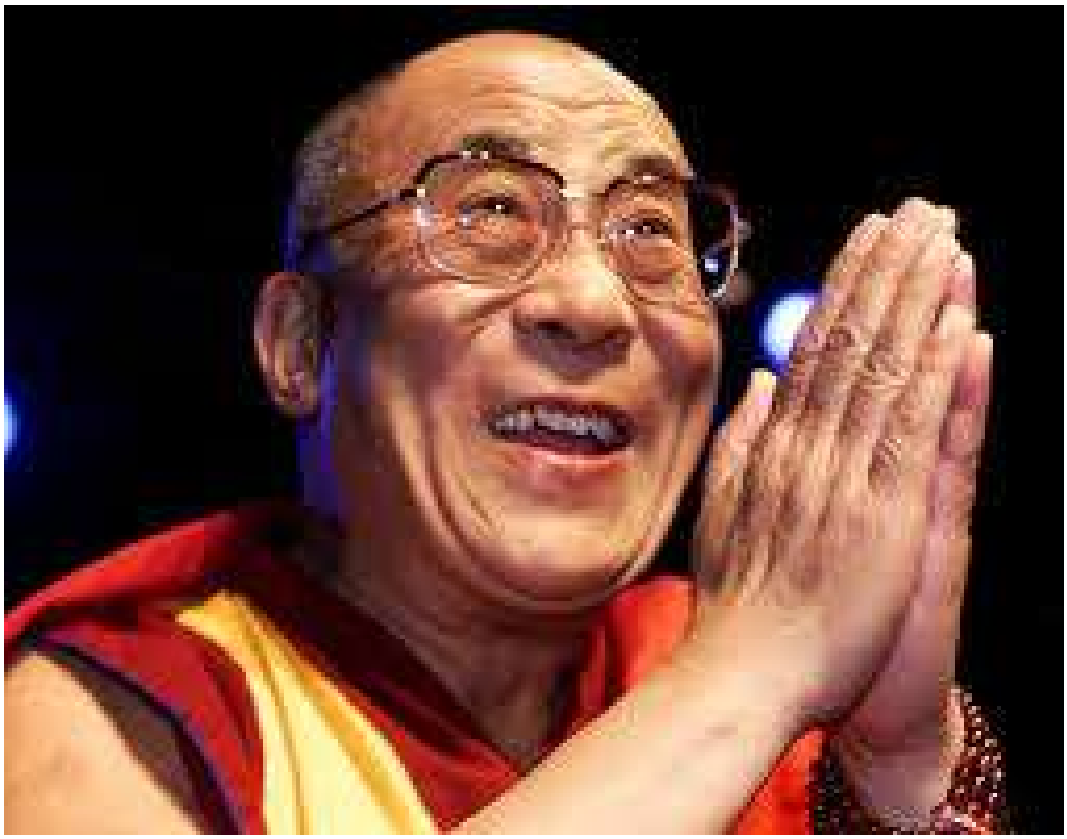

Figure 1.5: **His Holiness the 14th Dalai Lama of Tibet**

The lecture took place at a very large hall called Forum, and such was the interest in his talk that the hall was completely filled. There were many flowers to greet the Dalai Lama, and many yellow-robed monks to assist him. When he began to talk, he gave the same impression as Pope John Paul II had done - energy and physical strength, combined with modesty and an attractive and charismatic personality.

Unfortunately, the acoustics of the hall were terrible, and it was difficult to hear what he said. The problem was made worse by his special accent as he spoke in English. Nevertheless, I managed to understand quite a bit of what he said.

The Dalai Lama told us that we need two hands for our tasks in life, the right hand and the left hand. Without both hands, we cannot cope properly with the problems of life. These two hands, both of which we need, are science and ethics. It was essentially the same message as that of Pope John Paul. The two hands are different, but both are needed.

1.4 How are science and religion related to war?

What is the relationship between science, religion and war? We mentioned that the world's major religions have at their core the principle of universal human brotherhood, which, if practiced, would be enough to make war impossible. However, the principle of loving and forgiving one's enemies is rarely practiced.

Many wars have been fought in the name of religion. We can think, for example, of the Crusades, or the Islamic conquests in the Middle East, North Africa and Spain, or the wars between Catholics and Protestants in Europe, or the brutal treatment of the native populations of Central and South America in the name of religion. The list by no means stops there.

What about science and technology? How are they related to war? As we start the 21st century and the new millennium, our scientific and technological civilization seems to be entering a period of crisis. Today, for the first time in history, science has given to humans the possibility of a life of comfort, free from hunger and cold, and free from the constant threat of infectious disease. At the same time, science has given us the power to destroy civilization through thermonuclear war, as well as the power to make our planet uninhabitable through pollution and overpopulation. The question of which of these alternatives we choose is a matter of life or death to ourselves and our children.

Science and technology have shown themselves to be double-edged, capable of doing great good or of producing great harm, depending on the way in which we use the enormous power over nature, which science has given to us. For this reason, ethical thought is needed now more than ever before. The wisdom of the world's religions, the traditional wisdom of humankind, can help us as we try to ensure that our overwhelming material progress will be beneficial rather than disastrous.

The crisis of civilization, which we face today, has been produced by the rapidity with which science and technology have developed. Our institutions and ideas adjust too slowly to the change. The great challenge which history has given to our generation is the task

Figure 1.6: **Three-stage (fission-fusion-fission) bombs may be made enormously powerful at little extra cost, since the last stage uses ordinary unenriched uranium. A 58 megaton bomb was exploded by the Soviet Union in 1961. It was roughly 5,000 times as powerful as the nuclear weapons that destroyed Hiroshima and Nagasaki. At present the total explosive power of the nuclear weapons in the world is approximately half a million times the power of the Hiroshima-Nagasaki bombs, enough to destroy human civilization and much of the biosphere.**

of building new international political structures, which will be in harmony with modern technology. At the same time, we must develop a new global ethic, which will replace our narrow loyalties by loyalty to humanity as a whole.

In the long run, because of the enormously destructive weapons, which have been produced through the misuse of science, the survival of civilization can only be insured if we are able to abolish the institution of war.

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Chapter 2

CONFUCIUS

2.1 Confucius and Chinese culture

After the fall of Rome in the 5th century A.D., Europe became a culturally backward area. However, the great civilizations of Asia and the Middle East continued to flourish, and it was through contact with these civilizations that science was reborn in the west.

During the dark ages of Europe, a particularly high level of civilization existed in China. The art of working in bronze was developed in China during the Shang dynasty (1,500 B.C. - 1,100 B.C.) and it reached a high pitch of excellence in the Chou dynasty (1,100 B.C. - 250 B.C.).

In the Chou period, many of the cultural characteristics which we recognize as particularly Chinese were developed. During this period, the Chinese evolved a code of behavior based on politeness and ethics. Much of this code of behavior is derived from the teachings of K'ung Fu-tzu (Confucius), a philosopher and government official who lived between 551 B.C. and 479 B.C.. In his writings about ethics and politics, K'ung Fu-tzu advocated respect for tradition and authority, and the effect of his teaching was to strengthen the conservative tendencies in Chinese civilization. He was not a religious leader, but a moral and political philosopher, like the philosophers of ancient Greece. He is traditionally given credit for the compilation of the Five Classics of Chinese Literature, which include books of history, philosophy and poetry, together with rules for religious ceremonies.

2.2 Some sayings of Confucius

By three methods we may learn wisdom: First, by reflection, which is noblest; Second, by imitation, which is easiest; and third by experience, which is the bitterest.

Everything has beauty, but not everyone sees it.

Wheresoever you go, go with all your heart.

It does not matter how slowly you go as long as you do not stop.

Life is really simple, but we insist on making it complicated.

If you make a mistake and do not correct it, this is called a mistake.

The man who moves a mountain begins by carrying away small stones.

The funniest people are the saddest ones.

Before you embark on a journey of revenge, dig two graves.

To be wronged is nothing, unless you continue to remember it.

Respect yourself and others will respect you.

Silence is a true friend who never betrays.

You cannot open a book without learning something.

When you see a good person, think of becoming like her/him. When you see someone not so good, reflect on your own weak points.

Attack the evil that is within yourself, rather than attacking the evil that is in others.

The man who asks a question is a fool for a minute, the man who does not ask is a fool for life.

What the superior man seeks is in himself; what the small man seeks is in others.

I hear and I forget. I see and I remember. I do and I understand.

Music produces a kind of pleasure which human nature cannot do without.

The hardest thing of all is to find a black cat in a dark room, especially if there is no cat.

It is not the failure of others to appreciate your abilities that should trouble you, but rather your failure to appreciate theirs.

The man of wisdom is never of two minds; the man of benevolence never worries; the man of courage is never afraid.

The gem cannot be polished without friction, nor man perfected without trials.

Give a bowl of rice to a man and you will feed him for a day. Teach him how to grow his own rice and you will save his life.

Only the wisest and stupidest of men never change.

It is more shameful to distrust our friends than to be deceived by them.

Real knowledge is to know the extent of one's ignorance.

And remember, no matter where you go, there you are.

Hold faithfulness and sincerity as first principles.

If what one has to say is not better than silence, then one should keep silent.

Forget injuries, never forget kindnesses.

When it is obvious that the goals cannot be reached, don't adjust the goals, adjust the action steps.

Better a diamond with a flaw than a pebble without.

To put the world in order, we must first put the nation in order; to put the nation in order, we must first put the family in order; to put the family in order; we must first cultivate our personal life; we must first set our hearts right.

A lion chased me up a tree, and I greatly enjoyed the view from the top.

To be wealthy and honored in an unjust society is a disgrace.

In a country well governed, poverty is something to be ashamed of. In a country badly governed, wealth is something to be ashamed of.

If your plan is for one year plant rice. If your plan is for ten years plant trees. If your plan is for one hundred years educate children.

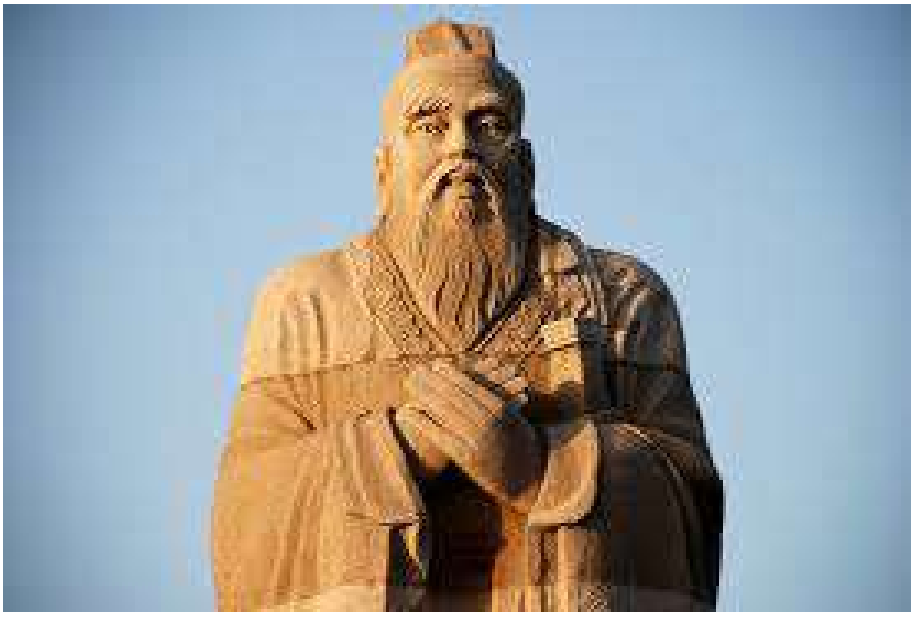

Figure 2.1: **Confucius**

Don't do unto others what you don't want done unto you.

Education breeds confidence. Confidence breeds hope. Hope breeds peace.

To see what is right and not do it is the worst cowardice.

Time flows away like the water in the river.

The superior man thinks always of virtue; the common man thinks of comfort.

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vfill

Chapter 3

BUDDHA

3.1 Early civilization in India

Evidence of a very early river-valley civilization in India has been found at a site called Mohenjo-Daro. However, in about 2,500 B.C., this early civilization was destroyed by some great disaster, perhaps a series of floods; and for the next thousand years, little is known about the history of India. During this dark period between 2,500 B.C. and 1,500 B.C., India was invaded by the Indo-Aryans, who spoke Sanskrit, a language related to Greek. The Indo-Aryans partly drove out and partly enslaved the smaller and darker native Dravidians. However, there was much intermarriage between the groups, and to prevent further intermarriage, the Indo-Aryans introduced a caste system sanctioned by religion.

3.2 Hindu religious belief

According to Hindu religious belief, the soul of a person who has died is reborn in another body. If, throughout his life, the person has faithfully performed the duties of his caste, then his or her soul may be reborn into a higher caste. Finally, after existing as a Brahman, the soul may be so purified that it can be released from the cycle of death and rebirth.

3.3 The life and teaching of Gautama Buddha

In the 6th century B.C., Gautama Buddha founded a new religion in India. Gautama Buddha was convinced that all the troubles of humankind spring from attachment to earthly things. He felt that the only escape from sorrow is through the renunciation of earthly desires. He also urged his disciples to follow a high ethical code, the Eightfold Way. Among the sayings of Buddha are the following:

"Hatred does not cease by hatred at any time; hatred ceases by love."

"Let a man overcome anger by love; let him overcome evil by good."

"All men tremble at punishment. All men love life. Remember that you are like them, and do not cause slaughter."

3.4 The spread of Buddhism

One of the early converts to Buddhism was the emperor Asoka Maurya, who reigned in India between 273 B.C. and 232 B.C.. During one of his wars of conquest, Asoka Maurya became so sickened by the slaughter that he resolved never again to use war as an instrument of policy. He became one of the most humane rulers in history, and he also did much to promote the spread of Buddhism throughout Asia.

Under the Mauryan dynasty (322 B.C. - 184 B.C.), the Gupta dynasty (320 B.C. - 500 A.D.) and also under the rajah Harsha (606 A.D. - 647 A.D.), India had periods of unity, peace and prosperity. At other times, the country was divided and upset by internal wars. The Gupta period especially is regarded as the golden age of India's classical past. During this period, India led the world in such fields as medicine and mathematics.

The Guptas established both universities and hospitals. According to the Chinese Buddhist pilgrim, Fa-Hsien, who visited India in 405 A.D., "The nobles and householders have founded hospitals within the city to which the poor of all countries, the destitute, crippled and diseased may go. They receive every kind of help without payment."

Indian doctors were trained in cleansing wounds, in using ointments and in surgery. They also developed antidotes for poisons and for snakebite, and they knew some techniques for the prevention of disease through vaccination.

When they had completed their training, medical students in India took an oath, which resembled the Hippocratic oath: "Not for yourself, not for the fulfillment of any earthly desire or gain, but solely for the good of suffering humanity should you treat your patients."

In Indian mathematics, algebra and trigonometry were especially highly developed. For example, the astronomer Brahmagupta (598 A.D. - 660 A.D.) applied algebraic methods to astronomical problems. The notation for zero and the decimal system were invented in India, probably during the 8th or 9th century A.D.. These mathematical techniques were later transmitted to Europe by the Arabs.

Many Indian techniques of manufacture were also transmitted to the west by the Arabs. Textile manufacture in particular was highly developed in India, and the Arabs, who were the middlemen in the trade with the west, learned to duplicate some of the most famous kinds of cloth. One kind of textile which they copied was called "quttan" by the Arabs, a word which in English has become "cotton". Other Indian textiles included cashmere (Kashmir), chintz and calico (from Calcutta, which was once called Calicut). Muslin derives its name from Mosul, an Arab city where it was manufactured, while damask was made in Damascus.

Indian mining and metallurgy were also highly developed. The Europeans of the middle ages prized fine laminated steel from Damascus; but it was not in Damascus that the technique of making steel originated. The Arabs learned steelmaking from the Persians, and Persia learned it from India.

Figure 3.1: **Gautama Buddha**

3.5 The Noble Eightfold Path

1. **Right understanding**. *And what is right understanding? There are fruits, and results of good and bad actions. There is this world and the next world. There is mother and father. There are spontaneously reborn beings; there are contemplatives and Brahmans who faring rightly and practicing rightly, proclaim this world and the next after having directly known and realized it for themselves.' This is the right view with effluents, siding with merit, resulting in acquisitions*

2. **Right resolve**. *And what is right resolve? Being resolved on renunciation, on freedom from ill will, on harmlessness: This is called right resolve.*

3. **Right speech**. *And what is right speech? Abstaining from lying, from divisive speech, from abusive speech, and from idle chatter: This is called right speech.*

4. **Right action**. *And what is right action? Abstaining from killing, abstaining from stealing, abstaining from sexual misconduct. This is called right action.*

5. **Right livelihood**. *And what is right livelihood? Not possessing more than is strictly necessary. Avoiding causing suffering to sentient beings by cheating them, or harming or killing them in any way.*

6. **Right effort**. *And what is right effort? Here the monk arouses his will, puts forth effort, generates energy, exerts his mind, and strives to prevent the arising of evil and unwholesome mental states that have not yet arisen. He arouses his will... and strives to eliminate evil and unwholesome mental states that have already arisen, to keep them free of delusion, to develop, increase, cultivate, and perfect them. This is called right effort.*

7. **Right mindfulness**. *And what is right mindfulness? Here the monk remains contemplating the body as body, resolute, aware and mindful, having put aside worldly desire and sadness; he remains contemplating feelings as feelings; he remains contemplating mental states as mental states; he remains contemplating mental objects as mental objects, resolute, aware and mindful, having put aside worldly desire and sadness; This is called right mindfulness.*

8. **Right concentration**. *And what is right concentration? [i] Here, the monk, detached from sense-desires, detached from unwholesome states, enters and remains in the first jhana (level of concentration, in which there is applied and sustained thinking, together with joy and pleasure born of detachment; [ii] And through the subsiding of applied and sustained thinking, with the gaining of inner stillness and oneness of mind, he enters and remains in the second jhana, which is without applied and sustained thinking, and in which there are joy and pleasure born of concentration; [iii] And through the fading of joy, he remains equanimous, mindful and aware, and he experiences in his body the pleasure of which the Noble Ones say: "equanimous, mindful and dwelling in pleasure", and thus he enters and remains in the third jhana; [iv] And through the giving up of pleasure and pain, and through the previous disappearance of happiness and sadness, he enters and remains in the fourth jhana, which is without pleasure and pain, and in which there is pure equanimity and mindfulness. This is called right concentration.*

Some of the sayings of Gautama Buddha

In the end, only three things matter: How much you loved, how gently you lived, and how gracefully you let go of things not meant for you.

Buddha was asked, "What have you gained from mediation?" He replied NOTHING! However let me tell you what i have lost: anger, anxiety, depression, insecurity, fear of old age and death.

When the student is ready, the teacher will appear.

The less you respond to negative people, the more peaceful your life will become.

Health is the greatest gift, contentment is the greatest wealth, A trusted friend is the best relative, liberated mind is the greatest bliss.

The thought manifests as the word: the word manifests as the deed: the deed develops into character. So watch the thought and its ways with care, and let it spring from love born out of concern for all beings.

Do not learn how to react learn how to respond.

If your compassion does not include yourself, It is incomplete.

Everything that has a beginning has an ending. Make your peace with that and all will be well.

If anything is worth doing, do it with all your heart.

Your worst enemy cannot harm you as much as your own unguarded thoughts.

The root of suffering is attachment.

Holding onto anger is like drinking poison and expecting the other person to die.

All that we are is the result of what we have thought.

Do not dwell in the past, do not dream of the future, concentrate the mind on the present moment.

What you think you become, what you feel, you attract. what you imagine, you create.

nothing can harm you as much as your own thoughts unguarded.

The trouble is you think you have time.

Your work is to discover your world and then with all your heart give yourself to it.

Believe nothing, no matter where you read it or who has said it, not even if i have said it. Unless it agrees with your own reason and your own common sense.

On the long journey of human life, Faith is the best of companions.

To understand everything is to forgive everything.

No one saves us but ourselves. No one can and no one may. We ourselves must walk the past.

There is no path to happiness: Happiness is the path.

No matter how hard the past, you can always begin again.

If you want to fly, give up everything that weighs you down.

You only lose what you cling to.

When we meet real tragedy in life, we can react in two ways- Either by losing hope and falling into self-destructive habits or by using the challenge to find our inner strength.

Don't rush anything. When the time is right, it will happen.

The whole secret of existence is to have no fear.

Be kind to all creatures; this is the true religion.

Those who are free of resentful thoughts surely find peace.

It is during our darkest moments that we must focus to see the light

Quiet the mind, and the soul will speak.

Each morning we are born again. What we do today is what matters most.

A man who conquers himself is greater than one who conquers a thousand men in a battle.

All human unhappiness comes from not facing reality squarely, exactly as it is.

It is better to be hated for what you are than to be loved for what you are not.

He who does not understand your silence will probably not understand your words.

You will not be punished for your anger, you will be punished by your anger.

Whatever befalls you, walk on untouched, unattached.

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Chapter 4

PYTHAGORAS

4.1 The Pythagorean brotherhood

Pythagoras, a student of Anaximander, first became famous as a leader and reformer of the Orphic religion. He was born on the island of Samos, near the Asian mainland, and like other early Ionian philosophers, he is said to have travelled extensively in Egypt and Mesopotamia. In 529 B.C., he left Samos for Croton, a large Greek colony in southern Italy. When he arrived in Croton, his reputation had preceded him, and a great crowd of people came out of the city to meet him. After Pythagoras had spoken to this crowd, six hundred of them left their homes to join the Pythagorean brotherhood without even saying goodbye to their families.

For a period of about twenty years, the Pythagoreans gained political power in Croton, and they also had political influence in the other Greek colonies of the western Mediterranean. However, when Pythagoras was an old man, the brotherhood which he founded fell from power, their temples at Croton were burned, and Pythagoras himself moved to Metapontion, another Greek city in southern Italy. Although it was never again politically influential, the Pythagorean brotherhood survived for more than a hundred years.

The Pythagorean brotherhood admitted women on equal terms, and all its members held their property in common. Even the scientific discoveries of the brotherhood were considered to have been made in common by all its members.

4.2 Pythagorean harmony

The Pythagoreans practiced medicine, and also a form of psychotherapy. According to Aristoxenius, a philosopher who studied under the Pythagoreans, "They used medicine to purge the body, and music to purge the soul". Music was of great importance to the Pythagoreans, as it was also to the original followers of Dionysus and Orpheus.

Both in music and in medicine, the concept of harmony was very important. Here Pythagoras made a remarkable discovery which united music and mathematics. He discovered that the harmonics which are pleasing to the human ear can be produced by

dividing a lyre string into lengths which are expressible as simple ratios of whole numbers. For example, if we divide the string in half by clamping it at the center, (keeping the tension constant), the pitch of its note rises by an octave. If the length is reduced to 2/3 of the basic length, then the note is raised from the fundamental tone by the musical interval which we call a major fifth, and so on. The discovery that harmonious musical tones could be related by rational numbers[1] made the Pythagoreans think that rational numbers are the key to understanding nature, and this belief became a part of their religion.

Having discovered that musical harmonics are governed by mathematics, Pythagoras fitted this discovery into the framework of Orphism. According to the Orphic religion, the soul may be reincarnated in a succession of bodies. In a similar way (according to Pythagoras), the "soul" of the music is the mathematical structure of its harmony, and the "body" through which it is expressed is the gross physical instrument. Just as the soul can be reincarnated in many bodies, the mathematical idea of the music can be expressed through many particular instruments; and just as the soul is immortal, the idea of the music exists eternally, although the instruments through which it is expressed may decay.

In distinguishing very clearly between mathematical ideas and their physical expression, Pythagoras was building on the earlier work of Thales, who thought of geometry as dealing with dimensionless points and lines of perfect straightness, rather than with real physical objects. The teachings of Pythagoras and his followers served in turn as an inspiration for Plato's idealistic philosophy.

Having found mathematical harmony in the world of sound, and having searched for it in astronomy, Pythagoras tried to find mathematical relationships in the visual world. Among other things, he discovered the five possible regular polyhedra. However, his greatest contribution to geometry is the famous Pythagorean theorem, which is considered to be the most important single theorem in the whole of mathematics.

The Mesopotamians and the Egyptians knew that for many special right triangles, the sum of the squares formed on the two shorter sides is equal to the square formed on the long side. For example, Egyptian surveyors used a triangle with sides of lengths 3, 4 and 5 units. They knew that between the two shorter sides, a right angle is formed, and that for this particular right triangle, the sum of the squares of the two shorter sides is equal to the square of the longer side. Pythagoras proved that this relationship holds for every right triangle.

In exploring the consequences of his great theorem, Pythagoras and his followers discovered that the square root of 2 is an irrational number. (In other words, it cannot be expressed as the ratio of two integers.) The discovery of irrationals upset them so much that they abandoned algebra. They concentrated entirely on geometry, and for the next two thousand years geometrical ideas dominated science and philosophy.

[1] i-e-. numbers that can be expressed as a ratio of two integers

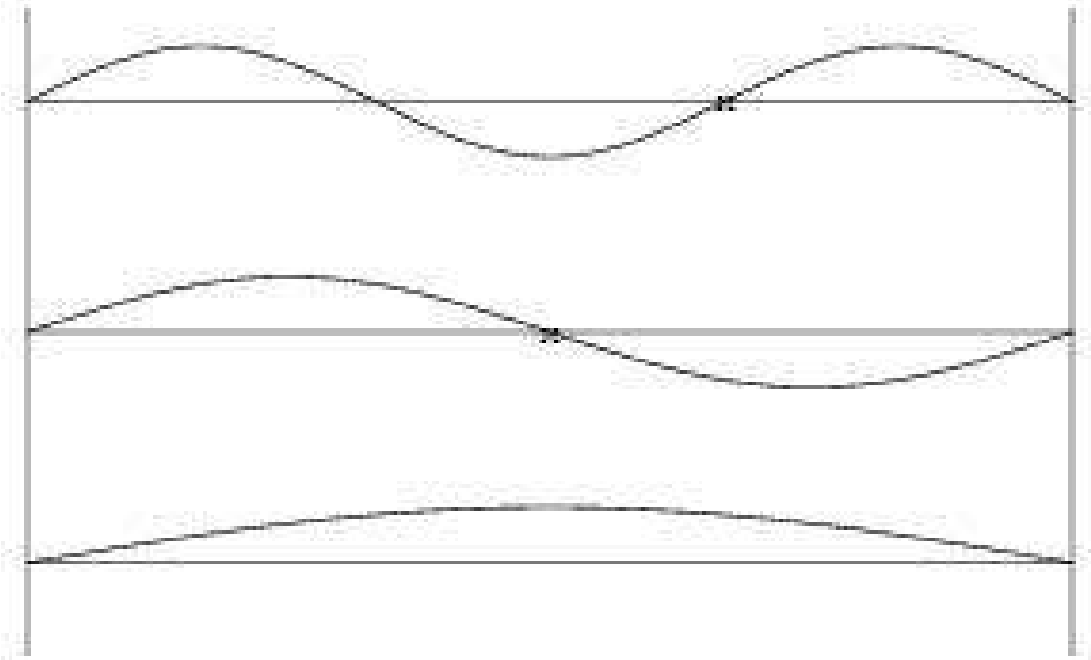

Figure 4.1: **Pythagoras (569 B.C. - 475 B.C.) discovered that the musical harmonics that are pleasing to the human ear can be produced by clamping a lyre string of constant tension at points that are related by rational numbers. In the figure the octave and the major fifth above the octave correspond to the ratios 1/2 and 1/3.**

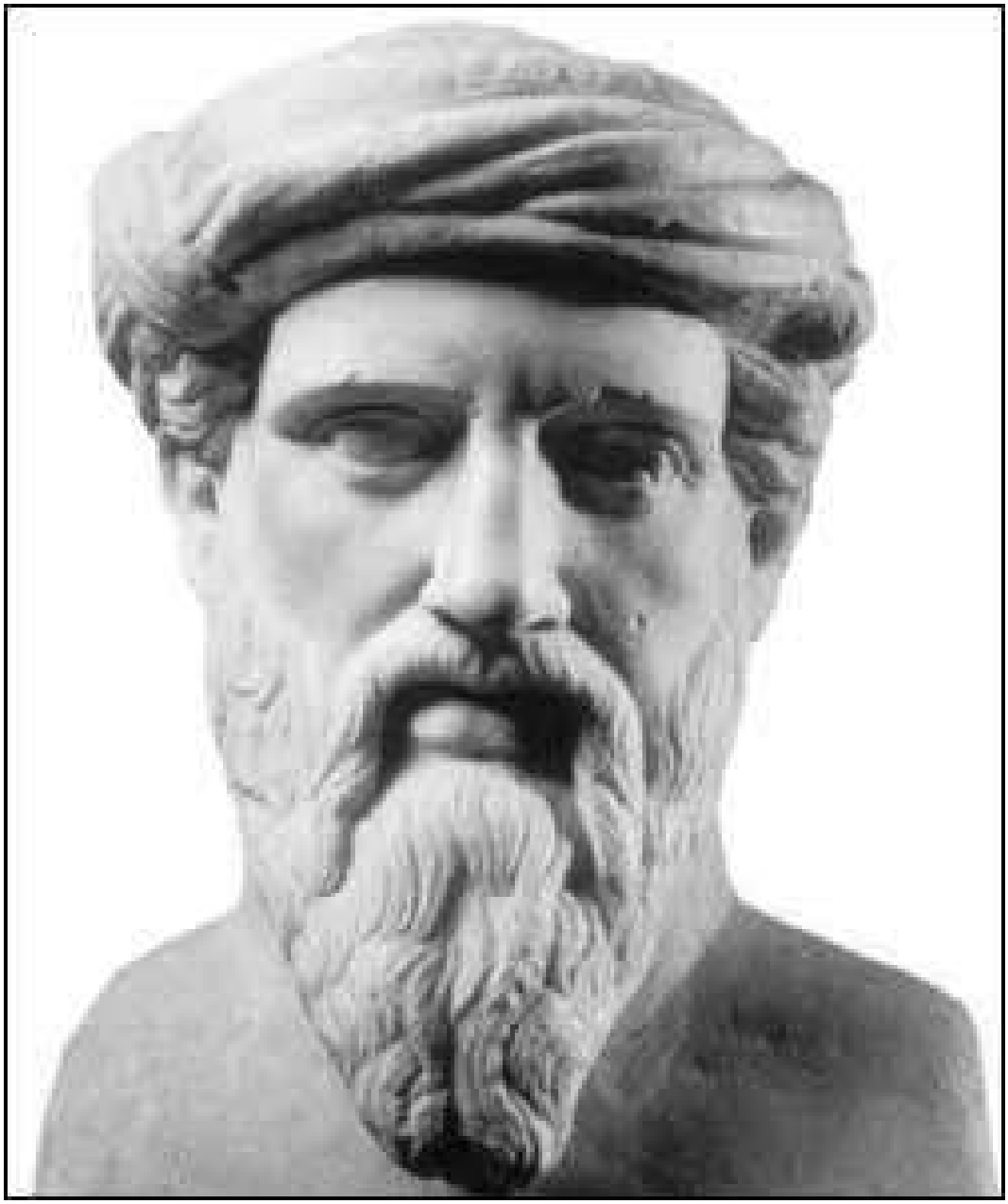

Figure 4.2: **Pythagoras founded a brotherhood that lasted about a hundred years and greatly influenced the development of mathematics and science. The Pythagorean theorem, which he discovered, is considered to be the most important single theorem in mathematics.**

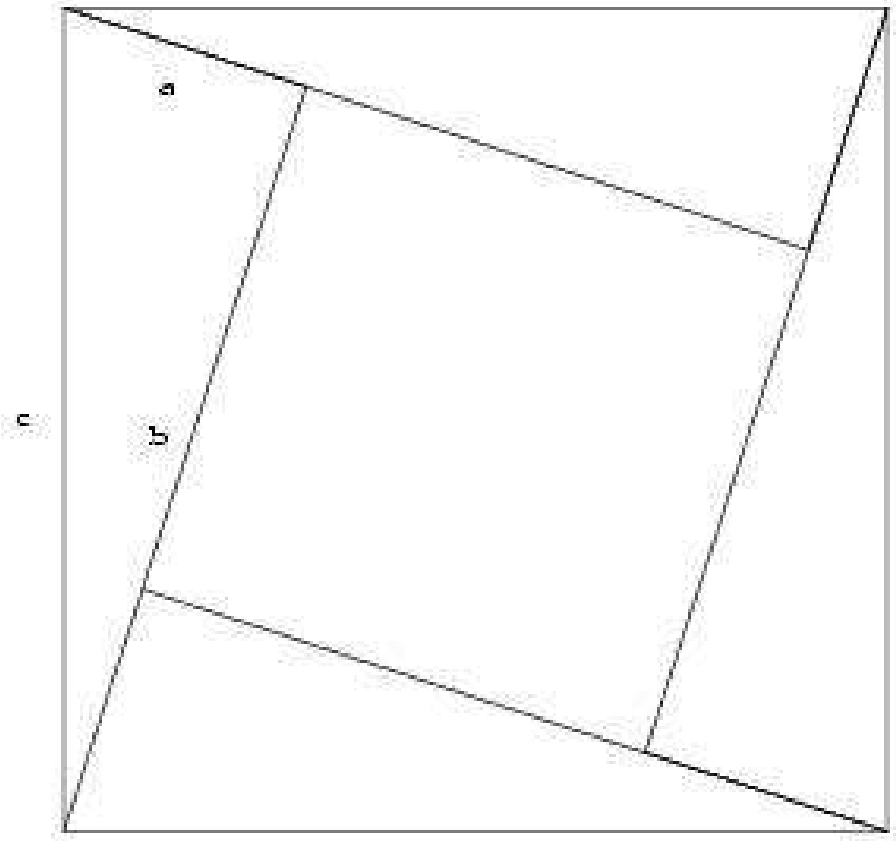

Figure 4.3: **This figure can be used to prove the famous theorem of Pythagoras concerning squares constructed on the sides of a right triangle (i.e. a triangle where two of the sides are perpendicular to each other). It shows a right triangle whose sides, in order of increasing length, are a, b and c. Four identical copies of this triangle, with total area 2ab, are inscribed inside a square constructed on the long side.**

4.3 Geometry as a part of religion

The classical Greek geometers, most of whom were Pythagoreans, discovered many geometrical theorems. They believed that the contemplation of eternal geometrical truths was a way of finding release from the suffering of human existence, and geometry was a part of their religion. There were certain rules that had to be followed in geometrical constructions: only a compass and a straight ruler could be used. The theorems of the geometers of classical Greece were collected and put into a logical order by Euclid, who lived in Alexandria, the capital city of Egypt founded by Alexander of Macedon.

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Suggestions for further reading

1.

Chapter 5

MOSES

5.1 Some quotations from the Wikipedia article about Moses

According to the Wikipedia article about him,

Moses is considered the most important prophet in Judaism[3][4] and one of the most important prophets in Christianity, Islam, the Druze faith,[5][6] the BahÃ¡Ê¼Ã Faith, and other Abrahamic religions. According to both the Bible and the Quran,[7] Moses was the leader of the Israelites and lawgiver to whom the authorship, or "acquisition from heaven", of the Torah (the first five books of the Bible) is attributed.[8]

According to the Book of Exodus, Moses was born in a time when his people, the Israelites, an enslaved minority, were increasing in population and, as a result, the Egyptian Pharaoh worried that they might ally themselves with Egypt's enemies.[9] Moses' Hebrew mother, Jochebed, secretly hid him when Pharaoh ordered all newborn Hebrew boys to be killed in order to reduce the population of the Israelites. Through Pharaoh's daughter (identified as Queen Bithia in the Midrash), the child was adopted as a foundling from the Nile and grew up with the Egyptian royal family. After killing an Egyptian slave-master who was beating a Hebrew, Moses fled across the Red Sea to Midian, where he encountered the Angel of the Lord,[10] speaking to him from within a burning bush on Mount Horeb, which he regarded as the Mountain of God.

God sent Moses back to Egypt to demand the release of the Israelites from slavery. Moses said that he could not speak eloquently,[11] so God allowed Aaron, his elder brother,[12] to become his spokesperson. After the Ten Plagues, Moses led the Exodus of the Israelites out of Egypt and across the Red Sea, after which they based themselves at Mount Sinai, where Moses received the Ten Commandments. After 40 years of wandering in the desert, Moses died on Mount Nebo at the age of 120, within sight of the Promised Land.

5.2 The Moses of Michelangelo

Michelangelo Buonarroti (1475-1564) was the most famous sculptor of the High Renaissance. He was also an aarchitect, painter and poet. Among his greatest statues is the portrait of Moses shown in the illustration.

Figure 5.1: **A ststue of Moses by Michelangelo**

Chapter 6

CHRISTIAN ETHICS

The three Abrahamic religions, Judaism, Christianity and Islam, have a total of 4 billion followers today, of which 2.4 billion are Christian. At its start, the Christian religion can be seen as a reform of Jewish traditions, a protest against the overly legalistic teachings of the Pharisees and a revelation of a new. more powerful and more universal system of ethics. Later, Saint Paul saw it as his mission to bring Christianity to the Gentiles (i.e. non-Jews).

If Christian ethics were really followed, war would be impossible, but wars have nevertheless persisted, and many of the most brutal wars have been fought in the name of Christianity. In the words the American poet, Edna St. Vincent Millay,[1]

Up goes the man of God before the crowd.
With voice of honey and with eyes of steel
He drones your humble Gospel to the proud.
Nobody listens, less than the wind that blows
Are all your words to us you died to save.
Oh Prince of Peace! O Sharon's dewy Rose!
How mute you lie within your vaulted grave!
The stone the angel rolled away with tears
Is back upon your mouth these thousand years.

The Seven Deadly Sins

Here is a list of important human failings as recognized by Christianity. They are rooted in emotions which we share with our animal ancestors. Today these emotions are inappropriate for civilized human society, and they must be overwritten by ethical principles.

1. **LUST** Regarding lust, Schopenhauer wrote: *Lust is the ultimate goal of almost all human endeavor, exerts an adverse influence on the most important affairs, inter-*

[1] from her poem. *To Jesus, on His Birthday*

rupts the most serious business, sometimes for a while confuses even the greatest minds, does not hesitate with its trumpery to disrupt the negotiations of statesmen and the research of scholars, has the knack of slipping its love-letters and ringlets even into ministerial portfolios and philosophical manuscripts.

2. **GLUTTONY** Saint Thomas Aquinas argued that gluttony could include, besides eating too much, an obsessive anticipation of meals, and the constant eating of delicacies and excessively costly foods. He even proposed five categories of Gluttony: *1. Laute: eating too expensively. 2. Studiose: eating too daintily. 3. Nimis: eating too much. 4. Praepropere: eating too soon. 5. Ardenter: eating too eagerly.*

3. **GREED** As defined outside Christian writings, greed is an inordinate desire to acquire or possess more than one needs, especially with respect to material wealth. Like pride, it can lead to not just some, but all evil. Saint Thomas Aquinas wrote: *Greed is a sin against God, just as all mortal sins, in as much as man condemns things eternal for the sake of temporal things.* In the New Testament, we can find many passages condemning greed, for example: *For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows.* Timothy 6:10, and *Lay not up for yourselves treasures upon earth, where moth and rust doth corrupt, and where thieves break through and steal.* Mathew 6:19

4. **SLOTH** Unlike the other deadly sins, Sloth is characterized by sins of omission. In his play Per Gynt, Henrik Ibsen portrays his protagonist as hearing voices which tell him: *We are the tears you should have shed. That cutting ice, which all hearts dread, we could have melted, but now its dart is frozen into a stubborn heart. Our power is lost. We are the deeds you should have done, strangled by doubt, spoiled e're begun. At the judgement day, we will be there to tell our tale. How will you fare?* Per Gynt answers: *You can't condemn a man for what he has not done!*, but Ibsen's message is: Yes, you can condemn a person for sins of omission. They too are deadly sins.

5. **WRATH** According to the Catholic Church, *Hatred is the sin of desiring that someone else may suffer misfortune or evil, and is a mortal sin when one desires grave harm.* The Catholic Church also states that *If anger reaches the point of a deliberate desire to kill or seriously wound a neighbor, it is gravely against charity; it is a mortal sin.* We can also remember the words of Gautama Buddha, *Hatred does not cease by hatred at any time; hatred ceases by love.*

6. **ENVY** Envy can be directly related to the Ten Commandments, specifically, *Neither shall you covet... anything that belongs to your neighbor.* If we are free from envy, our happiness is greatly increased, since we can derive pleasure from the success and happiness of others.

7. **PRIDE** C.S. Lewis wrote that *Unchastity, anger, greed, drunkenness, and all that, are mere fleabites in comparison: it was through Pride that the devil became the*

devil: Pride leads to every other vice: it is the complete anti-God state of mind. In ancient Greece, both philosophers and dramatists considered excessive pride, which they called *hubris*, to be a sin against the gods, which always led to punishment. According to Wikipedia, *Hubris means extreme pride or arrogance. Hubris often indicates a loss of contact with reality, and an overestimation of one's own competence or capabilities, especially when the person exhibiting it is in a position of power.... The word is also used to describe actions of those who challenged the gods or their laws, especially in Greek tragedy, resulting in the protagonist's fall.* We can think, for example of the Titanic. The invention and use of nuclear weapons can also be thought of as an example of *hubris*.

Excerpts from *The Sermon on the Mount*

Many of the important ethical principles of Christianity are contained in the Sermon on the Mount. Here is the first part of the sermon, as given by the Gospel According to Mathew, Chapter 6:

And seeing the multitudes, he went up into a mountain: and when he was set, his disciples came unto him: And he opened his mouth, and taught them, saying,

Blessed are the poor in spirit: for theirs is the kingdom of heaven.

Blessed are they that mourn: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven.

Blessed are ye, when men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.

Rejoice, and be exceeding glad: for great is your reward in heaven: for so persecuted they the prophets which were before you.

Ye are the salt of the earth: but if the salt have lost his savour, wherewith shall it be salted? it is thenceforth good for nothing, but to be cast out, and to be trodden under foot of men.

Ye are the light of the world. A city that is set on an hill cannot be hid.
Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

Think not that I am come to destroy the law, or the prophets: I am not come to destroy, but to fulfil.

For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled.

Whosoever therefore shall break one of these least commandments, and shall teach men so, he shall be called the least in the kingdom of heaven: but whosoever shall do and teach them, the same shall be called great in the kingdom of heaven.

For I say unto you, That except your righteousness shall exceed the righteousness of the scribes and Pharisees, ye shall in no case enter into the kingdom of heaven.

Ye have heard that it was said by them of old time, Thou shalt not kill; and whosoever shall kill shall be in danger of the judgment:

But I say unto you, That whosoever is angry with his brother without a cause shall be in danger of the judgment: and whosoever shall say to his brother, Raca, shall be in danger of the council: but whosoever shall say, Thou fool, shall be in danger of hell fire.

Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee;

Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

Agree with thine adversary quickly, whiles thou art in the way with him; lest at any time the adversary deliver thee to the judge, and the judge deliver thee to the officer, and thou be cast into prison.

Verily I say unto thee, Thou shalt by no means come out thence, till thou hast paid the uttermost farthing. Ye have heard that it was said by them of old time, Thou shalt not

commit adultery:

But I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart.

And if thy right eye offend thee, pluck it out, and cast it from thee: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.

And if thy right hand offend thee, cut if off, and cast it from thee: for it is profitable for thee that one of thy members should perish, and not that thy whole body should be cast into hell.

It hath been said, Whosoever shall put away his wife, let him give her a writing of divorcement: But I say unto you, That whosoever shall put away his wife, saving for the cause of fornication, causeth her to commit adultery: and whosoever shall marry her that is divorced committeth adultery.

Again, ye have heard that it hath been said by them of old time, Thou shalt not forswear thyself, but shalt perform unto the Lord thine oaths:

But I say unto you, Swear not at all; neither by heaven; for it is God's throne:

Nor by the earth; for it is his footstool: neither by Jerusalem; for it is the city of the great King. Neither shalt thou swear by thy head, because thou canst not make one hair white or black. But let your communication be, Yea, yea; Nay, nay: for whatsoever is more than these cometh of evil. Ye have heard that it hath been said, An eye for an eye, and a tooth for a tooth:

But I say unto you, That ye resist not evil: but whosoever shall smite thee on thy right cheek, turn to him the other also.

And if any man will sue thee at the law, and take away thy coat, let him have thy cloke also.

And whosoever shall compel thee to go a mile, go with him twain.

Give to him that asketh thee, and from him that would borrow of thee turn not thou away.

Ye have heard that it hath been said, Thou shalt love thy neighbour, and hate thine enemy.

But I say unto you, Love your enemies, bless them that curse you, do good to them that

hate you, and pray for them which despitefully use you, and persecute you;

That ye may be the children of your Father which is in heaven: for he maketh his sun to rise on the evil and on the good, and sendeth rain on the just and on the unjust.

For if ye love them which love you, what reward have ye? do not even the publicans the same?

And if ye salute your brethren only, what do ye more than others? do not even the publicans so?

Be ye therefore perfect, even as your Father which is in heaven is perfect.

Notice particularly that Christians are required to love their enemies and to do good to those who have wronged them. This seemingly impractical advice is in fact very practical. Endless escalating cycles of revenge and counter-revenge can only be prevented by unilateral acts of kindness.

But do the governments of supposedly Christian countries follow this commandment? Absolutely not! As Edna St. Vincent Millay says, "Nobody listens. Less than the winds that blow are all your words to us you died to save."

Contrast the duty to love and do good to one's enemies with the doctrine of massive retaliation which is built into the concept of nuclear deterrence. In a nuclear war, the hudreds of millions, or even billions, of victims in every country of the world, also neutral countries, would include people of every kind: women, men, old people, children and infants, completely irrespective of any degree of guilt that they might have. This type of killing has to be classified as genocide.

If Christians were true to their beliefs, not only nuclear war, but every kind of war would be forbidden to them.

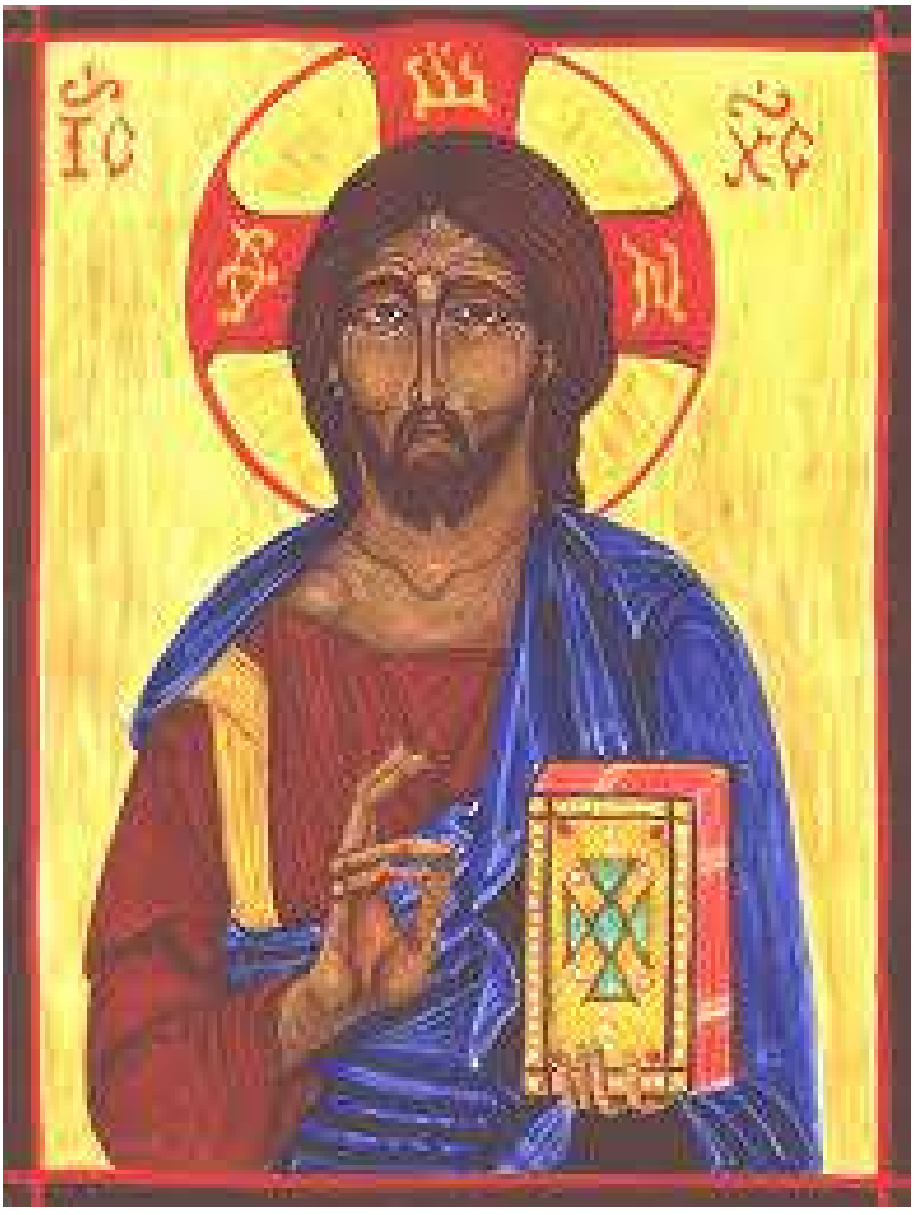

Figure 6.1: **An ikon depicting Jesus**

6.1 The Parable of the Good Samaritan

All of the major religions of humanity contain some form of the Golden Rule. Christianity offers an especially clear statement of this central ethical principle: According to the Gospel of Luke, after being told that he must love his neighbor as much as he loves himself, a man asks Jesus, "Who is my neighbor?". Jesus then replies with the Parable of the Good Samaritan, in which we are told that our neighbor need not be a member of our own tribe, but can live far away and can belong to a completely different nation or ethnic group. Nevertheless, that person is still our neighbor, and deserves our love and care.

And, behold, a certain lawyer stood up, and tempted him, saying, Master, what shall I do to inherit eternal life?

He said unto him, What is written in the law? how readest thou?

And he answering said, Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself.

And he said unto him, Thou hast answered right: this do, and thou shalt live.

But he, willing to justify himself, said unto Jesus, And who is my neighbour?

And Jesus answering said, A certain man went down from Jerusalem to Jericho, and fell among thieves, which stripped him of his raiment, and wounded him, and departed, leaving him half dead.

And by chance there came down a certain priest that way: and when he saw him, he passed by on the other side.

And likewise a Levite, when he was at the place, came and looked on him, and passed by on the other side.

But a certain Samaritan, as he journeyed, came where he was: and when he saw him, he had compassion on him,

And went to him, and bound up his wounds, pouring in oil and wine, and set him on his own beast, and brought him to an inn, and took care of him.

And on the morrow when he departed, he took out two pence, and gave them to the host, and said unto him, Take care of him; and whatsoever thou spendest more, when I come again, I will repay thee.

Which now of these three, thinkest thou, was neighbour unto him that fell among the thieves?

And he said, He that shewed mercy on him. Then said Jesus unto him, Go, and do thou likewise.

6.2 Saint Paul's letter to the Corinthians

If I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am

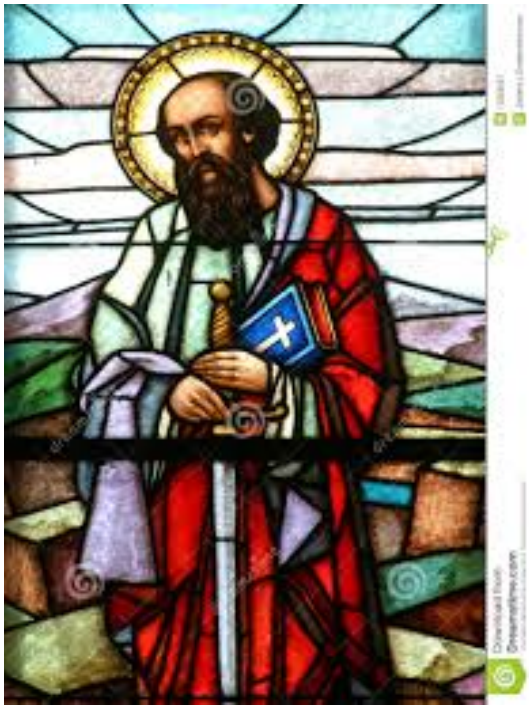

Figure 6.2: **Saint Paul**

nothing. If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. For we know in part and we prophesy in part, but when completeness comes, what is in part disappears. When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known.

And now these three remain: faith, hope and love. But the greatest of these is love.

Figure 6.3: **Saint Francis, in a painting by Giotto, preaching to the birds. Today Pope Francis I carries to us the message of Saint Francis. Pope Francis tells us that the true interpretation of Christianity includes respect for nature, social justice and opposition to the institution of war.**

Chapter 7

THE ETHICAL MESSAGE OF ISLAM

7.1 Some Islamic contributions to civilization

In the 5th century A.D., there was a split in the Christian church of Byzantium;and the Nestorian church, separated from the official Byzantine church. The Nestorians were bitterly persecuted by the Byzantines, and therefore they migrated, first to Mesopotamia, and later to south-west Persia. (Some Nestorians migrated as far as China.)

During the early part of the middle ages, the Nestorian capital at Gondisapur was a great center of intellectual activity. The works of Plato, Aristotle, Hippocrates, Euclid, Archimedes, Ptolemy, Hero and Galen were translated into Syriac by Nestorian scholars, who had brought these books with them from Byzantium.

Among the most distinguished of the Nestorian translators were the members of a family called Bukht-Yishu (meaning "Jesus hath delivered"), which produced seven generations of outstanding scholars. Members of this family were fluent not only in Greek and Syriac, but also in Arabic and Persian.

In the 7th century A.D., the Islamic religion suddenly emerged as a conquering and proselytizing force. Inspired by the teachings of Mohammad (570 A.D. - 632 A.D.), the Arabs and their converts rapidly conquered western Asia, northern Africa, and Spain. During the initial stages of the conquest, the Islamic religion inspired a fanaticism in its followers which was often hostile to learning. However, this initial fanaticism quickly changed to an appreciation of the ancient cultures of the conquered territories; and during the middle ages, the Islamic world reached a very high level of culture and civilization.

Thus, while the century from 750 to 850 was primarily a period of translation from Greek to Syriac, the century from 850 to 950 was a period of translation from Syriac to Arabic. It was during this latter century that Yuhanna Ibn Masawiah (a member of the Bukht-Yishu family, and medical advisor to Caliph Harun al-Rashid) produced many important translations into Arabic.

The skill of the physicians of the Bukht-Yishu family convinced the Caliphs of the

value of Greek learning; and in this way the family played an extremely important role in the preservation of the western cultural heritage. Caliph al-Mamun, the son of Harun al-Rashid, established at Baghdad a library and a school for translation, and soon Baghdad replaced Gondisapur as a center of learning.

The English word "chemistry" is derived from the Arabic words *"al-chimia"*, which mean "the changing". The earliest alchemical writer in Arabic was Jabir (760-815), a friend of Harun al-Rashid. Much of his writing deals with the occult, but mixed with this is a certain amount of real chemical knowledge. For example, in his *Book of Properties*, Jabir gives the following recipe for making what we now call lead hydroxycarbonate (white lead), which is used in painting and pottery glazes: "Take a pound of litharge, powder it well and heat it gently with four pounds of vinegar until the latter is reduced to half its original volume. The take a pound of soda and heat it with four pounds of fresh water until the volume of the latter is halved. Filter the two solutions until they are quite clear, and then gradually add the solution of soda to that of the litharge. A white substance is formed, which settles to the bottom. Pour off the supernatant water, and leave the residue to dry. It will become a salt as white as snow."

Another important alchemical writer was Rahzes (c. 860 - c. 950). He was born in the ancient city of Ray, near Teheran, and his name means "the man from Ray". Rhazes studied medicine in Baghdad, and he became chief physician at the hospital there. He wrote the first accurate descriptions of smallpox and measles, and his medical writings include methods for setting broken bones with casts made from plaster of Paris. Rahzes was the first person to classify substances into vegetable, animal and mineral. The word *"al-kali"*, which appears in his writings, means "the calcined" in Arabic. It is the source of our word "alkali", as well as of the symbol K for potassium.

The greatest physician of the middle ages, Avicenna, (Abu-Ali al Hussain Ibn Abdullah Ibn Sina, 980-1037), was also a Persian, like Rahzes. More than a hundred books are attributed to him. They were translated into Latin in the 12th century, and they were among the most important medical books used in Europe until the time of Harvey. Avicenna also wrote on alchemy, and he is important for having denied the possibility of transmutation of elements.

In mathematics, one of the most outstanding Arabic writers was al-Khwarizmi (c. 780 - c. 850). The title of his book, *Ilm al-jabr wa'd muqabalah*, is the source of the English word "algebra". In Arabic *al-jabr* means "the equating". Al-Khwarizmi's name has also become an English word, "algorism", the old word for arithmetic. Al-Khwarizmi drew from both Greek and Hindu sources, and through his writings the decimal system and the use of zero were transmitted to the west.

One of the outstanding Arabic physicists was al-Hazen (965-1038). He made the mistake of claiming to be able to construct a machine which could regulate the flooding of the Nile. This claim won him a position in the service of the Egyptian Caliph, al-Hakim. However, as al-Hazen observed Caliph al-Hakim in action, he began to realize that if he did not construct his machine *immediately*, he was likely to pay with his life! This led al-Hazen to the rather desperate measure of pretending to be insane, a ruse which he kept up for many years. Meanwhile he did excellent work in optics, and in this field he went far beyond

anything done by the Greeks.

Al-Hazen studied the reflection of light by the atmosphere, an effect which makes the stars appear displaced from their true positions when they are near the horizon; and he calculated the height of the atmospheric layer above the earth to be about ten miles. He also studied the rainbow, the halo, and the reflection of light from spherical and parabolic mirrors. In his book, *On the Burning Sphere*, he shows a deep understanding of the properties of convex lenses. Al-Hazen also used a dark room with a pin-hole opening to study the image of the sun during an eclipses. This is the first mention of the *camera obscura*, and it is perhaps correct to attribute the invention of the *camera obscura* to al-Hazen.

Another Islamic philosopher who had great influence on western thought was Averröes, who lived in Spain from 1126 to 1198. His writings took the form of thoughtful commentaries on the works of Aristotle. He shocked both his Moslem and his Christian readers by maintaining that the world was not created at a definite instant, but that it instead evolved over a long period of time, and is still evolving.

Like Aristotle, Averröes seems to have been groping towards the ideas of evolution which were later developed in geology by Steno, Hutton and Lyell and in biology by Darwin and Wallace. Much of the scholastic philosophy which developed at the University of Paris during the 13th century was aimed at refuting the doctrines of Averröes; but nevertheless, his ideas survived and helped to shape the modern picture of the world.

7.2 A few verses from the Quran

1. THE OPENING:
All praise is due to Allah, the Lord of the Worlds.
The Beneficent, the Merciful.
Master of the Day of Judgment.
Thee do we serve and Thee do we beseech for help.
Keep us on the right path.
The path of those upon whom Thou hast bestowed favors.
Not (the path) of those upon whom Thy wrath is brought down, nor of those who go astray.

107. ALMS
In the name of Allah, the Beneficent, the Merciful.
Have you considered him who calls the judgment a lie?
That is the one who treats the orphan with harshness,
And does not urge (others) to feed the poor.
So woe to the praying ones,
Who are unmindful of their prayers,
Who do (good) to be seen,
And withhold the necessaries of life.

109. THE DISBELIEVERS
In the name of Allah, the Beneficent, the Merciful.
Say: O unbelievers!
I do not serve that which you serve,
Nor do you serve Him Whom I serve:
Nor am I going to serve that which you serve,
Nor are you going to serve Him Whom I serve:
You shall have your religion and I shall have my religion.

112. THE UNITY
In the name of Allah, the Beneficent, the Merciful.
Say: He, Allah, is One.
Allah is He on Whom all depend.
He begets not, nor is He begotten.
And none is like Him.

113. THE DAWN
In the name of Allah, the Beneficent, the Merciful.
Say: I seek refuge in the Lord of the dawn,
From the evil of what He has created,
And from the evil of the utterly dark night when it comes,
And from the evil of those who blow on knots,
And from the evil of the envious when he envies.

114. THE PEOPLE
In the name of Allah, the Beneficent, the Merciful.
Say: I seek refuge in the Lord of men,
The King of men,
The God of men,
From the evil of the whisperings of the slinking (Shaitan),
Who whispers into the hearts of men,
From among the jinn and the men.

Figure 7.1: **Mosaics at the Alhambra**

Figure 7.2: **Mosaics at the Alhambra**

Figure 7.3: **The interior of the great mosque at Isfahan**

7.3 East-West exchanges in Toledo

In the 12th century, parts of Spain, including the city of Toledo, were reconquered by the Christians. Toledo had been an Islamic cultural center, and many Muslim scholars, together with their manuscripts, remained in the city when it passed into the hands of the Christians. Thus Toledo became a center for the exchange of ideas between east and west; and it was in this city that many of the books of the classical Greek and Hellenistic philosophers were translated from Arabic into Latin.

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In the 12th century, the translation was confined to books of science and philosophy. Classical Greek literature was forbidden by both the Christian and Moslem religions; and the beautiful poems and dramas of Homer, Sophocles and Euripides were not translated into Latin until the time of the Renaissance Humanists.

It is interesting and inspiring to visit Toledo. A tourist there can see ample evidence of a period of tolerance and enlightenment, when members of the three Abrahamic religions, Christianity, Judaism and Islam , lived side by side in harmony and mutual respect, exchanging important ideas which were to destined to become the foundations of our modern civilization. One can also see a cathedral, a mosque and a synagogue, in each of which craftsmen from all three faiths worked cooperatively to produce a beautiful monument to human solidarity.

Figure 7.4: **A view of Toledo**

Chapter 8

SAINT FRANCIS OF ASSISI

Figure 8.1: *Saint Francis preaching to the birds in a painting by Giotto (public domain).*

8.1 The life of Saint Francis

Saint Francis of Assisi was born in 1181 in the Italian hilltop town of Assisi. His father, Pietro di Bernardone, was a prosperous silk merchant, and his mother Pica de Bourlemont, was a noblewoman from Provence. Saint Francis was originally called Giovanni, but his father later renamed him Francesco because of his successful business dealings in France and his admiration for all things French.

After leading the ordinary (somewhat dissolute) life of a wealthy young man of that period, Saint Francis underwent a religious conversion, following which he renounced his inheritance and embraced a life of poverty. Although not ordained as a priest, he began teaching what he believed to be the true Christian message. He soon acquired a small group of followers, and he traveled with them to Rome to ask Pope Innocent III for permission to found a new religious order. During his life, Saint Francis founded three religious orders.

Saint Francis continued to preach, and is even said to have preached to birds and animals, whom he regarded as his sisters and brothers. His attitude towards nature can be seen in his "Canticle of the Sun":

8.2 *Canticle of the Sun*

Most High, all powerful, good Lord,
Yours are the praises, the glory, the honor,
and all blessing.

To You alone, Most High, do they belong,
and no man is worthy to mention Your name.

Be praised, my Lord, through all your creatures,
especially through my lord Brother Sun,
who brings the day; and you give light through him.
And he is beautiful and radiant in all his splendor!
Of you, Most High, he bears the likeness.

Praise be You, my Lord, through Sister Moon
and the stars, in heaven you formed them
clear and precious and beautiful.

Praised be You, my Lord, through Brother Wind,
and through the air, cloudy and serene,
and every kind of weather through which
You give sustenance to Your creatures.

Praised be You, my Lord, through Sister Water,

which is very useful and humble and precious and chaste.

Praised be You, my Lord, through Brother Fire,
through whom you light the night and he is beautiful
and playful and robust and strong.

Praised be You, my Lord, through Sister Mother Earth,
who sustains us and governs us and who produces
varied fruits with colored flowers and herbs.

Praised be You, my Lord,
through those who give pardon for Your love,
and bear infirmity and tribulation.

Blessed are those who endure in peace
for by You, Most High, they shall be crowned.

Praised be You, my Lord,
through our Sister Bodily Death,
from whom no living man can escape.

Woe to those who die in mortal sin.
Blessed are those whom death will
find in Your most holy will,
for the second death shall do them no harm.

Praise and bless my Lord,
and give Him thanks
and serve Him with great humility.

8.3 Canonization

Pope Gregory IX canonized Francis on 16 July 1228. Along with Saint Catherine of Sienna, he was designated Patron Saint of Italy. He later became associated with patronage of animals and the natural environment, and it became customary for Catholic and Anglican churches to hold ceremonies blessing animals on his feast day of 4 October.

8.4 *A prayer of Saint Francis*

Blessed is he who loves and does not therefore desire to be loved;
Blessed is he who fears and does not therefore desire to be feared;

Blessed is he who serves and does not therefore desire to be served;
Blessed is he who behaves well toward others and does not desire that others behave well toward him;

Saint Francis, friend of all life on earth, friend of the earth itself, true interpreter of Christian ethics, yours is a voice for nonviolence and peace!

Chapter 9

HENRY DAVID THOREAU

9.1 Simple life in harmony with nature

In the distant future (and perhaps even in the not-so-distant future) industrial civilization will need to abandon its relentless pursuit of unnecessary material goods and economic growth. Modern society will need to re-establish a balanced and harmonious relationship with nature. In preindustrial societies harmony with nature is usually a part of the cultural tradition. In our own time, the same principle has become central to the ecological counter-culture while the main-stream culture thunders blindly ahead, addicted to wealth, power and growth.

In the 19th century the American writer, Henry David Thoreau (1817-1862), pioneered the concept of a simple life, in harmony with nature. Today, his classic book, *Walden*, has become a symbol for the principles of ecology, simplicity, and respect for nature.

Thoreau was born in Concord Massachusetts, and he attended Harvard from 1833 to 1837. After graduation, he returned home, worked in his family's pencil factory, did odd jobs, and for three years taught in a progressive school founded by himself and his older brother, John. When John died of lockjaw in 1842, Henry David was so saddened that he felt unable to continue the school alone.

9.2 Nonviolent civil disobedience

Thoreau refused to pay his poll tax because of his opposition to the Mexican War and to the institution of slavery. Because of his refusal to pay the tax (which was in fact a very small amount) he spent a night in prison. To Thoreau's irritation, his family paid the poll tax for him and he was released. He then wrote down his ideas on the subject in an essay entitled *The Duty of Civil Disobedience*, where he maintains that each person has a duty to follow his own individual conscience even when it conflicts with the orders of his government.

In his essay, Thoreau said: "A common and natural result of an undue respect for law is that you may see a file of soldiers, colonel, captain, corporal, privates, powder-monkeys,

and all marching in admirable order over hill and dale to the wars, against their wills, ay, against their common sense and consciences, which makes it very steep marching indeed, and produces a palpitation of the heart. They have no doubt that it is a damnable business in which they are concerned; they are all peaceably inclined. Now, what are they? Men at all? or small movable forts and magazines, at the service of some unscrupulous man in power?"

"Under a government that which imprisons any unjustly", Thoreau wrote, "the true place for a just man is in prison." Civil Disobedience influenced Tolstoy, Gandhi and Martin Luther King, and it anticipated the Nuremberg Principles.

9.3 Thoreau, Emerson and the transcendentalist writers

Thoreau became the friend and companion of the transcendentalist writer Ralph Waldo Emerson (1803 1882), who introduced him to a circle of New England writers and thinkers that included Ellery Channing, Margaret Fuller and Nathaniel Hawthorne.

Nathaniel Hawthorne described Thoreau in the following words: "Mr. Thorow [sic] is a keen and delicate observer of nature, a genuine observer, which, I suspect, is almost as rare a character as even an original poet; and Nature, in return for his love, seems to adopt him as her especial child, and shows him secrets which few others are allowed to witness. He is familiar with beast, fish, fowl, and reptile, and has strange stories to tell of adventures, and friendly passages with these lower brethren of mortality. Herb and flower, likewise, wherever they grow, whether in garden, or wild wood, are his familiar friends. He is also on intimate terms with the clouds and can tell the portents of storms. It is a characteristic trait, that he has a great regard for the memory of the Indian tribes, whose wild life would have suited him so well; and strange to say, he seldom walks over a plowed field without picking up an arrow-point, a spear-head, or other relic of the red men, as if their spirits willed him to be the inheritor of their simple wealth."

Figure 9.1: **Henry David Thoreau (1817-1862). Daguerreotype by Benjamin D. Maxham, 1856).**

9.4 Walden, an experiment in simple living

At Emerson's suggestion, Thoreau opened a journal, in which he recorded his observations concerning nature and his other thoughts. Ultimately the journal contained more than 2 million words. Thoreau drew on his journal when writing his books and essays, and in recent years, many previously unpublished parts of his journal have been printed.

From 1845 until 1847, Thoreau lived in a tiny cabin that he built with his own hands. The cabin was in a second-growth forest beside Walden Pond in Concord, on land that belonged to Emerson. Thoreau regarded his life there as an experiment in simple living. He described his life in the forest and his reasons for being there in his book *Walden*,

"Most of the luxuries", Thoreau wrote, "and many of the so-called comforts of life, are not only not indispensable, but positive hindrances to the elevation of mankind. With respect to luxuries, the wisest have ever lived a more simple and meager life than the poor. The ancient philosophers, Chinese, Hindoo, Persian, and Greek, were a class than which none has been poorer in outward riches, none so rich in inward."

Elsewhere in "Walden", Thoreau remarks, "It is never too late to give up your prejudices", and he also says, "Why should we be in such desperate haste to succeed, and in such desperate enterprises? If a man does not keep pace with his companions, perhaps it is because he hears a different drummer." Other favorite quotations from Thoreau include "Rather than love, than money, than fame, give me truth", "Beware of all enterprises that require new clothes", "Most men lead lives of quiet desperation" and "Men have become tools of their tools."

Thoreau's closeness to nature can be seen from the following passage, written by his friend Frederick Willis, who visited him at Walden Pond in 1847, together with the Alcott family: "He was talking to Mr. Alcott of the wild flowers in Walden woods when, suddenly stopping, he said: 'Keep very still and I will show you my family.' Stepping quickly outside the cabin door, he gave a low and curious whistle; immediately a woodchuck came running towards him from a nearby burrow. With varying note, yet still low and strange, a pair of gray squirrels were summoned and approached him fearlessly. With still another note several birds, including two crows flew towards him, one of the crows nestling upon his shoulder. I remember that it was the crow resting close to his head that made the most vivid impression on me, knowing how fearful of man this bird is. He fed them all from his hand, taking food from his pocket, and petted them gently before our delighted gaze; and then dismissed them by different whistling, always strange and low and short, each wild thing departing instantly at hearing his special signal."

9.5 Thoreau's views on religion

Towards the end of his life, when he was very ill, someone asked Thoreau whether he had made his peace with God. "We never quarreled", he answered.

In an essay published by the Atlantic Monthly in 1853, Thoreau described a pine tree in Maine with the words: "It is as immortal as I am, and perchance will go to as high a heaven,

there to tower above me still." However, the editor (James Russell Lowell) considered the sentence to be blasphemous, and removed it from Thoreau's essay.

In one of his essays, Thoreau wrote: "If a man walk in the woods for love of them half of each day, he is in danger of being regarded as a loafer; but if he spends his whole day as a speculator, shearing off those woods and making the earth bald before her time, he is esteemed an industrious and enterprising citizen."

9.6 A few more things that Thoreau said

It is the beauty within us that makes it possible for us to recognize the beauty around us. The question is not what you look at, but what you see.

Simplify your life. Don't waste the years struggling for things that are unimportant. Don't burden yourself with possessions. Keep your needs and wants simple and enjoy what you have. Don't destroy your peace of mind by looking back, worrying about the past. Live in the present. Simplify!

Go confidently in the direction of your dreams. Live the life you've imagined.

Happiness is like a butterfly; the more you chase it, the more it will elude you, but if you turn your attention to other things, it will come and sit softly on your shoulder.

You must live in the present, launch yourself on every wave, find your eternity in each moment. Fools stand on their island of opportunities and look toward another land. There is no other land; there is no other life but this

Be not simply good, be good for something,

Books are the treasured wealth of the world and the fit inheritance of generations and nations.

If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them.

If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music he hears, however measured or far away.

The greatest compliment that was ever paid me was when one asked me what I thought, and attended to my answer.

We need the tonic of wildness...At the same time that we are earnest to explore and learn all things, we require that all things be mysterious and unexplorable, that land and sea be indefinitely wild, unsurveyed and unfathomed by us because unfathomable. We can never have enough of nature.

I see young men, my townsmen, whose misfortune it is to have inherited farms, houses, barns, cattle, and farming tools; for these are more easily acquired than got rid of. Better if they had been born in the open pasture and suckled by a wolf, that they might have seen with clearer eyes what field they were called to labor in.

A man is rich in proportion to the number of things which he can afford to let alone.

The man who goes alone can start today; but he who travels with another must wait till that other is ready

I would not have any one adopt my mode of living on any account; for, beside that before he has fairly learned it I may have found out another for myself, I desire that there may be as many different persons in the world as possible; but I would have each one be very careful to find out and pursue his own way, and not his father's or his mother's or his neighbor's instead. The youth may build or plant or sail, only let him not be hindered from doing that which he tells me he would like to do. It is by a mathematical point only that we are wise, as the sailor or the fugitive slave keeps the polestar in his eye; but that is sufficient guidance for all our life. We may not arrive at our port within a calculable period, but we would preserve the true course.

Be a Columbus to whole new continents and worlds within you, opening new channels, not of trade, but of thought.

I never found the companion that was so companionable as solitude.

For more than five years I maintained myself thus solely by the labor of my hands, and I found, that by working about six weeks in a year, I could meet all the expenses of living. The whole of my winters, as well as most of my summers, I had free and clear for study.

Perhaps we are led oftener by the love of novelty, and a regard for the opinions of men, in procuring it, than by a true utility.

Our inventions are wont to be pretty toys, which distract our attention from

serious things. They are but improved means to an unimproved end, an end which it was already but too easy to arrive at; as railroads lead to Boston or New York. We are in great haste to construct a magnetic telegraph from Maine to Texas; but Maine and Texas, it may be, have nothing important to communicate.

The grass flames up on the hillsides like a spring fire,–"et primitus oritur herba imbribus primoribus evocata,"–as if the earth sent forth an inward heat to greet the returning sun; not yellow but green is the color of its flame;–the symbol of perpetual youth, the grass-blade, like a long green ribbon, streams from the sod into the summer, checked indeed by the frost, but anon pushing on again, lifting its spear of last year's hay with the fresh life below.... So our human life but dies down to its root, and still puts forth its green blade to eternity.

I sometimes wonder that we can be so frivolous, I may almost say, as to attend to the gross but somewhat foreign form of servitude called Negro Slavery, there are so many keen and subtle masters that enslave both north and south. It is hard to have a southern overseer; it is worse to have a northern one; but worst of all when you are the slave-driver of yourself.

I learned this, at least, by my experiment: that if one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours.

Books are the treasured wealth of the world and the fit inheritance of generations and nations.

We need the tonic of wildness...At the same time that we are earnest to explore and learn all things, we require that all things be mysterious and unexplorable, that land and sea be indefinitely wild, unsurveyed and unfathomed by us because unfathomable. We can never have enough of nature.

Live in each season as it passes; breathe the air, drink the drink, taste the fruit, and resign yourself to the influence of the earth.

However mean your life is, meet it and live it; do not shun it and call it hard names. It is not so bad as you are. It looks poorest when you are richest. The fault-finder will find faults even in paradise. Love your life, poor as it is. You may perhaps have some pleasant, thrilling, glorious hours, even in a poorhouse. The setting sun is reflected from the windows of the almshouse as brightly as from the rich man's abode; the snow melts before its door as early in the spring. I do not see but a quiet mind may live as contentedly there, and have as cheering thoughts, as in a palace.

As if you could kill time without injuring eternity.

Heaven is under our feet as well as over our heads.

Every generation laughs at the old fashions, but follows religiously the new.

I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I had not lived.

The mass of men lead lives of quiet desperation. What is called resignation is confirmed desperation. From the desperate city you go into the desperate country, and have to console yourself with the bravery of minks and muskrats. A stereotyped but unconscious despair is concealed even under what are called the games and amusements of mankind. There is no play in them, for this comes after work. But it is a characteristic of wisdom not to do desperate things.

Here are a few quotations from Thoreau's essay *On the Duty of Civil Disobedience*

Let every man make known what kind of government would command his respect, and that will be one step toward obtaining it.

After all, the practical reason why, when the power is once in the hands of the people, a majority are permitted, and for a long period continue, to rule, is not because they are most likely to be in the right, nor because this seems fairest to the minority, but because they are physically the strongest. But a government in which the majority rule in all cases can not be based on justice, even as far as men understand it. Can there not be a government in which the majorities do not virtually decide right and wrong, but conscience? - in which majorities decide only those questions to which the rule of expediency is applicable? Must the citizen ever for a moment, or in the least degree, resign his conscience to the legislator? Why has every man a conscience, then? I think that we should be men first, and subjects afterward. It is not desirable to cultivate a respect for the law, so much as for the right. The only obligation which I have a right to assume, is to do at any time what I think right. It is truly enough said that a corporation has no conscience; but a corporation of conscientious men is a corporation with a conscience. Law never made men a whit more just; and, by means of their respect for it, even the well-disposed are daily made the agents of injustice. A common and natural result of an undue respect for the law is, that you may see a file of soldiers, colonel, captain, corporal, privates, powder-monkeys and all, marching in admirable order over

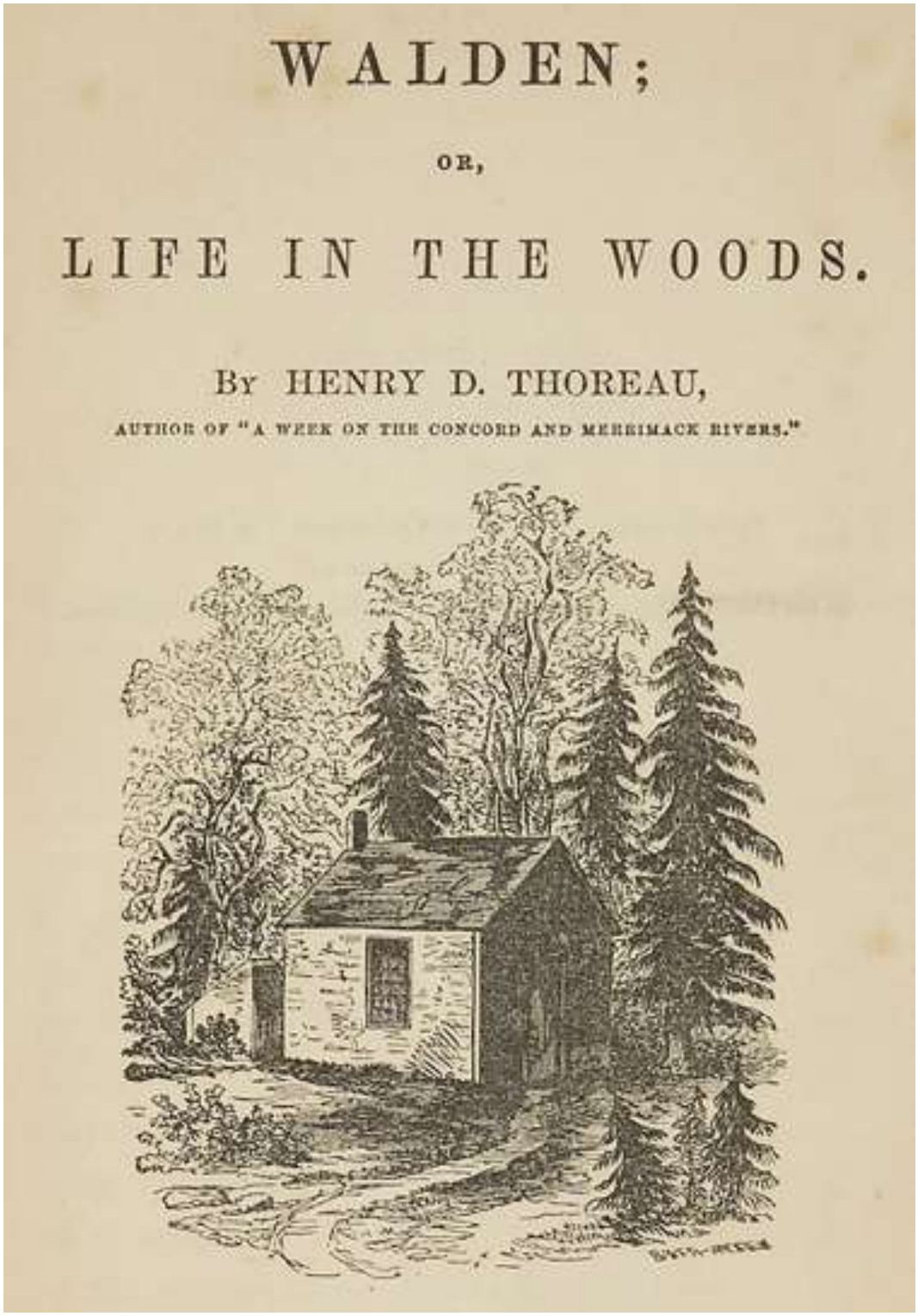

Figure 9.2: **The frontpiece of Thoreau's book, *Walden*.**

Figure 9.3: **A portrait of Ralph Waldo Emerson by Eastman Johnson, 1856. Expressing ideas that he would later develop in his his famous essay *Nature*, Emerson wrote, "Nature is a language and every new fact one learns is a new word; but it is not a language taken to pieces and dead in the dictionary, but the language put together into a most significant and universal sense. I wish to learn this language, not that I may know a new grammar, but that I may read the great book that is written in that tongue."**

Figure 9.4: **Walden Pond, as it looks today. The small cabin which Thoreau built with his own hands was near to the pond. Today Walden has become a place of pilgrimage for the environmental movement. Thoreau's complete *Journals*, which are in fact his major work, have today been published. They contain roughly seven thousand pages, and two million words.**

hill and dale to the wars, against their wills, aye, against their common sense and consciences, which makes it very steep marching indeed, and produces a palpitation of the heart. They have no doubt that it is a damnable business in which they are concerned; they are all peaceably inclined. Now, what are they? Men at all? or small movable forts and magazines, at the service of some unscrupulous man in power? Visit the Navy Yard, and behold a marine, such a man as an American government can make, or such as it can make a man with its black arts, a mere shadow and reminiscence of humanity, a man laid out alive and standing, and already, as one may say, buried under arms with funeral accompaniment, though it may be...

Unjust laws exist: shall we be content to obey them, or shall we endeavor to amend them, and obey them until we have succeeded, or shall we transgress them at once? Men generally, under such a government as this, think that they ought to wait until they have persuaded the majority to alter them. They think that, if they should resist, the remedy would be worse than the evil. But it is the fault of the government itself that the remedy is worse than the evil. It makes it worse. Why is it not more apt to anticipate and provide for reform? Why does it not cherish its wise minority? Why does it cry and resist before it is hurt? Why does it not encourage its citizens to be on the alert to point out its faults, and do better than it would have them? Why does it always crucify Christ, and excommunicate Copernicus and Luther, and pronounce Washington and Franklin rebels?...

Under a government which imprisons any unjustly, the true place for a just man is also a prison.

Thoreau's essay "On the Duty of Civil Disobedience" influenced Mahatma Gandhi and Rev. Martin Luther King Jr. Here are Dr. King's words about Thoreau's essay:

Here, in this courageous New Englander's refusal to pay his taxes and his choice of jail rather than support a war that would spread slavery's territory into Mexico, I made my first contact with the theory of nonviolent resistance. Fascinated by the idea of refusing to cooperate with an evil system, I was so deeply moved that I reread the work several times. I became convinced that noncooperation with evil is as much a moral obligation as is cooperation with good. No other person has been more eloquent and passionate in getting this idea across than Henry David Thoreau. As a result of his writings and personal witness, we are the heirs of a legacy of creative protest. The teachings of Thoreau came alive in our civil rights movement; indeed, they are more alive than ever before. Whether expressed in a sit-in at lunch counters, a freedom ride into Mississippi, a peaceful protest in Albany, Georgia, a bus boycott in Montgomery, Alabama, these are outgrowths of Thoreau's insistence that evil

must be resisted and that no moral man can patiently adjust to injustice.

Suggestions for further reading

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2. Allen, Francis H. *A Bibliography of Henry David Thoreau. Boston: Houghton Mifflin*, (1908)
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Chapter 10

COUNT LEO TOLSTOY

Leo Tolstoy was born in 1828. While he was still a child, his parents died, and he became Count Tolstoy, with responsibility for the family estate at Yasnaya Polyana. As a young man, he was attracted to the gay and worldly social life of Moscow, but his diary during this period shows remorse over his pursuit of sensual pleasures. Disgusted with himself, he entered the army, and during idle periods he began his career as a writer. While still a soldier, he published a beautiful nostalgic work entitled "Childhood" as well as a number of skillful stories describing army life.

10.1 Schools and textbooks for peasants

At the age of 28, Tolstoy left the army and spent a brief period as a literary idol in St. Petersburg. He then became concerned about lack of education among Russian peasants, and he traveled widely in Europe, studying educational theory and methods. Returning to Yasnaya Polyana, he established schools for the peasants, published an educational magazine and compiled a number of textbooks whose simplicity and attractiveness anticipated modern teaching methods.

10.2 Tolstoy's great novels

Tolstoy married in 1862 at the age of 34. His wife, Sonya Bers, shared his wide intellectual interests, and they had a happy family life with thirteen children1 . During this period, Tolstoy managed his estate with much success, and he produced his great literary masterpieces "War and Peace" and "Anna Karenina". He modeled the characters in "War and Peace" after members of his own family. For example, Tolstoy's famous heroine, Natassia, is modeled after his sister-in-law, Tanya Bers. Pierre in "War and Peace" and Levin in "Anna Karenina" reflect Tolstoy's own efforts to understand the meaning of life, his concern with the misery of the Russian peasants, and his ultimate conclusion that true happiness and peace of mind can only be found in a simple life devoted to the service of others.

10.3 Search for life's meaning

By the time Tolstoy had finished "Anna Karenina", he had become very dissatisfied with the life that he was leading. Despite having achieved in great measure all of the goals for which humans usually strive, he felt that his existence lacked meaning; and in 1879 he even contemplated suicide. He looked for life's purpose by systematically studying the writings of scientists and philosophers, but he could not find an answer there that satisfied him.

Finally Tolstoy found inspiration in the humble and devout lives of the peasants. He decided that the teachings of Jesus, as recorded in the New Testament, could provide the answer for which he was searching. Tolstoy published an account of his spiritual crisis in a book entitled "A Confession", in which he says:

"I searched for enlightenment everywhere in the hard-won accumulated knowledge of mankind. I searched passionately and long, not in a lazy way, but with my whole soul, day and night. I searched like a drowning man looking for safety - and found nothing. I searched all the sciences, and not only did I find nothing, but I also came to the conclusion that everyone who, like myself, had searched in the sciences for life's meaning had also found nothing."

"I then diligently studied the teachings of Buddhism and Islam in the holy books of those religions; but most of all I studied Christianity as I met it in the holy Scriptures and in the living Christians around me..."

10.4 Love for the poor

"I began to approach the believers among the poor, simple ignorant people: pilgrims, monks and peasants... The whole life of Christians of our own circle seemed to be a contradiction of their faith. By contrast, the whole life of Christians of the peasant class was an affirmation of the view of life which their religious faith gave to them. I looked more and more deeply into the faith of these people, and the more deep my insight became, the more I became convinced that they had a genuine belief, that their faith was essential to them, and that it was their faith alone which gave their life a meaning and made it possible for them to live... I developed a love for these simple people."

Moved by the misery of the urban poor whom he encountered in the slums of Moscow, Tolstoy wrote: "Between us, the rich and the poor, there is a wall of false education, and before we can help the poor, we must first tear down that wall. I was forced to the conclusion that our own wealth is the true cause of the misery of the poor."

10.5 What Then Must We Do?

Tolstoy's book, "What Then Must We Do?", tells of his experiences in the slums and analyses the causes of poverty. Tolstoy felt that the professed Christian belief of the Czarist state was a thin cosmetic layer covering a structure that was fundamentally built on violence. Violence was used to maintain a huge gap between the rich and the poor, and

violence was used in international relations. Tolstoy felt especially keenly the contradiction between Christianity and war. In a small book entitled "The Kingdom of God is Within Us" he wrote:

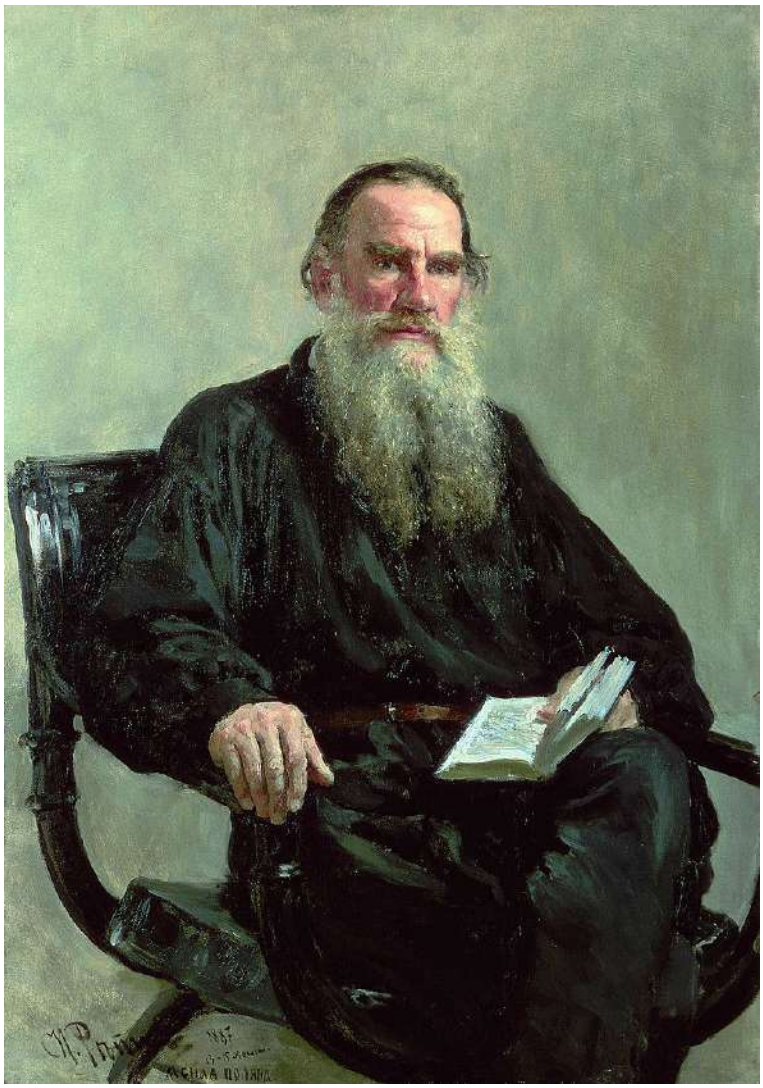

Figure 10.1: **Portrait of Count Leo Tolstoy made in 1887 by Ilia Repin. Public domain, Wikimedia Commons**

10.6 The contradiction between Christianity and war

"All other contradictions are insignificant compared with the contradiction which now faces humankind in international relations, and which cries out for a solution, since it brings the very existence of civilization into danger. This is the contradiction between the Christian conscience and war."

"All of the Christian peoples of the world, who all follow one and the same spiritual life, so that any good and fruitful thought which is put forward in any corner of the world is immediately communicated to all of Christiandom, where it arouses feelings of pride and happiness in us regardless of our nationality; we who simply love the thinkers, humanitarians, and poets of other countries; we who not only admire their achievements, but also feel delight in meeting them and greet them with friendly smiles; we will all be forced by the state to participate in a murderous war against these same people, a war which if it does not break out today will do so tomorrow."

"...The sharpest of all contradictions can be seen between the government's professed faith in the Christian law of the brotherhood of all humankind, and the military laws of the state, which force each young man to prepare himself for enmity and murder, so that each must be simultaneously a Christian and a gladiator."

10.7 Banned and excommunicated

Tolstoy's writings on Christianity and on social questions were banned by the public censor, and he was excommunicated from the Russian Orthodox Church. However, his universally recognized stature as one of the world's greatest writers was undiminished, and his beliefs attracted many followers, both inside and outside of Russia.

10.8 Tolstoy and Gandhi

In 1894, the young Indian lawyer, Mohandas K. Gandhi, (who was then working for the civil rights of Indians in South Africa), read Tolstoy's books on Christianity and was greatly influenced by them. Gandhi wrote a review of "The Kingdom of God is Within Us", and in 1909 he sent Tolstoy an account of the activities of the civil rights movement in South Africa. He received a reply in which Tolstoy said:

"...The longer I live, and especially now, when I vividly feel the nearness of death, the more I want to tell others what I feel so particularly clearly and what to my mind is of great importance, namely that which is called passive resistance, but which is in reality nothing else but the teaching of love, uncorrupted by false interpretations. That love, i.e. the striving for the union of human souls and the activity derived from that striving, is the highest and only law of human life, and in the depth of his soul every human being knows this (as we most clearly see in children); he knows this until he is entangled in the false teachings of the world. This law was proclaimed by all, by the Indian as by the Chinese,

Hebrew, Greek and Roman sages of the world. I think that this law was most clearly expressed by Christ, who plainly said that in this alone is all the law and the prophets..."

"...The peoples of the Christian world have solemnly accepted this law, while at the same time they have permitted violence and built their lives on violence; and that is why the whole life of the Christian peoples is a continuous contradiction between what they profess, and the principles on which they order their lives - a contradiction between love accepted as the law of life, and violence which is recognized and praised, acknowledged even as a necessity in different phases of life, such as the power of rulers, courts, and armies..."

10.9 Nonviolent resistance to governmental violence

Tolstoy believed that violence can never under any circumstances be justified, and that therefore an individual's resistance to governmental violence must be passive and non-violent. He also believed that each individual ought to reduce his needs to a minimum in order to avoid exploiting the labor of others.

Tolstoy gave up meat, alcohol, tobacco, and hunting. He began to clean his own room, wore simple peasant clothes, worked in the fields, and made his own boots. He participated in famine relief, and he would have liked to give away all of his great wealth to feed the poor, but bowing to the protests of his family, he gave his wealth to them instead. Because he had been unable to convert his family to his beliefs, Tolstoy left home secretly on a November night in 1910, accompanied, like King Lear, by his youngest daughter. He died of pneumonia a few days later at a remote railway junction.

GANDHI'S MESSAGE FOR TODAY'S WORLD

If humans are ever to achieve a stable global society in the future, they will have to become much more modest in their economic behavior and much more peaceful in their politics. For both modesty and peace, Gandhi is a useful source of ideas. The problems with which he struggled during his lifetime are extremely relevant to us in the 21st Century, when both nuclear and ecological catastrophes threaten the world.

Avoiding escalation of conflicts

Today we read almost every day of killings that are part of escalating cycles of revenge and counter-revenge, for example in the Middle East. Gandhi's experiences both in South Africa and in India convinced him that such cycles could only be ended by unilateral acts of kindness and understanding from one of the parties in a conflict. He said, "An eye for an eye makes the whole world blind".

To the insidious argument that "the end justifies the means", Gandhi answered firmly: "They say that 'means are after all means'. I would say that 'means are after all everything'. As the means, so the end. Indeed, the Creator has given us limited power over means, none over end... The means may be likened to a seed, and the end to a tree; and there is the same inviolable connection between the means and the end as there is between the seed and the tree. Means and end are convertible terms in my philosophy of life."

Gandhi studies law in England

Mohandas Karamchand Gandhi was born in 1869 in Porbandar, India. His family belonged to the Hindu caste of shopkeepers. (In Gujarati "Gandhi" means "grocer".) However, the family had risen in status, and Gandhi's father, grandfather, and uncle had all served as prime ministers of small principalities in western India.

In 1888, Gandhi sailed for England, where he spent three years studying law at the Inner Temple in London. Before he left India, his mother had made him take a solemn oath not to touch women, wine, or meat. He thus came into contact with the English vegetarians, who included Sir Edward Arnold (translator of the Bhagavad Gita), the Theosophists Madame Blavatski and Annie Besant, and the Fabians. Contact with this idealistic group of social critics and experimenters helped to cure Gandhi of his painful shyness, and it also developed his taste for social reform and experimentation.

South Africa

Gandhi's exceptionally sweet and honest character won him many friends in England, and he encountered no racial prejudice at all. However, when he traveled to Pretoria in South Africa a few years later, he experienced racism in its worst form. Although he was meticulously well dressed in an English frock coat, and in possession of a first-class ticket, Gandhi was given the choice between traveling third class or being thrown off the train.

(He chose the second alternative.) Later in the journey he was beaten by a coach driver because he insisted on his right to sit as a passenger rather than taking a humiliating position on the footboard of the coach.

The legal case which had brought Gandhi to South Africa was a dispute between a wealthy Indian merchant, Dada Abdullah Seth, and his relative, Seth Tyeb (who had refused to pay a debt of 40,000 pounds, in those days a huge sum). Gandhi succeeded in reconciling these two relatives, and he persuaded them to settle their differences out of court. Later he wrote about this experience:

"Both were happy with this result, and both rose in public estimation. My joy was boundless. I had learnt the true practice of law. I had learnt to find out the better side of human nature and to enter men's hearts. I realized that the true function of a lawyer was to unite parties riven asunder. The lesson was so indelibly burnt into me that a large part of my time during my twenty years of practice as a lawyer was occupied in bringing about compromises of hundreds of cases. I lost nothing thereby - not even money, certainly not my soul."

Gandhi was about to return to India after the settlement of the case, but at a farewell party given by Abdullah Seth, he learned of a bill before the legislature which would deprive Indians in South Africa of their right to vote. He decided to stay and fight against the bill.

Gandhi spent the next twenty years in South Africa, becoming the leader of a struggle for the civil rights of the Indian community. In this struggle he tried "...to find the better side of human nature and to enter men's hearts." Gandhi's stay in England had given him a glimpse of English liberalism and English faith in just laws. He felt confident that if the general public in England could be made aware of gross injustices in any part of the British Empire, reform would follow. He therefore organized non-violent protests in which the protesters sacrificed themselves so as to show as vividly as possible the injustice of an existing law. For example, when the government ruled that Hindu, Muslim and Parsi marriages had no legal standing, Gandhi and his followers voluntarily went to prison for ignoring the ruling.

Gandhi used two words to describe this form of protest: "satyagraha" (the force of truth) and "ahimsa" (non-violence). Of these he later wrote: "I have nothing new to teach the world. Truth and non-violence are as old as the hills. All that I have done is to try experiments in both on as vast a scale as I could. In so doing, I sometimes erred and learnt by my errors. Life and its problems have thus become to me so many experiments in the practice of truth and non-violence."

In his autobiography, Gandhi says: "Three moderns have left a deep impression on my life and captivated me: Raychandbhai (the Indian philosopher and poet) by his living contact; Tolstoy by his book 'The Kingdom of God is Within You'; and Ruskin by his book 'Unto This Last'."

Ruskin's book, "Unto This Last", which Gandhi read in 1904, is a criticism of modern industrial society. Ruskin believed that friendships and warm interpersonal relationships are a form of wealth that economists have failed to consider. He felt that warm human contacts are most easily achieved in small agricultural communities, and that therefore the modern tendency towards centralization and industrialization may be a step backward

Figure 10.2: **Gandhi and his wife Kasturbhai in 1902.**

in terms of human happiness. While still in South Africa, Gandhi founded two religious Utopian communities based on the ideas of Tolstoy and Ruskin. Phoenix Farm (1904) and Tolstoy Farm (1910). At this time he also took an oath of chastity ("bramacharya"), partly because his wife was unwell and he wished to protect her from further pregnancies, and partly in order to devote himself more completely to the struggle for civil rights.

The struggle for Indian independence

Because of his growing fame as the leader of the Indian civil rights movement in South Africa, Gandhi was persuaded to return to India in 1914 and to take up the cause of Indian home rule. In order to reacquaint himself with conditions in India, he traveled tirelessly, now always going third class as a matter of principle.

During the next few years, Gandhi worked to reshape the Congress Party into an organization which represented not only India's Anglicized upper middle class but also the millions of uneducated villagers who were suffering under an almost intolerable burden of poverty and disease. In order to identify himself with the poorest of India's people, Gandhi began to wear only a white loincloth made of rough homespun cotton. He traveled to the remotest villages, recruiting new members for the Congress Party, preaching non-violence and "firmness in the truth", and becoming known for his voluntary poverty and humility. The villagers who flocked to see him began to call him "Mahatma" (Great Soul).

Disturbed by the spectacle of unemployment and poverty in the villages, Gandhi urged the people of India to stop buying imported goods, especially cloth, and to make their own. He advocated the reintroduction of the spinning wheel into village life, and he often spent some hours spinning himself. The spinning wheel became a symbol of the Indian independence movement, and was later incorporated into the Indian flag.

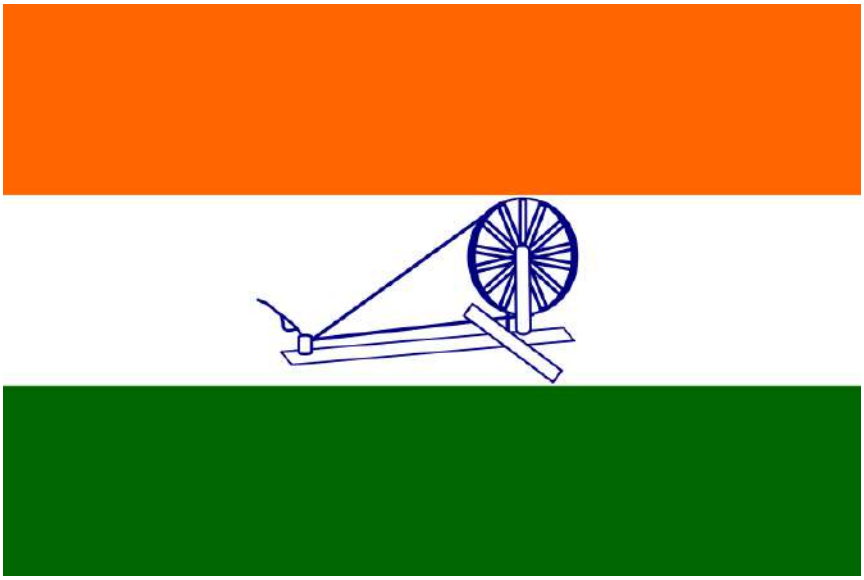

Figure 10.3: **Gandhi's spinning wheel was incorporated into the flag of the Congress Party and later into the national flag of an independent India.**

The movement for boycotting British goods was called the "Swadeshi movement". The word Swadeshi derives from two Sanskrit roots: *Swa*, meaning self, and *Desh*, meaning country. Gandhi described Swadeshi as "a call to the consumer to be aware of the violence he is causing by supporting those industries that result in poverty, harm to the workers and to humans or other creatures."

Gandhi tried to reconstruct the crafts and self-reliance of village life that he felt had been destroyed by the colonial system. "I would say that if the village perishes India will perish too", he wrote, "India will be no more India. Her own mission in the world will get lost. The revival of the village is only possible when it is no more exploited. Industrialization on a mass scale will necessarily lead to passive or active exploitation of the villagers as problems of competition and marketing come in. Therefore we have to concentrate on the village being self-contained, manufacturing mainly for use. Provided this character of the village industry is maintained, there would be no objection to villagers using even the modern machines that they can make and can afford to use. Only they should not be used as a means of exploitation by others."

"You cannot build nonviolence on a factory civilization, but it can be built on self-contained villages... Rural economy as I have conceived it, eschews exploitation altogether, and exploitation is the essence of violence... We have to make a choice between India of the villages that are as ancient as herself and India of the cities which are a creation of foreign domination..."

"Machinery has its place; it has come to stay. But it must not be allowed to displace necessary human labour. An improved plow is a good thing. But if by some chances, one man could plow up, by some mechanical invention of his, the whole of the land of India,

and control all the agricultural produce, and if the millions had no other occupation, they would starve, and being idle, they would become dunces, as many have already become. There is hourly danger of many being reduced to that unenviable state."

In these passages we see Gandhi not merely as a pioneer of nonviolence; we see him also as an economist. Faced with misery and unemployment produced by machines, Gandhi tells us that social goals must take precedence over blind market mechanisms. If machines are causing unemployment, we can, if we wish, use labor-intensive methods instead. With Gandhi, the free market is not sacred - we can do as we wish, and maximize human happiness, rather than maximizing production and profits.

Gandhi also organized many demonstrations whose purpose was to show the British public that although the British raj gave India many benefits, the toll exacted was too high, not only in terms of money, but also in terms of India's self-respect and self-sufficiency. All of Gandhi's demonstrations were designed to underline this fact. For example, in 1930 Gandhi organized a civil-disobedience campaign against the salt laws. The salt laws gave the Imperial government a monopoly and prevented Indians from making their own salt by evaporating sea water. The majority of Indians were poor farmers who worked long hours in extreme heat, and salt was as much a necessity to them as bread. The tax on salt was essentially a tax on the sweat of the farmers.

Before launching his campaign, Gandhi sent a polite letter to the Viceroy, Lord Irwin, explaining his reasons for believing that the salt laws were unjust, and announcing his intention of disregarding them unless they were repealed. Then, on March 12 1930, Gandhi and many of his followers, accompanied by several press correspondents, started on a march to the sea to carry out their intention of turning themselves into criminals by making salt. Every day, Gandhi led the procession about 12 miles, stopping at villages in the evenings to hold prayer meetings. Many of the villagers joined the march, while others cast flower petals in Gandhi's path or sprinkled water on his path to settle the dust.

On April 5 the marchers arrived at the sea, where they spent the night in prayer on the beach. In the morning they began to make salt by wading into the sea, filling pans with water, and letting it evaporate in the sun. Not much salt was made in this way, but Gandhi's action had a strong symbolic power. A wave of non-violent civil disobedience demonstrations swept over India, so extensive and widespread that the Imperial government, in danger of losing control of the country, decided to arrest as many of the demonstrators as possible. By midsummer, Gandhi and a hundred thousand of his followers were in prison, but nevertheless the civil disobedience demonstrations continued.

In January, 1931, Gandhi was released from prison and invited to the Viceroy's palace to talk with Lord Irwin. They reached a compromise agreement: Gandhi was to call off the demonstrations and would attend a Round Table Conference in London to discuss Indian home rule, while Lord Irwin agreed to release the prisoners and would change the salt laws so that Indians living near to the coast could make their own salt.

The salt march was typical of Gandhi's non-violent methods. Throughout the demonstrations he tried to maintain a friendly attitude towards his opponents, avoiding escalation of the conflict. Thus at the end of the demonstrations, the atmosphere was one in which a fair compromise solution could be reached. Whenever he was in prison, Gandhi regarded

his jailers as his hosts. Once, when he was imprisoned in South Africa, he used the time to make a pair of sandals, which he sent to General Smuts, the leader of the South African government. Thus Gandhi put into practice the Christian principle, "Love your enemies; do good to them that hate you."

Mahatma Gandhi's message for us today

Gandhi's importance lies in the fact that he was a major political leader who sincerely tried to put into practice the ethical principles of religion. In his autobiography Gandhi says: "I can say without the slightest hesitation, and yet with all humility, that those who say that religion has nothing to do with politics do not know what religion means."

Gandhi believed that human nature is essentially good, and that it is our task to find and encourage whatever is good in the character of others. During the period when he practiced as a lawyer, Gandhi's aim was "to unite parties riven asunder," and this was also his aim as a politician. In order for reconciliation to be possible in politics, it is necessary to avoid escalation of conflicts. Therefore Gandhi used non-violent methods, relying only on the force of truth. "It is my firm conviction," he wrote, "that nothing can be built on violence."

To the insidious argument that "the end justifies the means," Gandhi answered firmly: "They say 'means are after all means'. I would say 'means are after all everything'. As the means, so the end. Indeed the Creator has given us control (and that very limited) over means, none over end. ... The means may be likened to a seed, and the end to a tree; and there is the same inviolable connection between the means and the end as there is between the seed and the tree. Means and end are convertible terms in my philosophy of life." In other words, a dirty method produces a dirty result; killing produces more killing; hate leads to more hate. But there are positive feedback loops as well as negative ones. A kind act produces a kind response; a generous gesture is returned; hospitality results in reflected hospitality. Hindus and Buddhists call this principle "the law of karma".

Gandhi believed that the use of violent means must inevitably contaminate the end achieved. Because Gandhi's methods were based on love, understanding, forgiveness and reconciliation, the non-violent revolution which he led left very little enmity in its wake. When India finally achieved its independence from England, the two countries parted company without excessive bitterness. India retained many of the good ideas which the English had brought - for example the tradition of parliamentary democracy - and the two countries continued to have close cultural and economic ties.

Gandhi's insight can be applied to the argument that the nuclear bombings that destroyed Hiroshima and Nagasaki helped to end World War II and were therefore justified. In fact, these terrible events lead to a nuclear arms race that still casts an extremely dark shadow over the future of human civilization. Here, as in every other case, the end did not justify the means. The end achieved was contaminated by the means used to achieve it.

Today, as in Gandhi's lifetime, we need a revolution. We need to end the institution of war. We need to restore democracy in our own countries when it has been replaced by oligarchy. We need to act promptly to prevent catastrophic climate change, thermonuclear

war and a large-scale global famine. But this revolution must be a non-violent one, like Ghandi's revolutions in South Africa and India.

We must stop using material possessions for social competition

Mahatma Gandhi was assassinated by a Hindu extremist on January 30, 1948. After his death, someone collected and photographed all his worldly goods. These consisted of a pair of glasses, a pair of sandals and a white homespun loincloth. That was all. Here, as in the Swadeshi movement, we see Gandhi as a pioneer of economics. He deliberately reduced his possessions to an absolute minimum in order to demonstrate that there is no connection between personal merit and material goods. Like Veblen, Mahatma Gandhi told us that we must stop using material goods as a means of social competition. We must start to judge people not by what they have, but by what they are.

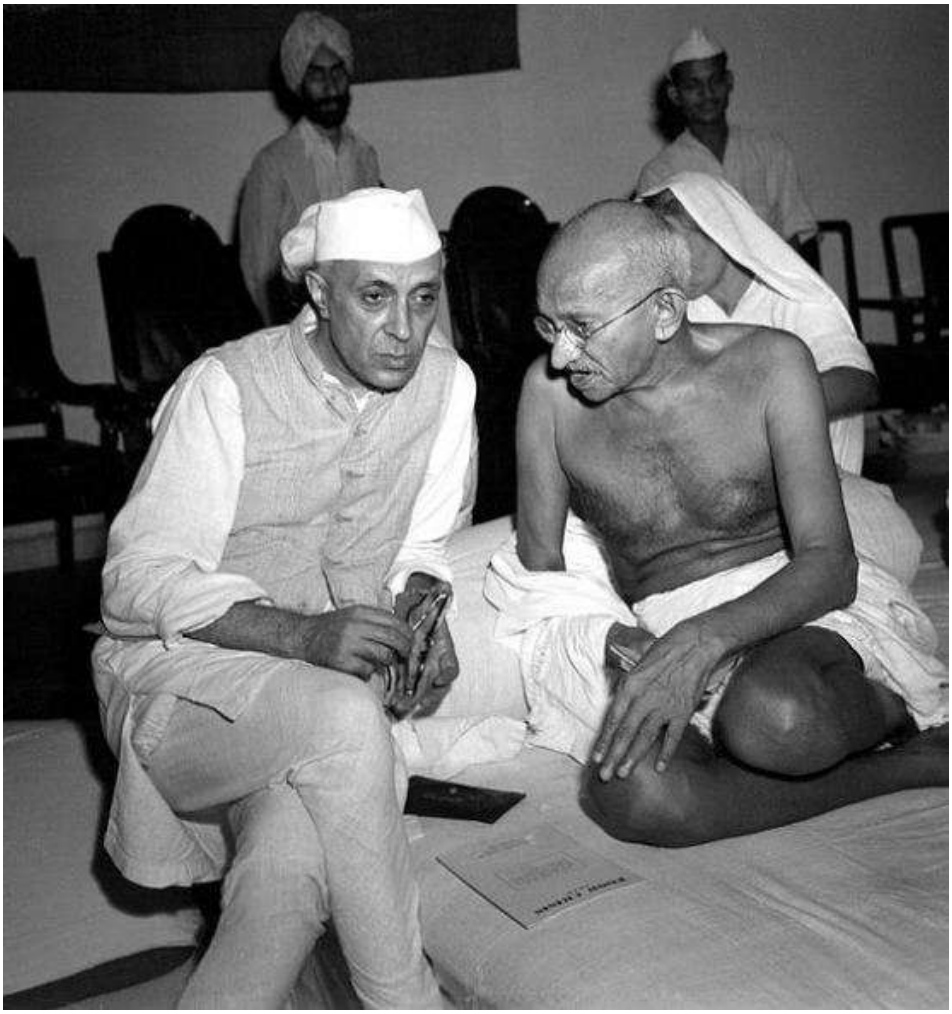

Figure 10.4: **Gandhi and Nehru at a meeting of the Congress Party. After India gained its independence, it was Nehru's vision of an urbanized and industrialized India that prevailed. Ghandi's much more sustainable vision of "India of villages" was lost. (Wikimedia Commons)**

Chapter 11

MARTIN LUTHER KING

11.1 King applies the teachings of Thoreau and Gandhi to Civil Rights

The son of a southern Baptist minister, Martin Luther King, Jr received his Ph.D. in theology from Boston University in 1955. During his studies, he had admired Thoreau's essay "On the Duty of Civil Disobedience," and he had also been greatly moved by the life and teachings of Mahatma Gandhi.

Martin Luther King Jr. had been pastor of the Dexter Avenue Baptist Church in Montgomery Alabama for only a year when he was chosen to lead a boycott protesting segregation in the Montgomery buses. Suddenly thrust into this situation of intense conflict, he remembered both the Christian principle of loving one's enemies and Gandhi's methods of non-violent protest. In his first speech as President of the Montgomery Improvement Association (a speech which the rapid pace of events had forced him to prepare in only twenty minutes, five of which he spent in prayer), he said:

"Our method will be that of persuasion, not coercion. We will only say to people, 'Let your conscience be your guide'. Our actions must be guided by the deepest principles of our Christian faith. Love must be our regulating ideal. Once again we must hear the words of Jesus echoing across the centuries: 'Love your enemies, bless them that curse you, and pray for them that despitefully use you.' If we fail to do this, our protest will end up as a meaningless drama on the stage of history, and its memory will be shrouded by the ugly garments of shame. In spite of the mistreatment that we have confronted, we must not become bitter and end up by hating our white brothers. As Booker T. Washington said, 'Let no man pull you down so low as to make you hate him.'"

"If you will protest courageously, and yet with dignity and Christian love, when the history books are written in future generations, the historians will have to pause and say, 'There lived a great people, a black people, who injected new meaning and dignity into the veins of civilization.' This is our challenge and our overwhelming responsibility."

11.2 Victory in the court of public opinion

This speech, which Dr. King made in December 1955, set the tone of the black civil rights movement. Although the protesters against racism were often faced with brutality and violence; although many of them, including Dr. King were unjustly jailed; although the homes of the leaders were bombed; although they constantly received telephone calls threatening their lives; although many civil rights workers were severely beaten, and several of them killed, they never resorted to violence in their protests against racial discrimination. Because of this adherence to Christian ethics, public opinion shifted to the side of the civil rights movement, and the United States Supreme Court ruled bus segregation to be unconstitutional.

11.3 Welcomed to India by Nehru

In 1959, while recovering from an almost-fatal stabbing, Martin Luther King Jr. visited India at the invitation of Prime Minister Jawaharlal Nehru. Dr. King and his wife Coretta were warmly welcomed by Nehru, who changed his schedule in order to meet them. They had an opportunity to visit a religious community or "ashram" that Gandhi had founded, and they discussed non-violence with many of Gandhi's disciples.

11.4 King is awarded the Nobel Peace Prize

In 1964, the change in public opinion produced by the non-violent black civil rights movement resulted in the passage of the civil rights act. In the same year, Dr. King was awarded the Nobel Peace Prize. He accepted it, not as an individual, but on behalf of all civil rights workers; and he immediately gave all the prize money to the movement.

11.5 Opposition to the Viet Nam War

In 1967, a year before his assassination, Dr. King forcefully condemned the Viet Nam war in an address at a massive peace rally in New York City. He felt that opposition to war followed naturally from his advocacy of non-violence. Speaking against the Viet Nam War, Dr. King said: "We have corrupted their women and children and killed their men. They move sadly and apathetically as we herd them off the land of their fathers into concentration camps where minimal social needs are rarely met. They know they must move on or be destroyed by our bombs ... primarily women and children and the aged watch as we poison their water, as we kill a million acres of their crops. They must weep as the bulldozers roar through their areas preparing to destroy the precious trees. They wander into the hospitals. So far we may have killed a million of them, [in Vietnam by 1967] mostly children. They wander into the towns and see thousands of the children, homeless, without clothes, running in packs on the streets like animals. They see the

children degraded by our soldiers as they beg for food. They see the children selling their sisters to our soldiers, soliciting for their mothers."

11.6 Opposition to nuclear weapons

In his book, "Strength to Love", Dr. King wrote,"Wisdom born of experience should tell us that war is obsolete. There may have been a time when war served a negative good by preventing the spread of an evil force, but the power of modern weapons eliminates even the possibility that war may serve as a negative good. If we assume that life is worth living, and that man has a right to survival, then we must find an alternative to war ... I am convinced that the Church cannot be silent while mankind faces the threat of nuclear annihilation. If the church is true to her mission, she must call for an end to the nuclear arms race."

Figure 11.1: **Martin Luther King Jr. speaking in Washington. Source: American Civil Liberties Union of Virginia, acluva.org**

11.7 Assassination

On April 4, 1968, Dr. King was shot and killed. A number of people, including members of his own family, believe that he was killed because of his opposition to the Viet Nam War. This conclusion is supported by the result of a 1999 trial initiated by members of the King family. Summing up the arguments to the jury, the family's lawyer said "We are dealing in conspiracy with agents of the City of Memphis and the governments of the State of Tennessee and the United States of America. We ask that you find that a conspiracy existed." After two and a half hour's deliberation, the jury found that Lloyd Jowers and "others, including governmental agencies, were parties to this conspiracy". The verdict of the jury remains judicially valid today, and it has never been overturned in a court of law, although massive efforts have been made to discredit it.

11.8 Redemptive love

Concerning the Christian principle of loving one's enemies, Dr. King wrote: "Why should we love our enemies? Returning hate for hate multiplies hate, adding deeper darkness to a night already devoid of stars. Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate. Only love can do that ... Love is the only force capable of transforming an enemy into a friend. We never get rid of an enemy by meeting hate with hate; we get rid of an enemy by getting rid of enmity... It is this attitude that made it possible for Lincoln to speak a kind word about the South during the Civil War, when feeling was most bitter. Asked by a shocked bystander how he could do this, Lincoln said, 'Madam, do I not destroy my enemies when I make them my friends?' This is the power of redemptive love."

To a large extent, the black civil rights movement of the '50's and '60's succeeded in ending legalized racial discrimination in America. If the methods used had been violent, the movement could easily have degenerated into a nightmare of interracial hatred; but by remembering the Christian message, "Love your enemy; do good to them that despitefully use you", Martin Luther King Jr. raised the ethical level of the civil rights movement; and the final result was harmony and understanding between the black and white communities. Later the nonviolent methods of Gandhi and King were successfully applied to the South African struggle against Apartheid by Nelson Mandela and his followers.

11.9 Here are a few more things that Martin Luther King said

I have decided to stick to love...Hate is too great a burden to bear

Faith is taking the first step even when you can't see the whole staircase.

Our lives begin to end the day we become silent about things that matter.

In the end, we will remember not the words of our enemies, but the silence of our friends.

If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward.

Only in the darkness can you see the stars.

There comes a time when a person must take a position that is neither safe, nor politic, nor popular, but he must take it because conscience tells him it is right.

Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love.

Forgiveness is not an occasional act, it is a constant attitude.

We must accept finite disappointment, but never lose infinite hope.

There is some good in the worst of us and some evil in the best of us. When we discover this, we are less prone to hate our enemies.

We must live together as brothers or perish together as fools.

Intelligence plus character - that is the goal of true education

True peace is not merely the absence of tension; it is the presence of justice.

Science investigates; religion interprets. Science gives man knowledge, which is power; religion gives man wisdom, which is control. Science deals mainly with facts; religion deals mainly with values. The two are not rivals.

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

We know through painful experience that freedom is never voluntarily given by the oppressor, it must be demanded by the oppressed.

Injustice anywhere is a threat to justice everywhere. We are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects

all indirectly.

We have also come to this hallowed spot to remind America of the fierce urgency of Now. This is no time to engage in the luxury of cooling off or to take the tranquilizing drug of gradualism. Now is the time to make real the promises of democracy.

The time is always right to do what is right.

For when people get caught up with that which is right and they are willing to sacrifice for it, there is no stopping point short of victory.

All we say to America is, 'Be true to what you said on paper.' If I lived in... any totalitarian country, maybe I could understand the denial of certain basic First Amendment privileges, because they hadn't committed themselves to that over there. But somewhere I read of the freedom of assembly. Somewhere I read of the freedom of speech. Somewhere I read of the freedom of the press. Somewhere I read that the greatness of America is the right to protest for right.

We've got some difficult days ahead. But it really doesn't matter with me now because I've been to the mountaintop . . .I've looked over and I've seen the promised land. I may not get there with you. But I want you to know tonight that we as a people will get to the promised land.

Chapter 12

BERTRAND RUSSELL

12.1 Third Earl Russell

Bertrand Arthur William Russell, 3rd Earl Russell, OM, FRS, (1872-1970), was born into a wealthy and influential English family, whose members had been active in politics since the time of the Tudors. Bertrand Russell's grandfather, Lord John Russell, the third son of the Duke of Bedford and 1st Earl Russell, had twice served as Prime Minister during Queen Victoria's reign.

Figure 12.1: **Pembroke Lodge, near Richmond Park, Bertrand Russell's childhood home.**

Figure 12.2: **Russell at the age of four.**

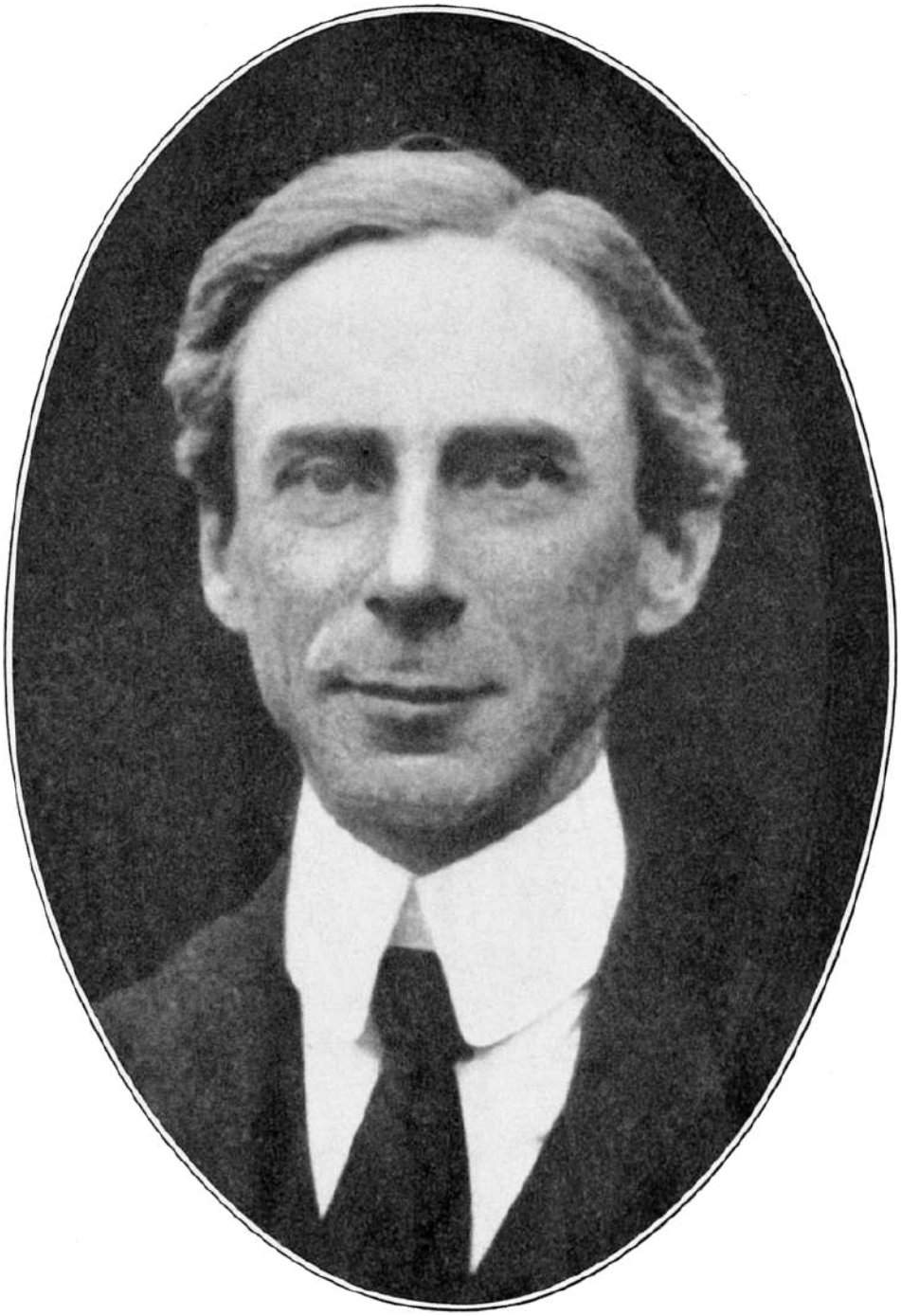

Figure 12.3: **Russell as a young man.**

Figure 12.4: **Russell at Trinity College Cambridge in 1893.**

Figure 12.5: **Russell with two of his children, John and Kate. His second son, Conrad (1937-2004, not shown here) became the 5th Earl Russell, and had a very distinguished career as a liberal parliamentarian and historian.**

12.2 Russell's early life at Pembroke Lodge, Richmond

Because of the early death of his parents (Viscount and Viscountess Amberly) Bertrand Russell was brought up by his grandparents, Lord John Russell and Lady Russell, who lived at Pembroke Lodge near Richmond Park, about fifteen miles west of London. Bertrand Russell's grandfather soon died too, and his grandmother became the dominant influence on the boy's early life. Although she was a religious conservative, Russell's grandmother nevertheless believed in independence of thought, accepted Darwinism, and supporter Irish Home Rule. She also had the motto (taken from the Bible) "Thou shalt not follow a multitude to do evil."

Bertrand Russell and his elder brother Frank were educated at home by tutors, and they had rather lonely and unhappy childhoods in the emotionally repressed atmosphere of Pembroke Lodge. However, when Bertrand was eleven years old, Frank introduced him to the work of Euclid. Bertrand Russell later described this event in his autobiography as "one of the great events of my life, as dazzling as first love". It is interesting that Albert Einstein had similar feelings when he encountered the works of Euclid at almost the same age.

During these early years Russell also discovered the writings of the poet Shelley, and he later wrote:"I spent all my spare time reading him, and learning him by heart, knowing no one to whom I could speak of what I thought or felt, I used to reflect how wonderful it would have been to know Shelley, and to wonder whether I should meet any live human being with whom I should feel so much sympathy".

12.3 Studies at Cambridge University

In 1890, when Bertrand Russell was 18, he started his studies in mathematics at Trinity College, Cambridge University. He graduated with distinction, but because of his agnostic religious beliefs, he encountered difficulties. Nevertheless he continued to teach at Cambridge University, his most notable student being the Austrian-British philosopher Ludwig Wittgenstein (1889-1951).

12.4 Principia Mathimatica

During the years 1910-1913, Russell collaborated with his former teacher. Alfred North Whitehead (1861-1947) to write a 3-volume treatise entitled *Principia Mathimatica*, which dealt with the logical foundations of mathematics and languages. At the end of the huge effort which he had devoted to writing this enormous work, Russell underwent a sudden conversion, during which all the aims of his life changed completely. Observing the terrible isolation of Whitehead's wife while she suffered an attack of angina, he had a sudden insight into the isolation of each human being and the need for better communication to

break this isolation. As a result of this moment of intuition, Bertrand Russell resolved to abandon mathematics, and instead devote his life to making human existence happier and better.

12.5 Books aimed at improving human lives; The Nobel Prize in Literature

Russell's idealism, honesty and humor shine from the pages of the enormous number of books, articles and letters that he wrote during the remainder of his life. His wide-ranging and influential writing won him not only great fame, but also the 1950 Nobel Prize in Literature.

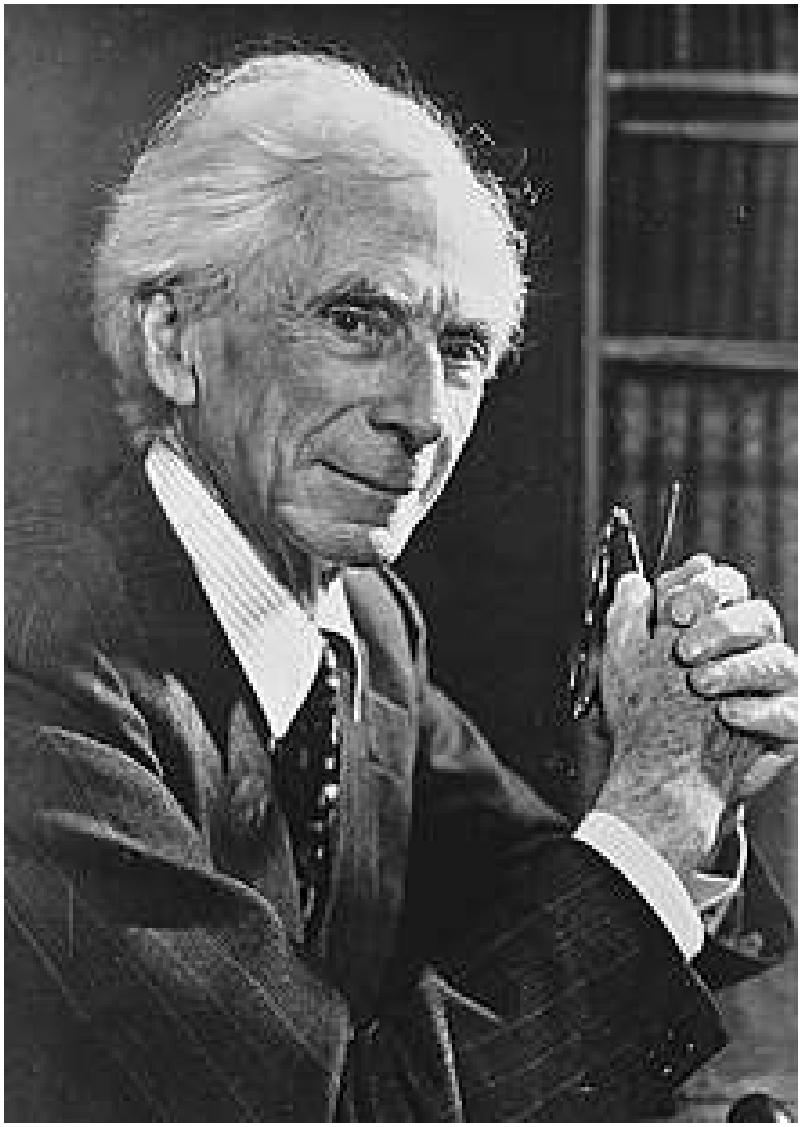

Figure 12.6: **Lord Russell received the 1950 N0bel Prize in Literature "in recognition of his varied and significant writings in which he champions humanitarian ideals and freedom of thought".**

Figure 12.7: **After discussing the Bikini test and its radioactive fallout with Joseph Rotblat, Lord Russell became concerned for the future of the human gene pool if large numbers of such bombs should ever be used in a war. To warn humanity of the danger, he wrote what came to be known as the Russell-Einstein Manifesto. On July 9, 1955, with Rotblat in the chair, Russell read the Manifesto to a packed press conference. The document contains the words: "Here then is the problem that we present to you, stark and dreadful and inescapable: Shall we put an end to the human race, or shall mankind renounce war?... There lies before us, if we choose, continual progress in happiness, knowledge and wisdom. Shall we, instead, choose death because we cannot forget our quarrels? We appeal as human beings to human beings: Remember your humanity, and forget the rest. Lord Russell devoted much of the remainder of his life to working for the abolition of nuclear weapons. Here he is seen in 1962 in Trafalgar Square, London, addressing a meeting of the Campaign for Nuclear Disarmament.** (Public domain)

12.6 The Russell-Einstein Manifesto

Bertrand Russell was the author of the Russell-Einstein Declaration of 1955, the founding document of Pugwash Conferences on Science and World Affairs, an organization which won the Nobel Peace Prize in 1995. Russell devoted much of the last part of his life to working for the complete abolition of nuclear weapons.Here is the test of the document:

In the tragic situation which confronts humanity, we feel that scientists should assemble in conference to appraise the perils that have arisen as a result of the development of weapons of mass destruction, and to discuss a resolution in the spirit of the appended draft.

We are speaking on this occasion, not as members of this or that nation, continent, or creed, but as human beings, members of the species Man, whose continued existence is in doubt. The world is full of conflicts; and, overshadowing all minor conflicts, the titanic struggle between Communism and anti-Communism.

Almost everybody who is politically conscious has strong feelings about one or more of these issues; but we want you, if you can, to set aside such feelings and consider yourselves only as members of a biological species which has had a remarkable history, and whose disappearance none of us can desire.

We shall try to say no single word which should appeal to one group rather than to another. All, equally, are in peril, and, if the peril is understood, there is hope that they may collectively avert it.

We have to learn to think in a new way. We have to learn to ask ourselves, not what steps can be taken to give military victory to whatever group we prefer, for there no longer are such steps; the question we have to ask ourselves is: what steps can be taken to prevent a military contest of which the issue must be disastrous to all parties?

The general public, and even many men in positions of authority, have not realized what would be involved in a war with nuclear bombs. The general public still thinks in terms of the obliteration of cities. It is understood that the new bombs are more powerful than the old, and that, while one A-bomb could obliterate Hiroshima, one H-bomb could obliterate the largest cities, such as London, New York, and Moscow.

No doubt, in an H-bomb war, great cities would be obliterated. But this is one of the minor disasters that would have to be faced. If everybody in London, New York, and Moscow were exterminated, the world might, in the course of a few centuries, recover from the blow. But we now know, especially since the Bikini test, that nuclear bombs can gradually spread destruction over a very much wider area than had been supposed.

It is stated on very good authority that a bomb can now be manufactured which will be 2,500 times as powerful as that which destroyed Hiroshima. Such a bomb, if exploded near the ground or under water, sends radio-active particles

into the upper air. They sink gradually and reach the surface of the earth in the form of a deadly dust or rain. It was this dust which infected the Japanese fishermen and their catch of fish. No one knows how widely such lethal radioactive particles might be diffused, but the best authorities are unanimous in saying that a war with H-bombs might possibly put an end to the human race. It is feared that if many H-bombs are used there will be universal death, sudden only for a minority, but for the majority a slow torture of disease and disintegration.

Many warnings have been uttered by eminent men of science and by authorities in military strategy. None of them will say that the worst results are certain. What they do say is that these results are possible, and no one can be sure that they will not be realized. We have not yet found that the views of experts on this question depend in any degree upon their politics or prejudices. They depend only, so far as our researches have revealed, upon the extent of the particular expert's knowledge. We have found that the men who know most are the most gloomy.

Here, then, is the problem which we present to you, stark and dreadful and inescapable: Shall we put an end to the human race; or shall mankind renounce war? People will not face this alternative because it is so difficult to abolish war.

The abolition of war will demand distasteful limitations of national sovereignty. But what perhaps impedes understanding of the situation more than anything else is that the term "mankind" feels vague and abstract. People scarcely realize in imagination that the danger is to themselves and their children and their grandchildren, and not only to a dimly apprehended humanity. They can scarcely bring themselves to grasp that they, individually, and those whom they love are in imminent danger of perishing agonizingly. And so they hope that perhaps war may be allowed to continue provided modern weapons are prohibited.

This hope is illusory. Whatever agreements not to use H-bombs had been reached in time of peace, they would no longer be considered binding in time of war, and both sides would set to work to manufacture H-bombs as soon as war broke out, for, if one side manufactured the bombs and the other did not, the side that manufactured them would inevitably be victorious.

Although an agreement to renounce nuclear weapons as part of a general reduction of armaments would not afford an ultimate solution, it would serve certain important purposes. First, any agreement between East and West is to the good in so far as it tends to diminish tension. Second, the abolition of thermo-nuclear weapons, if each side believed that the other had carried it out sincerely, would lessen the fear of a sudden attack in the style of Pearl Harbour, which at present keeps both sides in a state of nervous apprehension. We should, therefore, welcome such an agreement though only as a first step.

Most of us are not neutral in feeling, but, as human beings, we have to

remember that, if the issues between East and West are to be decided in any manner that can give any possible satisfaction to anybody, whether Communist or anti-Communist, whether Asian or European or American, whether White or Black, then these issues must not be decided by war. We should wish this to be understood, both in the East and in the West.

There lies before us, if we choose, continual progress in happiness, knowledge, and wisdom. Shall we, instead, choose death, because we cannot forget our quarrels? We appeal as human beings to human beings: Remember your humanity, and forget the rest. If you can do so, the way lies open to a new Paradise; if you cannot, there lies before you the risk of universal death.

Resolution:

We invite this Congress, and through it the scientists of the world and the general public, to subscribe to the following resolution:

"In view of the fact that in any future world war nuclear weapons will certainly be employed, and that such weapons threaten the continued existence of mankind, we urge the governments of the world to realize, and to acknowledge publicly, that their purpose cannot be furthered by a world war, and we urge them, consequently, to find peaceful means for the settlement of all matters of dispute between them.2

Max Born
Percy W. Bridgman
Albert Einstein
Leopold Infeld
Frederic Joliot-Curie
Herman J. Muller
Linus Pauling
Cecil F. Powell
Joseph Rotblat
Bertrand Russell
Hideki Yukawa

12.7 A few things that Bertrand Russell wrote or said:

War does not determine who is right, but only who is left.

The world is full of magical things patiently waiting for our wits to become sharper.

Men are born ignorant, not stupid. They are made stupid by education.

To fear love is to fear life, and those who fear life are already three parts dead.

The only thing that will redeem mankind is cooperation.

The trouble with the world is that the stupid are cocksure, and the intelligent are full of doubt.

Love is something more than desire for sexual intercourse; it is the principle means of escape from the loneliness which afflicts men and women throughout the greater part of their lives.

The good life is one inspired by love and guided by knowledge.

Those who have never known the deep intimacy and the intense companionship of mutual love have missed the best thing that life has to give.

Science is what you know, philosophy is what you don't know.

I would never die for my beliefs, because I might be wrong.

Extreme hopes are born from extreme misery.

To conquer fear is the beginning of wisdom.

The fact that an opinion has been widely held is no evidence whatever that it is not utterly absurd.

I have made an odd discovery. Every time I talk with a savant, I am convinced that happiness is no longer possible. Yet when I talk with my gardener, I'm convinced of the opposite.

Patriotism is the willingness to kill and be killed for trivial reasons.

Three passions, simple but overwhelmingly strong, have governed my life: the longing for love, the search for knowledge, and unbearable pity for the suffering of mankind.

There lies before us, if we choose, continual progress in happiness, knowledge, and wisdom. Shall we, instead, choose death, because we cannot forget our quarrels? We appeal, as human beings, to human beings: Remember your humanity, and forget the rest. If you can do so, the way lies open to a new Paradise; if you cannot, there lies before you the risk of universal death.

Suggestions for further reading

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Chapter 13

ALBERT EINSTEIN, SCIENTIST AND PACIFIST

"The unleashed power of the atom has changed everything except our ways of thinking, and thus we drift towards unparalleled catastrophes."

"I don't know what will be used in the next world war, but the 4th will be fought with stones."

Albert Einstein (1879-1955)

Besides being one of the greatest physicists of all time, Albert Einstein was a lifelong pacifist, and his thoughts on peace can speak eloquently to us today. We need his wisdom today, when the search for peace has become vital to our survival as a species.

13.1 Family background

Albert Einstein was born in Ulm, Germany, in 1879. He was the son of middle-class, irreligious Jewish parents, who sent him to a Catholic school. Einstein was slow in learning to speak, and at first his parents feared that he might be retarded; but by the time he was eight, his grandfather could say in a letter: "Dear Albert has been back in school for a week. I just love that boy, because you cannot imagine how good and intelligent he has become."

Remembering his boyhood, Einstein himself later wrote: "When I was 12, a little book dealing with Euclidean plane geometry came into my hands at the beginning of the school year. Here were assertions, as for example the intersection of the altitudes of a triangle in one point, which, though by no means self-evident, could nevertheless be proved with such certainty that any doubt appeared to be out of the question. The lucidity and certainty made an indescribable impression on me."

When Albert Einstein was in his teens, the factory owned by his father and uncle began to encounter hard times. The two Einstein families moved to Italy, leaving Albert alone

and miserable in Munich, where he was supposed to finish his course at the gymnasium. Einstein's classmates had given him the nickname "Beidermeier", which means something like "Honest John"; and his tactlessness in criticizing authority soon got him into trouble. In Einstein's words, what happened next was the following: "When I was in the seventh grade at the Lutpold Gymnasium, I was summoned by my home-room teacher, who expressed the wish that I leave the school. To my remark that I had done nothing wrong, he replied only, 'Your mere presence spoils the respect of the class for me'."

Einstein left gymnasium without graduating, and followed his parents to Italy, where he spent a joyous and carefree year. He also decided to change his citizenship. "The over-emphasized military mentality of the German State was alien to me, even as a boy", Einstein wrote later. "When my father moved to Italy, he took steps, at my request, to have me released from German citizenship, because I wanted to be a Swiss citizen."

The financial circumstances of the Einstein family were now precarious, and it was clear that Albert would have to think seriously about a practical career. In 1896, he entered the famous Zürich Polytechnic Institute with the intention of becoming a teacher of mathematics and physics. However, his undisciplined and nonconformist attitudes again got him into trouble. His mathematics professor, Hermann Minkowski (1864-1909), considered Einstein to be a "lazy dog"; and his physics professor, Heinrich Weber, who originally had gone out of his way to help Einstein, said to him in anger and exasperation: "You're a clever fellow, but you have one fault: You won't let anyone tell you a thing! You won't let anyone tell you a thing!"

Einstein missed most of his classes, and read only the subjects which interested him. He was interested most of all in Maxwell's theory of electro-magnetism, a subject which was too "modern" for Weber. There were two major examinations at the Zürich Polytechnic Institute, and Einstein would certainly have failed them had it not been for the help of his loyal friend, the mathematician Marcel Grossman.

Grossman was an excellent and conscientious student, who attended every class and took meticulous notes. With the help of these notes, Einstein managed to pass his examinations; but because he had alienated Weber and the other professors who could have helped him, he found himself completely unable to get a job. In a letter to Professor F. Ostwald on behalf of his son, Einstein's father wrote: "My son is profoundly unhappy because of his present joblessness; and every day the idea becomes more firmly implanted in his mind that he is a failure, and will not be able to find the way back again."

From this painful situation, Einstein was rescued (again!) by his friend Marcel Grossman, whose influential father obtained for Einstein a position at the Swiss Patent Office: Technical Expert (Third Class). Anchored at last in a safe, though humble, position, Einstein married one of his classmates. He learned to do his work at the Patent Office very efficiently; and he used the remainder of his time on his own calculations, hiding them guiltily in a drawer when footsteps approached.

In 1905, this Technical Expert (Third Class) astonished the world of science with five papers, written within a few weeks of each other, and published in the Annalen der Physik. Of these five papers, three were classics: One of these was the paper in which Einstein ap-

Figure 13.1: **Einstein at the age of three in 1882.**

Figure 13.2: **Albert Einstein in 1893 (age 14).**

Figure 13.3: **Albert Einstein in 1904 (age 25).**

Figure 13.4: **Olympia Academy founders: Conrad Habicht, Maurice Solovine and Einstein.**

Figure 13.5: **Albert and Mileva Einstein, 1912.**

Figure 13.6: **Einstein with his second wife, Elsa, in 1921.**

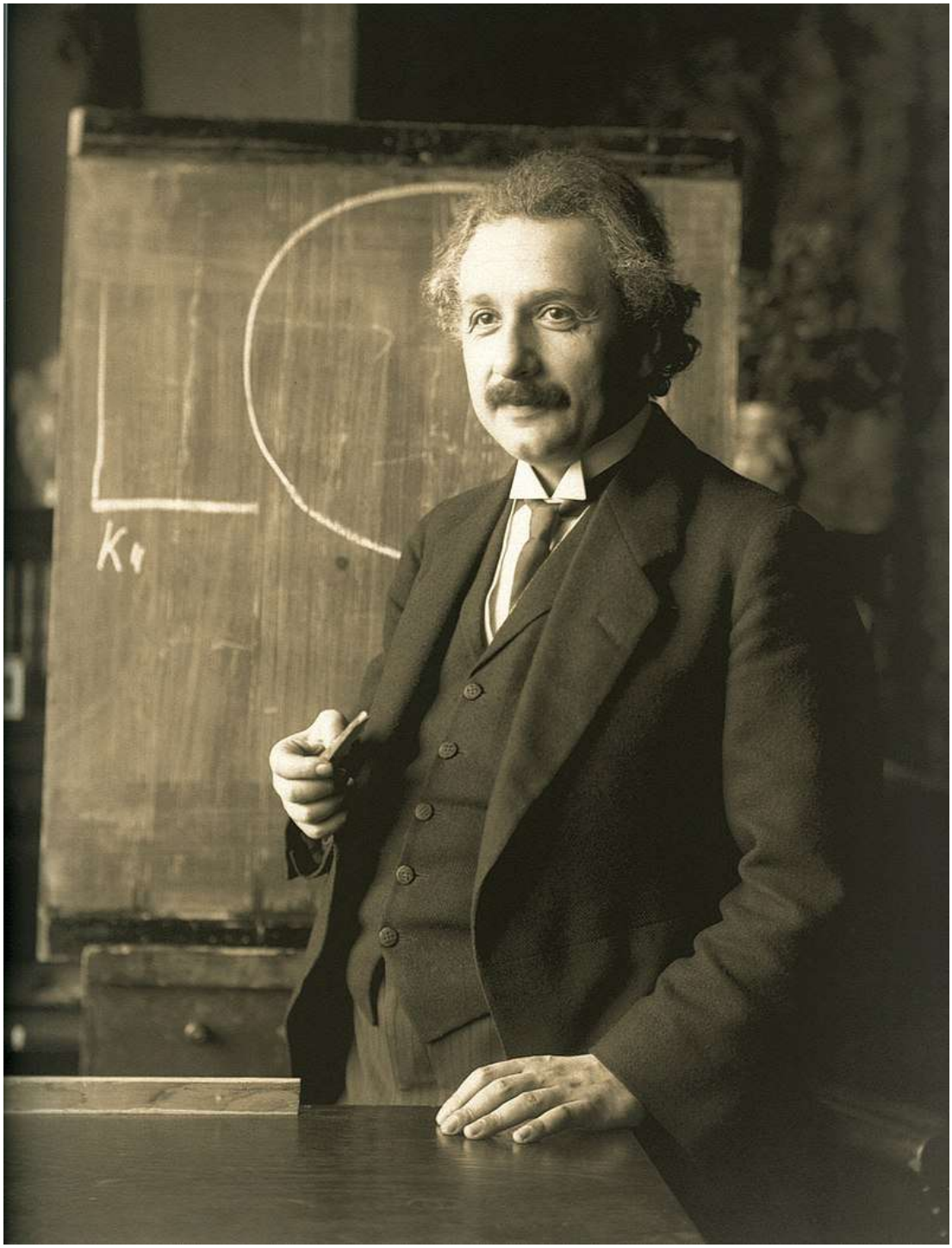

Figure 13.7: **Albert Einstein during a lecture in Vienna in 1921.**

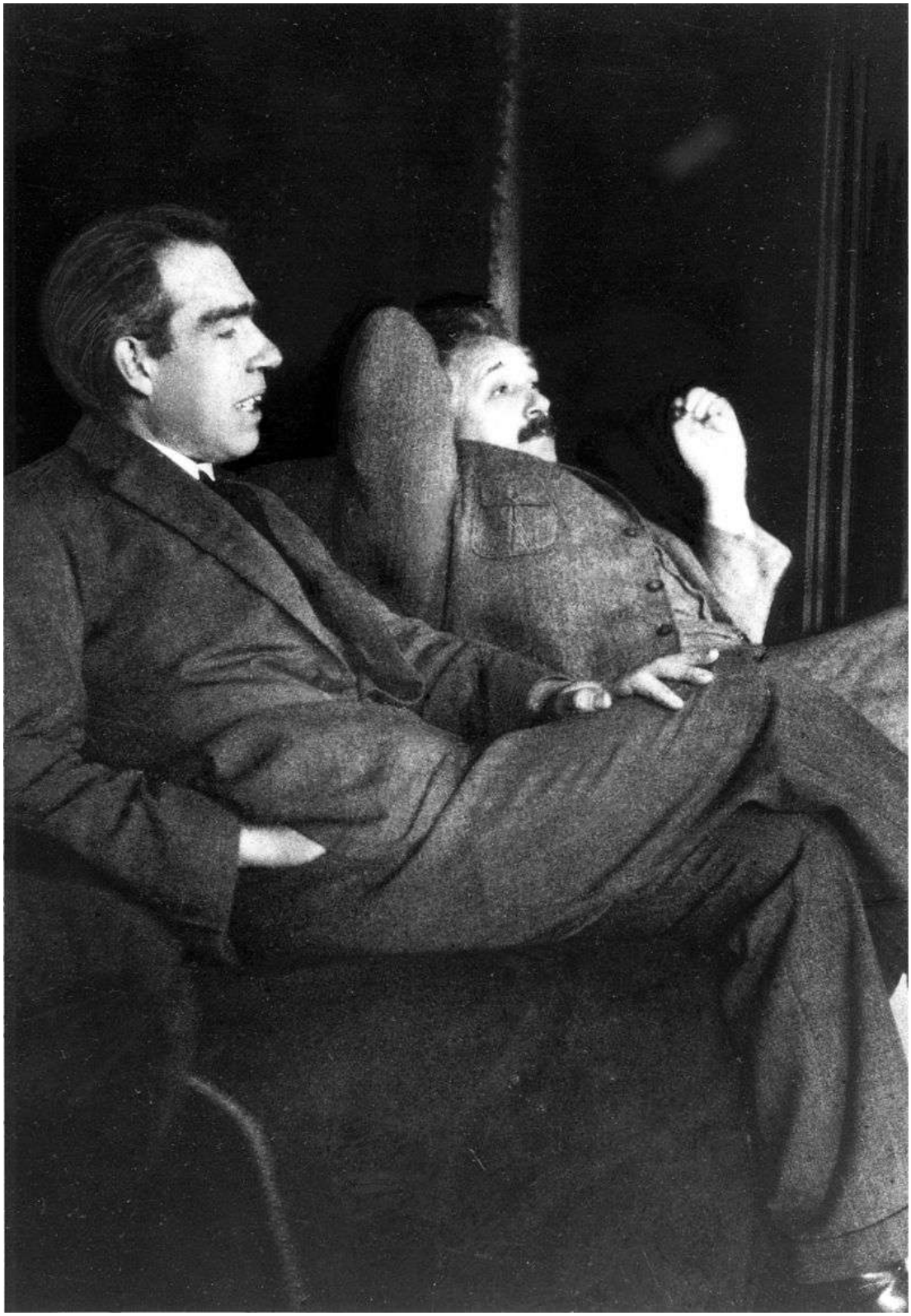

Figure 13.8: **Einstein and Niels Bohr, 1925.**

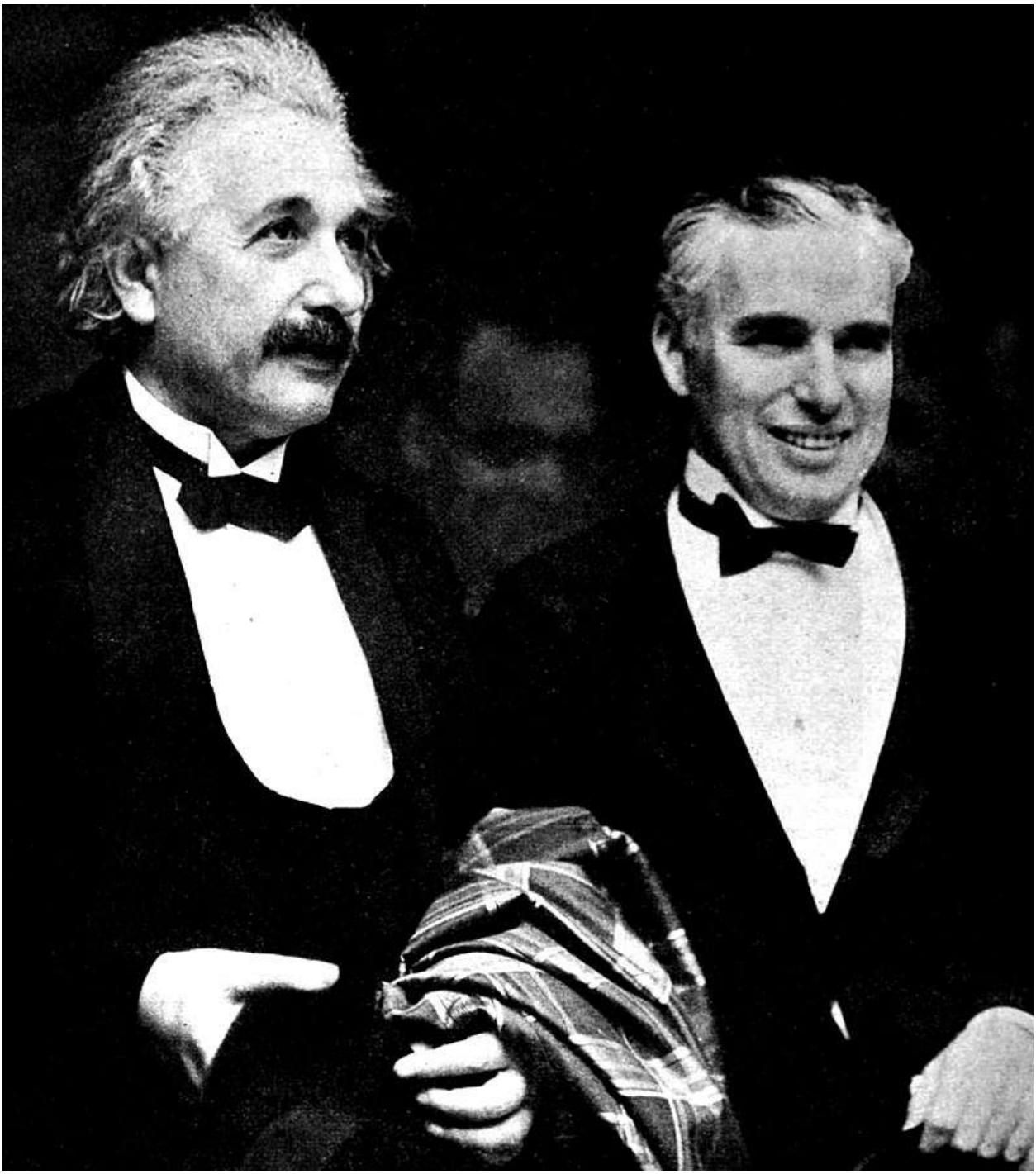

Figure 13.9: **Einstein (left) and Charlie Chaplin at the Hollywood premiere of City Lights, January 1931.**

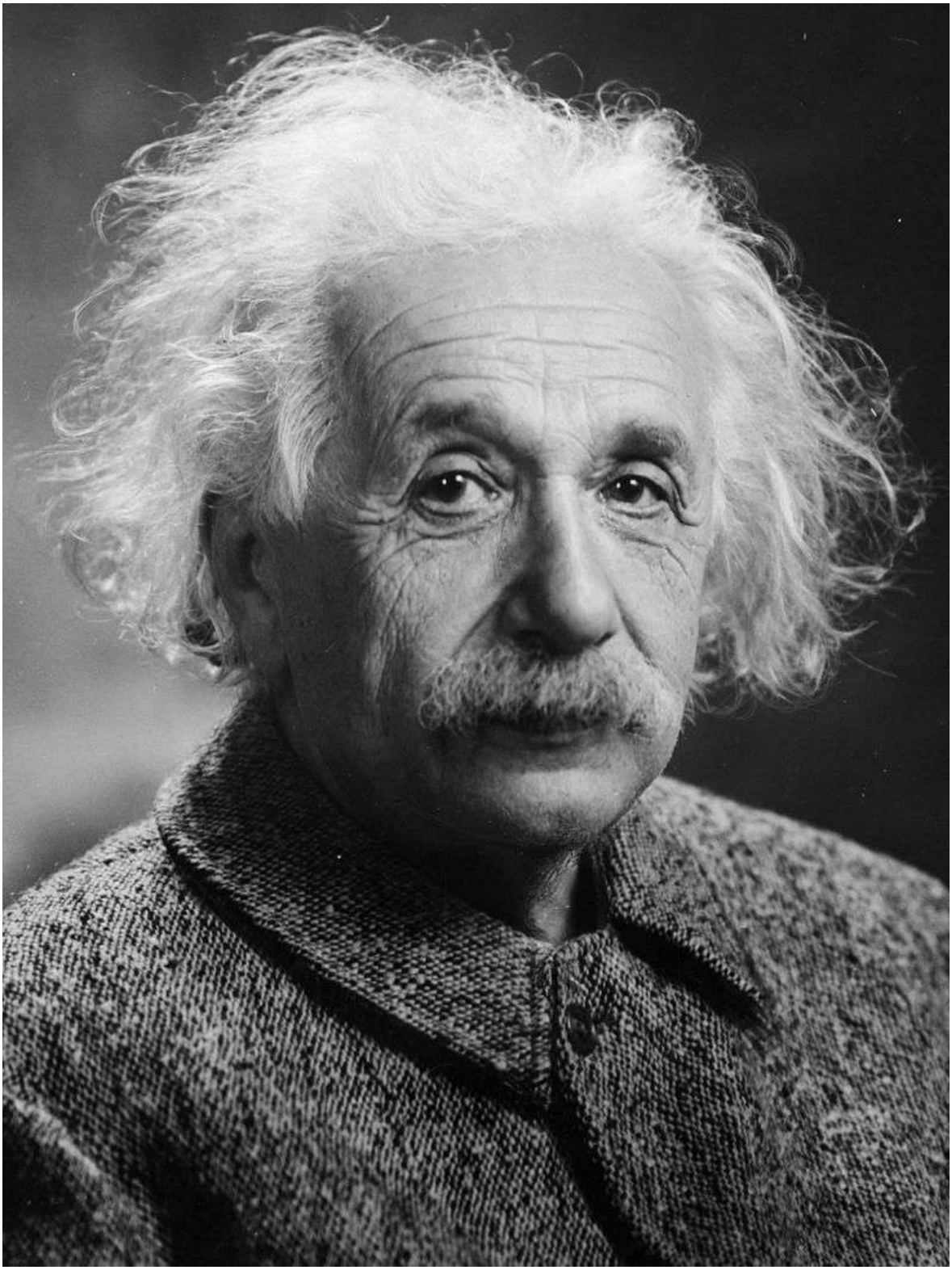

Figure 13.10: **Einstein in 1947.**

plied Planck's quantum hypothesis to the photoelectric effect. The second paper discussed "Brownian motion", the zig-zag motion of small particles suspended in a liquid and hit randomly by the molecules of the liquid. This paper supplied a direct proof of the validity of atomic ideas and of Boltzmann's kinetic theory. The third paper was destined to establish Einstein's reputation as one of the greatest physicists of all time. It was entitled "On the Electrodynamics of Moving Bodies", and in this paper, Albert Einstein formulated his special theory of relativity. Essentially, this theory maintained that all of the fundamental laws of nature exhibit a symmetry with respect to rotations in a 4-dimensional space-time continuum.

13.2 Special relativity theory

The theory of relativity grew out of problems connected with Maxwell's electromagnetic theory of light. Ever since the wavelike nature of light had first been demonstrated, it had been supposed that there must be some medium to carry the light waves, just as there must be some medium (for example air) to carry sound waves. A word was even invented for the medium which was supposed to carry electromagnetic waves: It was called the "ether".

By analogy with sound, it was believed that the velocity of light would depend on the velocity of the observer relative to the "ether". However, all attempts to measure differences in the velocity of light in different directions had failed, including an especially sensitive experiment which was performed in America in 1887 by A.A. Michelson and E.W. Morley.

Even if the earth had, by a coincidence, been stationary with respect to the "ether" when Michelson and Morley first performed their experiment, they should have found an "ether wind" when they repeated their experiment half a year later, with the earth at the other side of its orbit. Strangely, the observed velocity of light seemed to be completely independent of the motion of the observer!

In his famous 1905 paper on relativity, Einstein made the negative result of the Michelson-Morley experiment the basis of a far-reaching principle: He asserted that no experiment whatever can tell us whether we are at rest or whether we are in a state of uniform motion. With this assumption, the Michelson-Morley experiment of course had to fail, and the measured velocity of light had to be independent of the motion of the observer.

Einstein's Principle of Special Relativity had other extremely important consequences: He soon saw that if his principle were to hold, then Newtonian mechanics would have to be modified. In fact, Einstein's Principle of Special Relativity required that *all* fundamental physical laws exhibit a symmetry between space and time. The three space dimensions, and a fourth dimension, ict, had to enter every fundamental physical law in a symmetrical way. (Here i is the square root of -1, c is the velocity of light, and t is time.)

When this symmetry requirement is fulfilled, a physical law is said to be "Lorentz-invariant" (in honor of the Dutch physicist H.A. Lorentz, who anticipated some of Einstein's ideas). Today, we would express Einstein's principle by saying that every fundamental physical law must be Lorentz-invariant (i.e. symmetrical in the space and time

coordinates). The law will then be independent of the motion of the observer, provided that the observer is moving uniformly.

Einstein was able to show that, when properly expressed, Maxwell's equations are already Lorentz-invariant; but Newton's equations of motion have to be modified. When the needed modifications are made, Einstein found, then the mass of a moving particle appears to increase as it is accelerated. A particle can never be accelerated to a velocity greater than the velocity of light; it merely becomes heavier and heavier, the added energy being converted into mass.

From his 1905 theory, Einstein deduced his famous formula equating the energy of a system to its mass multiplied by the square of the velocity of light. As we shall see, his formula was soon used to explain the source of the energy produced by decaying uranium and radium; and eventually it led to the construction of the atomic bomb. Thus Einstein, a lifelong pacifist, who renounced his German citizenship as a protest against militarism, became instrumental in the construction of the most destructive weapon ever invented - a weapon which casts an ominous shadow over the future of humankind.

Just as Einstein was one of the first to take Planck's quantum hypothesis seriously, so Planck was one of the first physicists to take Einstein's relativity seriously. Another early enthusiast for relativity was Hermann Minkowski, Einstein's former professor of mathematics. Although he once had characterized Einstein as a "lazy dog", Minkowski now contributed importantly to the mathematical formalism of Einstein's theory; and in 1907, he published the first book on relativity. In honor of Minkowski's contributions to relativity, the 4-dimensional space-time continuum in which we live is sometimes called "Minkowski space".

In 1908, Minkowski began a lecture to the Eightieth Congress of German Scientists and Physicians with the following words:

" From now on, space by itself, and time by itself, are destined to sink completely into the shadows; and only a kind of union of both will retain an independent existence."

Gradually, the importance of Einstein's work began to be realized, and he was much sought after. He was first made Assistant Professor at the University of Zürich, then full Professor in Prague, then Professor at the Zürich Polytechnic Institute; and finally, in 1913, Planck and Nernst persuaded Einstein to become Director of Scientific Research at the Kaiser Wilhelm Institute in Berlin. He was at this post when the First World War broke out

While many other German intellectuals produced manifestos justifying Germany's invasion of Belgium, Einstein dared to write and sign an anti-war manifesto. Einstein's manifesto appealed for cooperation and understanding among the scholars of Europe for the sake of the future; and it proposed the eventual establishment of a League of Europeans. During the war, Einstein remained in Berlin, doing whatever he could for the cause of peace, burying himself unhappily in his work, and trying to forget the agony of Europe, whose civilization was dying in a rain of shells, machine-gun bullets, and poison gas.

13.3 General relativity

The work into which Einstein threw himself during this period was an extension of his theory of relativity. He already had modified Newton's equations of motion so that they exhibited the space-time symmetry required by his Principle of Special Relativity. However, Newton's law of gravitation. remained a problem.

Obviously it had to be modified, since it disagreed with his Special Theory of Relativity; but how should it be changed? What principles could Einstein use in his search for a more correct law of gravitation? Certainly whatever new law he found would have to give results very close to Newton's law, since Newton's theory could predict the motions of the planets with almost perfect accuracy. This was the deep problem with which he struggled.

In 1907, Einstein had found one of the principles which was to guide him, the Principle of Equivalence of inertial and gravitational mass. After turning Newton's theory over and over in his mind, Einstein realized that Newton had used mass in two distinct ways: His laws of motion stated that the force acting on a body is equal to the mass of the body multiplied by its acceleration; but according to Newton, the gravitational force on a body is also proportional to its mass. In Newton's theory, gravitational mass, by a coincidence, is equal to inertial mass; and this holds for all bodies. Einstein decided to construct a theory in which gravitational and inertial mass necessarily have to be the same.

He then imagined an experimenter inside a box, unable to see anything outside it. If the box is on the surface of the earth, the person inside it will feel the pull of the earth's gravitational field. If the experimenter drops an object, it will fall to the floor with an acceleration of 32 feet per second per second. Now suppose that the box is taken out into empty space, far away from strong gravitational fields, and accelerated by exactly 32 feet per second per second. Will the enclosed experimenter be able to tell the difference between these two situations? Certainly no difference can be detected by dropping an object, since in the accelerated box, the object will fall to the floor in exactly the same way as before.

With this "thought experiment" in mind, Einstein formulated a general Principle of Equivalence: He asserted that no experiment whatever can tell an observer enclosed in a small box whether the box is being accelerated, or whether it is in a gravitational field. According to this principle, gravitation and acceleration are locally equivalent, or, to say the same thing in different words, gravitational mass and inertial mass are equivalent.

Einstein soon realized that his Principle of Equivalence implied that a ray of light must be bent by a gravitational field. This conclusion followed because, to an observer in an accelerated frame, a light beam which would appear straight to a stationary observer, must necessarily appear very slightly curved. If the Principle of Equivalence held, then the same slight bending of the light ray would be observed by an experimenter in a stationary frame in a gravitational field.

Another consequence of the Principle of Equivalence was that a light wave propagating upwards in a gravitational field should be very slightly shifted to the red. This followed because in an accelerated frame, the wave crests would be slightly farther apart than they normally would be, and the same must then be true for a stationary frame in a gravitational field. It seemed to Einstein that it ought to be possible to test experimentally both the

gravitational bending of a light ray and the gravitational red shift.

This seemed promising; but how was Einstein to proceed from the Principle of Equivalence to a formulation of the law of gravitation? Perhaps the theory ought to be modeled after Maxwell's electromagnetic theory, which was a field theory, rather than an "action at a distance" theory. Part of the trouble with Newton's law of gravitation was that it allowed a signal to be propagated instantaneously, contrary to the Principle of Special Relativity. A field theory of gravitation might cure this defect, but how was Einstein to find such a theory? There seemed to be no way.

From these troubles Albert Einstein was rescued (a third time!) by his staunch friend Marcel Grossman. By this time, Grossman had become a professor of mathematics in Zürich, after having written a doctoral dissertation on tensor analysis and non-Euclidean geometry, the very things that Einstein needed. The year was then 1912, and Einstein had just returned to Zürich as Professor of Physics at the Polytechnic Institute. For two years, Einstein and Grossman worked together; and by the time Einstein left for Berlin in 1914, the way was clear. With Grossman's help, Einstein saw that the gravitational field could be expressed as a curvature of the 4-dimensional space-time continuum.

In 1919, a British expedition, headed by Sir Arthur Eddington, sailed to a small island off the coast of West Africa. Their purpose was to test Einstein's prediction of the bending of light in a gravitational field by observing stars close to the sun during a total eclipse. The observed bending agreed exactly with Einstein's predictions; and as a result he became world-famous. The general public was fascinated by relativity, in spite of the abstruseness of the theory (or perhaps because of it). Einstein, the absent-minded professor, with long, uncombed hair, became a symbol of science. The world was tired of war, and wanted something else to think about.

Einstein met President Harding, Winston Churchill and Charlie Chaplin; and he was invited to lunch by the Archbishop of Canterbury. Although adulated elsewhere, he was soon attacked in Germany. Many Germans, looking for an excuse for the defeat of their nation, blamed it on the pacifists and Jews; and Einstein was both these things.

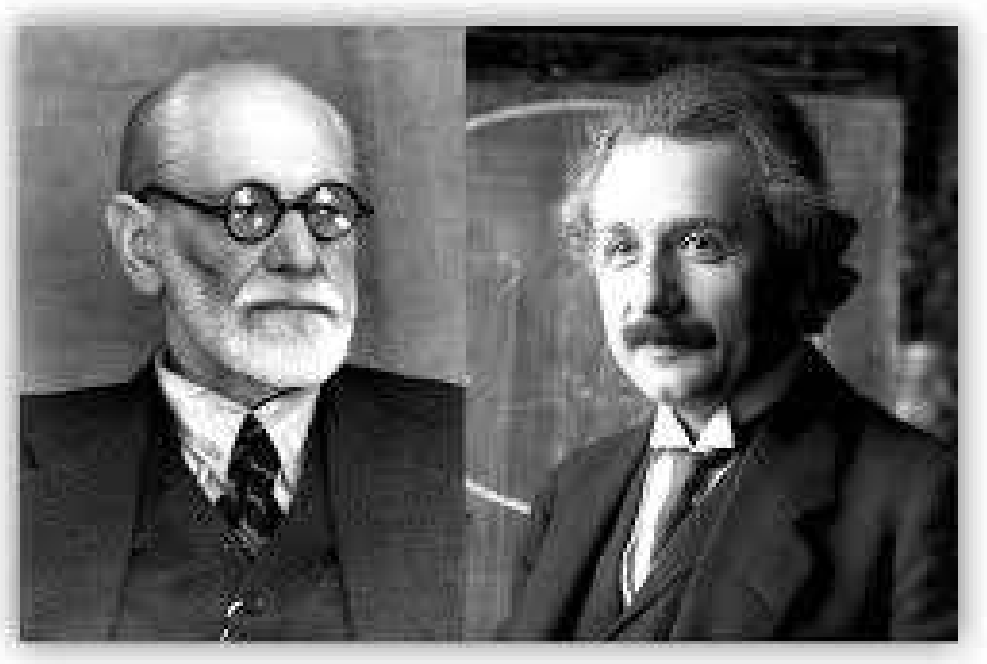

Figure 13.11: **Sigmund Freud and Albert Einstein (public domain). Their exchange of letters entitled "Why War?" deserves to be read by everyone concerned with the human future.**

13.4 Einstein's letter to Freud: Why war?

Because of his fame, Einstein was asked to make several speeches at the Reichstag. and in all these speeches he condemned violence and nationalism, urging that these be replaced by and international cooperation and law under an effective international authority. He also wrote many letters and articles pleading for peace and for the renunciation of militarism and violence.

Einstein believed that the production of armaments is damaging, not only economically, but also spiritually. In 1930 he signed a manifesto for world disarmament sponsored by the Womens International League for Peace and Freedom. In December of the same year, he made his famous statement in New York that if two percent of those called for military service were to refuse to fight, governments would become powerless, since they could not imprison that many people. He also argued strongly against compulsory military service and urged that conscientious objectors should be protected by the international community. He argued that peace, freedom of individuals, and security of societies could only be achieved through disarmament, the alternative being "slavery of the individual and annihilation of civilization".

In letters, and articles, Einstein wrote that the welfare of humanity as a whole must take precedence over the goals of individual nations, and that we cannot wait until leaders give up their preparations for war. Civil society, and especially public figures, must take the lead. He asked how decent and self-respecting people can wage war, knowing how many innocent people will be killed.

In 1931, the International Institute for Intellectual Cooperation invited Albert Einstein to enter correspondence with a prominent person of his own choosing on a subject of importance to society. The Institute planned to publish a collection of such dialogues. Einstein accepted at once, and decided to write to Sigmund Freud to ask his opinion about how humanity could free itself from the curse of war. A translation from German of the long letter that he wrote to Freud is as follows:

"Dear Professor Freud,

"Is there any way of delivering mankind from the menace of war?

"It is common knowledge that, with the advance of modern science, this issue has come to mean a matter of life and death for civilization as we know it; nevertheless, for all the zeal displayed, every attempt at its solution has ended in a lamentable breakdown.

"I believe, moreover, that those whose duty it is to tackle the problem professionally and practically are growing only too aware of their impotence to deal with it, and have now a very lively desire to learn the views of men who, absorbed in the pursuit of science, can see world-problems in the perspective distance lends. As for me, the normal objective of my thought affords no insight into the dark places of human will and feeling. Thus, in the enquiry now proposed, I can do little more than seek to clarify the question at issue and,

clearing the ground of the more obvious solutions, enable you to bring the light of your far-reaching knowledge of man's instinctive life to bear upon the problem...

"As one immune from nationalist bias, I personally see a simple way of dealing with the superficial (i.e. administrative) aspect of the problem: the setting up, by international consent, of a legislative and judicial body to settle every conflict arising between nations. Each nation would undertake to abide by the orders issued by this legislative body, to invoke its decision in every dispute, to accept its judgments unreservedly and to carry out every measure the tribunal deems necessary for the execution of its decrees. But here, at the outset, I come up against a difficulty; a tribunal is a human institution which, in proportion as the power at its disposal is inadequate to enforce its verdicts, is all the more prone to suffer these to be deflected by extrajudicial pressure. This is a fact with which we have to reckon; law and might inevitably go hand in hand, and juridical decisions approach more nearly the ideal justice demanded by the community (in whose name and interests these verdicts are pronounced) in so far as the community has effective power to compel respect of its juridical ideal. But at present we are far from possessing any supranational organization competent to render verdicts of incontestable authority and enforce absolute submission to the execution of its verdicts. Thus I am led to my first axiom: the quest of international security involves the unconditional surrender by every nation, in a certain measure, of its liberty of action, its sovereignty that is to say, and it is clear beyond all doubt that no other road can lead to such security.

"The ill-success, despite their obvious sincerity, of all the efforts made during the last decade to reach this goal leaves us no room to doubt that strong psychological factors are at work, which paralyse these efforts. Some of these factors are not far to seek. The craving for power which characterizes the governing class in every nation is hostile to any limitation of the national sovereignty. This political power-hunger is wont to batten on the activities of another group, whose aspirations are on purely mercenary, economic lines. I have specially in mind that small but determined group, active in every nation, composed of individuals who, indifferent to social considerations and restraints, regard warfare, the manufacture and sale of arms, simply as an occasion to advance their personal interests and enlarge their personal authority.

"But recognition of this obvious fact is merely the first step towards an appreciation of the actual state of affairs. Another question follows hard upon it: how is it possible for this small clique to bend the will of the majority, who stand to lose and suffer by a state of war, to the service of their ambitions? (In speaking of the majority, I do not exclude soldiers of every rank who have chosen war as their profession, in the belief that they are serving to defend the highest interests of their race, and that attack is often the best method of defense.) An obvious answer to this question would seem to be that the

minority, the ruling class at present, has the schools and press, usually the Church as well, under its thumb. This enables it to organize and sway the emotions of the masses, and make its tool of them.

"Yet even this answer does not provide a complete solution. Another question arises from it: How is it these devices succeed so well in rousing men to such wild enthusiasm, even to sacrifice their lives? Only one answer is possible. Because man has within him a lust for hatred and destruction. In normal times this passion exists in a latent state, it emerges only in unusual circumstances; but it is a comparatively easy task to call it into play and raise it to the power of a collective psychosis. Here lies, perhaps, the crux of all the complex of factors we are considering, an enigma that only the expert in the lore of human instincts can resolve.

"And so we come to our last question. Is it possible to control man's mental evolution so as to make him proof against the psychoses of hate and destructiveness? Here I am thinking by no means only of the so-called uncultured masses. Experience proves that it is rather the so-called 'Intelligentzia' that is most apt to yield to these disastrous collective suggestions, since the intellectual has no direct contact with life in the raw, but encounters it in its easiest, synthetic form upon the printed page.

"To conclude: I have so far been speaking only of wars between nations; what are known as international conflicts. But I am well aware that the aggressive instinct operates under other forms and in other circumstances. (I am thinking of civil wars, for instance, due in earlier days to religious zeal, but nowadays to social factors; or, again, the persecution of racial minorities). But my insistence on what is the most typical, most cruel and extravagant form of conflict between man and man was deliberate, for here we have the best occasion of discovering ways and means to render all armed conflicts impossible.

"Yours very sincerely,

"A. Einstein"

Freud replied with a long and thoughtful letter in which he said that a tendency towards conflict is an intrinsic part of human emotional nature, but that emotions can be overridden by rationality, and that rational behavior is the only hope for humankind.

13.5 The fateful letter to Roosevelt

Albert Einstein's famous relativistic formula, relating energy to mass, soon yielded an understanding of the enormous amounts of energy released in radioactive decay. Marie and Pierre Curie had noticed that radium maintains itself at a temperature higher than its surroundings. Their measurements and calculations showed that a gram of radium

produces roughly 100 gram-calories of heat per hour. This did not seem like much energy until Rutherford found that radium has a half-life of about 1,000 years. In other words, after a thousand years, a gram of radium will still be producing heat, its radioactivity only reduced to one-half its original value. During a thousand years, a gram of radium produces about a million kilocalories, an enormous amount of energy in relation to the tiny size of its source! Where did this huge amount of energy come from? Conservation of energy was one of the most basic principles of physics. Would it have to be abandoned?

The source of the almost-unbelievable amounts of energy released in radioactive decay could be understood through Einstein's formula equating the energy of a system to its mass multiplied by the square of the velocity of light, and through accurate measurements of atomic weights. Einstein's formula asserted that mass and energy are equivalent. It was realized that in radioactive decay, neither mass nor energy is conserved, but only a quantity more general than both, of which mass and energy are particular forms. Scientists in several parts of the world realized that Einstein's discovery of the relationship between mass and energy, together with the discovery of fission of the heavy element uranium meant that it might be possible to construct a uranium-fission bomb of immense power.

Meanwhile night was falling on Europe. In 1929, an economic depression had begun in the United States and had spread to Europe. Without the influx of American capital, the postwar reconstruction of the German economy collapsed. The German middle class, which had been dealt a severe blow by the great inflation of 1923, now received a second heavy blow. The desperate economic chaos drove German voters into the hands of political extremists.

On January 30, 1933, Adolf Hitler was appointed Chancellor and leader of a coalition cabinet by President Hindenburg. Although Hitler was appointed legally to this post, he quickly consolidated his power by unconstitutional means: On May 2, Hitler's police seized the headquarters of all trade unions, and arrested labor leaders. The Communist and Socialist parties were also banned, their assets seized and their leaders arrested. Other political parties were also smashed. Acts were passed eliminating Jews from public service; and innocent Jewish citizens were boycotted, beaten and arrested. On March 11, 1938, Nazi troops entered Austria.

On March 16, 1939, the Italian physicist Enrico Fermi (who by then was a refugee in America) went to Washington to inform the Office of Naval Operations that it might be possible to construct an atomic bomb; and on the same day, German troops poured into Czechoslovakia.

A few days later, a meeting of six German atomic physicists was held in Berlin to discuss the applications of uranium fission. Otto Hahn, the discoverer of fission, was not present, since it was known that he was opposed to the Nazi regime. He was even said to have exclaimed: "I only hope that you physicists will never construct a uranium bomb! If Hitler ever gets a weapon like that, I'll commit suicide."

The meeting of German atomic physicists was supposed to be secret; but one of the participants reported what had been said to Dr. S. Flügge, who wrote an article about uranium fission and about the possibility of a chain reaction. Flügge's article appeared in the July issue of Naturwissenschaften, and a popular version in the Deutsche Allgemeine

Zeitung. These articles greatly increased the alarm of American atomic scientists, who reasoned that if the Nazis permitted so much to be printed, they must be far advanced on the road to building an atomic bomb.

In the summer of 1939, while Hitler was preparing to invade Poland, alarming news reached the physicists in the United States: A second meeting of German atomic scientists had been held in Berlin, this time under the auspices of the Research Division of the German Army Weapons Department. Furthermore, Germany had stopped the sale of uranium from mines in Czechoslovakia.

The world's most abundant supply of uranium, however, was not in Czechoslovakia, but in Belgian Congo. Leo Szilard, a refugee Hungarian physicist who had worked with Fermi to measure the number of neutrons produced in uranium fission, was deeply worried that the Nazis were about to construct atomic bombs; and it occurred to him that uranium from Belgian Congo should not be allowed to fall into their hands.

Szilard knew that his former teacher, Albert Einstein, was a personal friend of Elizabeth, the Belgian Queen Mother. Einstein had met Queen Elizabeth and King Albert of Belgium at the Solvay Conferences, and mutual love of music had cemented a friendship between them. When Hitler came to power in 1933, Einstein had moved to the Institute of Advanced Studies at Princeton; and Szilard decided to visit him there. Szilard reasoned that because of Einstein's great prestige, and because of his long-standing friendship with the Belgian Royal Family, he would be the proper person to warn the Belgians not to let their uranium fall into the hands of the Nazis. Einstein agreed to write to the Belgian king and queen.

On August 2, 1939, Szilard again visited Einstein, accompanied by Edward Teller and Eugene Wigner, who (like Szilard) were refugee Hungarian physicists. By this time, Szilard's plans had grown more ambitious; and he carried with him the draft of another letter, this time to the American President, Franklin D. Roosevelt. Einstein made a few corrections, and then signed the fateful letter, which reads (in part) as follows:

"Some recent work of E. Fermi and L. Szilard, which has been communicated to me in manuscript, leads me to expect that the element uranium may be turned into an important source of energy in the immediate future. Certain aspects of the situation seem to call for watchfulness and, if necessary, quick action on the part of the Administration. I believe, therefore, that it is my duty to bring to your attention the following.."

"It is conceivable that extremely powerful bombs of a new type may be constructed. A single bomb of this type, carried by boat and exploded a port, might very well destroy the whole port, together with some of the surrounding territory.."

The letter also called Roosevelt's attention to the fact that Germany had already stopped the export of uranium from the Czech mines under German control. After making a few corrections, Einstein signed it. On October 11, 1939, three weeks after the defeat of Poland, Roosevelt's economic adviser, Alexander Sachs, personally delivered the letter to the President. After discussing it with Sachs, the President commented,"This calls for action." Later, when atomic bombs were dropped on civilian populations in an already virtually-defeated Japan, Einstein bitterly regretted having signed Szilard's letter to Roosevelt. He said repeatedly that signing the letter was the greatest mistake of his life, and his remorse was extreme.

Throughout the remainder of his life, in addition to his scientific work, Einstein worked tirelessly for peace, international understanding and nuclear disarmament. His last public act, only a few days before his death in 1955, was to sign the Russell-Einstein Manifesto, warning humankind of the catastrophic consequences that would follow from a war with nuclear weapons.

13.6 A few more things that Einstein said about peace:

We cannot solve our problems with the same thinking that we used when we created them.

It has become appallingly obvious that our technology has exceeded our humanity.

Peace cannot be kept by force; it can only be achieved by understanding.

The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it.

Insanity: doing the same thing over and over again and expecting to get different results.

Nothing will end war unless the people themselves refuse to go to war.

Past thinking and methods did not prevent world wars. Future thinking must prevent war.

You cannot simultaneously prevent and prepare for war.

Never do anything against conscience, even if the state demands it.

Taken as a whole, I would believe that Gandhi's views were the most enlightened of all political men of our time.

Without ethical culture, there is no salvation for humanity.

War seems to me to be a mean, contemptible thing: I would rather be hacked in pieces than take part in such an abominable business. And yet so high, in spite of everything, is my opinion of the human race that I believe this bogey would have disappeared long ago, had the sound sense of the nations not been systematically corrupted by commercial and political interests acting through the schools and the Press.

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Chapter 14

POPE FRANCIS I

Despite the worrying nature of the threats that we are facing, there are reasons for hope. One of the greatest of these is the beautiful, profound and powerful encyclical that has just been released by Pope Francis.

14.1 *Laudato Si'*

When he accepted the responsibility for leading the world's 1.2-billion-strong Catholic Church, Cardinal Bergoglio of Argentina adopted the name Francis, after the universally loved Saint Francis of Assisi, whose life of simplicity, love for the poor, and love of nature he chose as the model for his Papacy. The Pope's inspiring encyclical letter "Laudato Si' " takes its name from a canticle of Saint Francis, that begins with the words "Praise be to you, my Lord, through our sister, mother Earth, who sustains and governs us..."

We can remember that Saint Francis regarded birds and animals as his brothers and sisters. He even thought of the sun, moon, clouds, rain and water as brothers and sisters. Like his chosen namesake, Pope Francis stresses the unity of all of nature, and our kinship with all of creation. Francis appeals to love. We can be saved through love.

His encyclical is addressed not only to Catholics, but also to all men and women of good will, and almost all of its 102 pages appeal to moral sensibilities and rational arguments that can be shared by all of us. Pope Francis stresses that the natural world that sustains us is in grave danger from our ruthless exploitation and greed-driven destruction of all the beauty and life that it contains: animals, forests, soil, and air.

Pope Francis tells us that the dictates of today's economists are not sacred: In the future, if we are to survive, economics must be given both a social conscience and an ecological conscience. Nor are private property and profits sacred. They must be subordinated to the common good, and the preservation of our global commons.

Less focus on material goods need not make us less happy. The quality of our lives can be increased, not decreased, if we give up our restless chase after power and wealth, and derive more of our pleasures from art, music and literature, and from conversations with our families and friends, Please read this great encyclical in its entirety. It can give us

Figure 14.1: **Pope Francis reminds us that Christian ethics require both respect and care for the earth and elimination of the institution of war.**

hope and courage as we strive to make the changes that are needed to avert an ecological mega-catastrophe.

Don Joao Mamede Filho is the Bishop of the Diocesis of Umuarama, commented: " 'Laudato Si', considered by environmentalists all around the world as the Green Encyclical, has become a work read by Christians and non-Christians alike in all corners of the world. In it, Pope Francis calls on us all to take care of our 'Common Home' and all that exists in it.

"In his call, the Pope reaffirms that the planet is a common good that must be preserved and guarded. Therefore, it is our duty to refrain from any human activity that may degrade, pollute or pose any kind of threat or risk to our planet and those who inhabit it.

"'Laudato Si' also presents a strong and persisting plea for a shift towards a new energy and development model, leaving fossil fuels behind. Since these energy sources are responsible for the highest emissions of greenhouse gases, they pollute, render climate changes more intense, bring on diseases, and kill.

14.2 Pope Francis speaks on the threat of climate change

"It is important to remember that, at the beginning of Creation, an organic relationship between all living beings was established. All that exists is connected and coexists in a sustainable and wholesome manner. However, by choosing dirty energy sources such as fossil fuels, which leave trails of destruction behind them, we disconnect ourselves from our surroundings and ignore the harm they may cause us and to our fellow creatures."